

# HAPPENINGS.

## June Birthdays



## Welcomes & Congratulations

We would like to welcome our new residents that have moved in during the month of May and our new Life Enrichment Coordinator - Deanna in joining the Bickford Family.

A HUGE CONGRATULATIONS to Alexis for graduating with RN in May.

## Visiting Bickford

Mother Nature has finally graced us with warm weather. And we are ready for it!

In June, weather permitting, we will be spending more time outside, enjoying the warmer days. We will have a fun "POP into Summer" activity counting down the days till the First Day of Summer. Including, some water ballon catch, squirt gun painting, and yard games.

Did you know, we have both a front patio and back patio for you to enjoy while you are here visiting your loved ones? Any of our Bickford Family Members would be happy to help your loved one get comfortable while you visit.

We also offer a private dining room to enjoy breakfast, lunch, or dinner.



Sunday

Monday

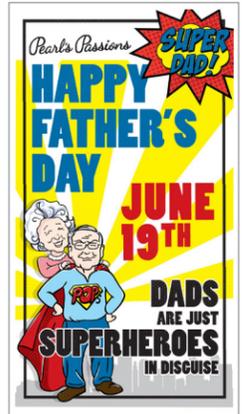
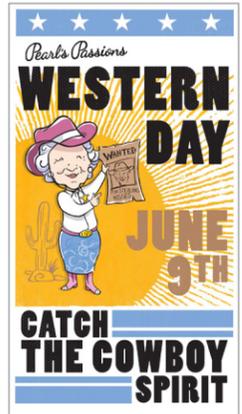
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>10a- Coffee &amp; Chats 11a-Pop Activity: <b>Outdoor Games (weather premitting)</b> 1p- Cubs vs. Cardinals</p> <p>5</p>	<p>10a- Exercise: Seated Cardio 11a- Route 66 Trivia 1p- Pop Activity: <b>Flower Arrangement Making</b> 3p- Refreshments on the Patio (weather permitting) 6p- Movie- Easy Rider</p> <p>6</p>	<p><b>Happy Birthday Evelyn!</b> 10a- Exercise: Chair Yoga 11am-Ice Cream Fact Trivia 1pm-Pop Activity: <b>make homemade ice cream</b> 3pm- Ice Cream Bingo 6pm- Cubs vs. Orioles</p> <p>7</p>	<p><b>HAIR W/PAULA-AM</b> 10a- Exercise 11a- Oceans Trivia 1p-Pop Activity: <b>Sand Art</b> 3pm-Beach Bingo 6pm- Cubs vs. Orioles or Activity Packets</p> <p>8</p>	<p>10a- Exercise: Seated Cardio 11a- POP Activity- <b>Build a Sandcastle</b> 1p-Singer Kent Lugwig 2:30p- Cooking Class- Velveeta Cheese Dip 7p- Cubs vs. Cardinals</p> <p>2</p>	<p><b>Nail Care Day</b> 10a- Exercise:Chair Yoga 11a-Donut Trivia 1p- Donut Tasting &amp; Cubs vs. Cardinals 3pm-Pop Activity: <b>Chalk Art</b> 6p- Movie Night</p> <p>3</p>	<p>10a- Coffee &amp; Chats 11am-Pop Activity: <b>Ants on a Log Snack</b> 1pm- Cubs vs. Cardinals 6pm-Movie: Ant Man</p> <p>4</p>
