

December

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Assisted Living

8 Chronicle 10 TV Non Denominational Church Service 2 Resident Choice: Movie 7	8 Chronicle 9:30 Independent Arm Exercise 11:30 Music Hangout 1:30 Piano in the lobby 2:30 Bible Study: Lessons by Chiasmus - Resident Lead 1	8 Chronicle 9:30 Stretch out The Great Bickford Beautification - Will be done throughout the entire day 2	8 Chronicle 9:30 Exercise 10 Christmas Card making with Rocky River Library 2 Christmas Photo Booth 3	8 Chronicle 9:30 Chair Zumba 11:30 Cranium Crunches 2 Arts: Ornament Painting 3:30 Happy Hour 4	8Chronicle 9:30 TV Tai Chi 10 Bus Trip - Cleveland Aquarium. Load up by 9:45 1Music Hangout Resident Lead 2 Calender Review/ Welcoming Committee 5	8 Chronicle 10 Independent card games 11 music and Relaxation 2 Resident lead: Residents choice 6
8 Chronicle 10 TV Non Denominational Church Service 2 Resident Choice: Movie 7	8 Chronicle 9:30 Arm Exercise 11:30 Better Then or Now? 1:30 Piano in the Lobby 2 No bake Treats: Buckyes 8	8 Chronicle 9:30 Leg exercise 11:30 Group Puzzle 2 Bingo 9	8 Chronicle 9:30 Exercise 11:30 Lunch Outing: Red Robin Load up by 11:15 2 Resident Lead: Card Cames 10	8 Chronicle 9:30 Chair Zumba 11:30 Alliteration Adventure 2 Carol Cut-Off 3:30 Happy Hour 11	8Chronicle 9:30 Tai Chi 11:30 Expressly Winter Word Games 2 Christmas Escape Room Game 12	8 Chronicle 10 Rack-o 2 Mini manicures 13
8 Chronicle 10 TV Non Denominational Church Service 2 Crafts: Snowflake Ornaments 14	8 Chronicle 9:30 Independent Arm Exercise 11:30 Music Hangout 1:30 Piano in the lobby 2:30 Resident lead: A Generosity of Spirit 15	8 Chronicle 9:30 Leg Exercise 11:30 Mind the Gap 2 Resident Council 16	8 Chronicle 9:30 Tv Exercise 11What am I? 2Bingo 17	8 Chronicle 9:30 Chair Zumba 11:30 Tid-Bit talks 2 Non - Denominational Service 3:30 Happy Hour 18	8Chronicle 9:30 Tai Chi 11:30 Animal of the month: Reindeer Reconnaissance 2 Hot chocolate Break 6 Christmas Family Game night 19	8 Chronicle 10 Independent card games 11 music and Relaxation 2 Resident lead: Residents choice 20
8 Chronicle 10 TV Non Denominational Church Service 2 YouTube Documentry: Christmas Obsessives: This Man Celebrates Christmas Every Day! 21	8 Chronicle 9:30 Arm Exercise 11:30 Star of the Month – Anthony Hopkins 1:30 Piano in the Lobby 2 Lets learn a new card game 6 Christmas Lights Road Trip : AL 22	8 Chronicle 9:30 Leg Exercise 11:30 The Joy of Handbells 2 Christmas Bingo 23	8 Chronicle 9:30 Exercise 11:30 Group Puzzle 2 Christmas No bake 24	CHRISTMAS 8 Chronicle 10 Santas Secret Quote & Many Names 1:30 Movie: Spirited 25	8Chronicle 9:30 Tai Chi 11:30 Music sing-a-long 2 Travelogue- Christmas in Mexico 26	8 Chronicle 10 Let's Learn a new game: Rummikub 2 Mini Manicures 27
8 Chronicle 10 TV Non Denominational Church Service 2 Resident Store 28	8 Chronicle 9:30 Independent Arm Exercise 11:30 Music Hangout 1:30 Piano in the lobby 2:30 Resident Lead: Sorry 29	8 Chronicle 9:30 Leg Exercise 11:30 Random Trivia 2 Bingo 30	8 Chronicle 9:30 Exercise 11:30 Give me five 2 New Years Eve Bucket List and Social 31	When activities are Resident choice or lead, they will be in the first draw of the busy dresser	If you are going on any outing, you are to be signed up by the day before. Sign up sheet will be taken down by noon. You are in charge of your own money unless noted other wise.	