

*Is your loved one not ready for a permanent move to senior living?*

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*Has your loved one had a recent hospital or skilled nursing stay?*

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*Does your loved one need physical, occupational or speech therapy?*

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*Are you going on a trip and need care for your loved one?*

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*Do you need a break from caregiving to care for yourself?*



Bickford of Spotsylvania

## *Retreat Stay*



- A fully furnished, studio apartment with walk-in shower, closet and kitchenette with microwave, refrigerator and sink
- Three home cooked meals per day, made fresh with high quality ingredients
- Daily activities and chaplain services
- Therapy services provided by Fox Rehabilitation
- An individualized service plan and assistance with activities of daily living provided by certified caregivers
- Medication management and care coordination from a Registered Nurse
- Resident call and security system for safety
- \$ \_\_\_\_\_ per day for up to 30 days (family provides toiletries)



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