



For most families, cost is a key consideration when thinking about moving an aging parent to a senior living community. You may be surprised to learn that many older people spend more money living alone and paying separately for mortgage or rent, utilities, groceries, home care and transportation, than they would by joining a senior living community. This worksheet will help you compare your current living expenses with that of a senior living lifestyle.

MONTHLY EXPENSE DESCRIPTION	PRESENT EXPENSES	Senior Living
Mortgage, Rent or Bickford Fees	\$	\$
Utilities (Electricity, Gas, Water, Sewer, Trash Removal)	\$	Included
Property Tax and Insurance	\$	Included
Home Owner Association Dues	\$	Included
Home or Renter's Insurance	\$	Included
Yard Care & Landscape Maintenance	\$	Included
Weekly Housekeeping	\$	Included
Maintenance & Home Repairs	\$	Included
HVAC/Appliance Replacement	\$	Included
Laundry Services (Washer & Dryer)	\$	Included
Transportation (Insurance, Gas Registration, Repairs)	\$	Included*
Groceries (Meals, snacks, beverages)	\$	Included
24-Hour Emergency Call Service	\$	Included
Exercise Program	\$	Included
Health Check-ups / Home Care	\$	Included
Activities and Entertainment	\$	Included
TOTAL		

^{*}Transportation varies by location