<p>Gomer Pyle Day! 10a- Coffee &amp; Chats 12:30p-Cubs vs. Yankees 1-Pop Activity: <b>Gomer Trivia</b> 3p-The Andy Griffith Show 4p- Sunday Fellowship</p> <p>12</p>	<p>10a Exercise: Seated Cardio 11a- Music Therapy Hour 1p- Pop Activity: <b>Kindness Stones</b> 3p- Movie- The Sandlot 7p- Cubs vs. Padres</p> <p>13</p>	<p><b>FLAG DAY</b> 10a-Exercise: Chair Yoga 11a-Pop Activity: <b>America Flag Magnet</b> 1p-Flag Retirement Demenstration 3p-Flag Trivia 6p- Movie: Flag Day</p> <p>14</p>	<p><b>Happy Birthday Elinor!</b> <b>HAIR W/PAULA-AM</b> 10a- Exercise 11a- Bingo 1p- Pop Activity: <b>Outing to QC Botanical Center</b> 6p- Beach Ball Hockey</p> <p>15</p>	<p>Got Milk Day! 10a- Exercise: Seated Cardio 11a- Pop Activity: <b>Tie-Dye Shirts</b> 1p- Bird Feeders out of milk jugs 3p- Milkshakes &amp; Milk Facts 6p- Movie</p> <p>16</p>	<p><b>Nail Care Day</b> 10a- Exercise: Chair Yoga 11a- Pop Activity: <b>Flip-Flop Wreath Making</b> 1p- Giant Yahtzee 3p- Social Hour 6p- Card Games</p> <p>17</p>	<p>Sir Paul McCartney's Birthday! 10a- Coffee &amp; Chats 11a- Pop Activity: <b>Beatle Song Trivia</b> 1p- The Beatles- Get Back 6p- Activity Packets</p> <p>18</p>
<p><b>FATHER'S DAY</b> Happy Birthday Bob and BFM Alexis! 10a- Coffee &amp; Chats 11a-Father's Day Games 1p Pop Activity: <b>Drinks w/Dad</b> 6p- Movie: Parenthood</p> <p>19</p>	<p>Jaws Day! 10a- Exercise: Seated Cardio 11a- Making of the Movie 1p- Pop Activity: <b>Squirt Gun Painting</b> 2:30p- Shark Trivia 6p- Movie: Jaws</p> <p>20</p>	<p><b>FIRST DAY SUMMER Happy Birthday BFM Deanna!</b> 10a- Exercise: Chair Yoga 11a- Pop Activity: <b>Yard Games (weather permitting)</b> 1p- Summer Bingo 3p- Watermelon Smoothies 6p- Cubs vs. Pirates</p> <p>21</p>	<p><b>HAIR W/PAULA-AM</b> Meryl Streep's Birthday! 10a- Exercise 11a- Meryl Streep Trivia 1p- Noodle Ball 3p- Patio Refreshments (weather permitting) 6p- Movie: Mamma Mia</p> <p>22</p>	<p><b>NATION PINK DAY!</b> 10a- Exercise: Seated Cardio 11a- Things that are Pink Game 1p- Bingo 3p- Movie: Grease 6p-Activity Packets</p> <p>23</p>	<p><b>Nail Care Day</b> <b>NATIONAL FOOD TRUCK DAY!</b> 10a- Exercise: Chair Yoga 12p- Food Truck Lunch 3p- Social Hour 7p- Cubs vs. Cardinals</p> <p>24</p>	<p>10a- Exercise 11a- Cards and Games 1p-Cubs vs. Cardinals 6p- Movie</p> <p>25</p>
<p>Row, Row, Row, Your Boat Day! 10a- Coffee &amp; Chats 11a- Vitual Canoe Tour 1p- Cubs vs. Cardinals 4p- Sunday Fellowship 6p- Movie</p> <p>26</p>	<p>Captain Kangaroo Day! 10a- Exercise: Seated Cardio 11a- Music Therapy Hour 1p- Captain Kangaroo Trivia 3p- Patio Refreshments 6p- Activity Packets</p> <p>27</p>	<p>10a- Exercise: Chair Yoga 11a- Bingo 1p- Yard Games (weather permitting) 3p- National Park Vitual Tour 6p- Movie Night</p> <p>28</p>	<p><b>HAIR W/PAULA-AM</b> 10a- Exercise 11a- Garden Time 1p-Cooking Class- Orange Cake w/Icing 4p- Cards &amp; Games 7p- Cubs vs. Reds</p> <p>29</p>	<p><b>FIRE DRILL DAY</b> 10a- Exercise: Seated Cardio 11a- Card Making 1p- Bickford Birthday Party! 4p- Beach Ball Hockey 7p- Cubs vs. Reds</p> <p>30</p>		