



Monday

Tuesday

Wednesday

Thursday

Friday

10:30a Daily Chronicles - Devotions
11:30a One on One
1:30p Pool Noodle Workout
2:30p BINGO
3p Resident Council and Coffee / Refreshments
3:30p Coffee/Refreshments

10a Morning Group Board Games
11a Bus Outing
2:30p Seated Exercise
3p Post Hydration
6:30p Wheel of Fortune

10:45a Target Toss /
Ladderball
11:30a Nail Polish
Pampering
1:30p Stretch and Lift/Post
Hydration
2:30p BINGO
3:30p Coffee / Refreshments

10a Weekly Crafting Hour
11a Bickford Bingo Bucks
Hour to Shop!
1:30p Wii Play
2:30p Coffee with Nurse Jen
3p Balance Class
3:30p Post Hydration

10:30a Daily Chronicles
11a Name that Tune
11:30a Cornhole Toss
1:30p Seated Exercise
6:30p Friday Night Movie

9:30a Worship
11a Board Games
2p Crafter's Corner - lead a
craft provided by Activity
Coordinator