

HAPPENINGS.

May Memories



Happy Birthday!

June 5th- BFM Latoshla
June 11th-BFM Lourita

June's Juicy Tidbits...

Resident Shopping is only happening MONTHLY. Please have your monthly list ready by our Resident Shopping Trip, or have your monthly list to Karin or Sarah by Tuesday, June 28th. Thank you! | We are celebrating CNA week through the whole month of June! We are celebrating by fundraising for our Bickford Bees Team for the Walk to End Alzheimer's. Each DFG member is raising money, to keep themselves from getting soaked! Each DFG member will have a donation box by the Sign In/Sign Out station in Assisted Living. The DFGs that raise the LEAST amount of money, will get SOAKED! On Friday, June 24th, at 2pm, BFMs and Residents will get to throw water balloons at the losers. You won't want to miss this! Be sure to bring in your spare change to keep your favorite DFG member safe! All proceeds will go towards the Alzheimer's Association. If you write a check, please make it out to Alzheimer's Association, and in the memo write "Bickford Bees". Thank you. | Dementia Family Support Group will meet Thursday, June 9th at 6pm at the West Des Moines Public Library. Please RSVP to Karin at westdesmoineslec@bickfordseniorliving.com | Come celebrate Dad! On Wednesday, June 15th, we will be having a Root Beer Pong Tournament! Come play, enjoy some rootbeer, and enjoy a root beer float with Dad! | CNA Week is June 19th-25th. Please be sure to check out the calendar for all of the fun events that we will be doing with our Amazing BFMs!

BFM Spotlight!



Our BFM Spotlight for June, has been brought up almost monthly in Resident Council and Food Council, for always going above and beyond. Jasmine or "Jazz" as everyone calls her, has been with Bickford as a Kitchen Manager for over 3 years. She is called by our BFMs "Mama" due to that she genuinely cares for the residents and BFMs, and makes sure everyone is healthy and happy. She constantly goes out of her way for others to help. Whether it's watering flowers, helping clean up from an activity, or just doing an extra load of dishes. You can always find Jazz out with the residents chatting during meal times. She is always jumping into activities and never takes herself too seriously. We love Jazz for all that she does for our residents and for our BFMs. Our Bickford Family would not be the same without her.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9a Water Gardens 9:30a Seated Exercises 10a Catholic Communion 10:30a Des Moines Register Read Aloud 1:30p Puzzle Hour 2:30p Church 6p Hymn Sing</p> <p>5</p>	<p>9a Water Gardens 9:30a Chair Tai Chi 10:15a Coloring Meditation 1:15p Fancy Fingers 2:30p Oragami 6p Movie Monday</p> <p>6</p>	<p>Udder-ly Amazing Cows Day 9a Water Gardens 9:15a Cow Milking Races 10:15a All About Cows! 1:30p Bible Study 2:30p Ice Cream Social 6p Milk and Cookies</p> <p>7</p>	<p>9a Water Gardens 9:30a Volleyball 10:15a Catholic Mass and Communion 1:15p Lemonade on the Patio 2:30p Bucket Drumming 6p Family Chores</p> <p>8</p>	<p>WESTERN DAY 9a Water Gardens 9:30a Rope the Steer! 10:15a Set-Up Hoe-Down 1:15p Cap Gun Bingo! 2:30p Hoe-Down! 6p PBR Broadcast 6p Dementia Support Group</p> <p>9</p>	<p>9a Water Gardens 9:30a Walking Club 10:15a Farkle 1:15p Coffee and Chat 2:30p Resident Council 6p Board Games</p> <p>10</p>	<p>9a Water Gardens 9:30a Chair Yoga 10:15a Coffee and Chat 1:15p Card Games 2:30p Daily Chronicle on the Patio 6p Lawrence Welk Show</p> <p>11</p>
<p>9a Water Gardens 9:30a Seated Exercises 10a Catholic Communion 10:30a Des Moines Register Read Aloud 1:30p Puzzle Hour 2:30p Church 6p Hymn Sing</p> <p>12</p>	<p>9a Water Gardens 9:30a Crafting Corner-Patriotic Centerpieces 1:15p Chair Yoga 2:30p Coloring Meditation/Fancy Fingers 6p Movie Monday</p> <p>13</p>	<p>FLAG DAY 9a Water Gardens 9:30a Zumba 10a WDM Library Visit 1:30p Bible Study 2:30p Put up Patriotic Decorations 6p Family Chores</p> <p>14</p>	<p>9a Water Gardens 9:30a Corn Hole 10a Set-up Father's Day Event 1:15p Father's Day Root Beer Pong Tournament 6p Cookies and Milk</p> <p>15</p>	<p>9a Water Gardens 9:30a Walking Club 10a Violin Performance by Kendra Day 1:15p Thank You Cards for CNAs 2:30p Bingo! 6p Board Game</p> <p>16</p>	<p>9a Water Gardens 9:30a Walking Club 10:15a 1950's Sing Along 1:15p Lemonade on the Patio 2:30p Movie Matinee 6p Board Games</p> <p>17</p>	<p>9a Water Gardens 9:30a Chair Yoga 10:15a Coffee and Chat 1:15p Card Games 2:30p Daily Chronicle on the Patio 6p Lawrence Welk Show</p> <p>18</p>
<p>FATHER'S DAY 9a Water Gardens 9:30a Seated Exercises 10a Catholic Communion 1:30p Puzzle Hour 2:30p Church 6p Hymn Sing</p> <p>19</p>	<p>Summer Vacation Day! 9a Water Gardens 9:30a Chair Yoga 10:15a Fancy Fingers 1:15p Bubbles on the Patio 2p BFM/Resident Ice Cream Social! 6p Cookies and Milk</p> <p>20</p>	<p>Pajama Day! 9a Water Gardens 9:30a Zumba 10:15a The Price is Right Broadcast 1:30p Bible Study 2:30p Connect Four 6p BFM/Resident Movie Night</p> <p>21</p>	<p>Wackiest Wednesday! 9a Water Gardens 9:30a Bickford Bakers 1:15p Lemonade on the Patio 2:30p Bucket Drumming 6p BFM/Resident Bingo Night</p> <p>22</p>	<p>Festive Hat Day 9a Water Gardens 9:30a Decorate Hats w. Prohaska Daycare 10a Seated Exercises 12:30p "Hats Off to You!" Tailgate 2:30p Karaoke 6p Card Games</p> <p>23</p>	<p>Sports Team Day! 9a Water Gardens 9:30a Walking Club 10:15a Sports Music 1:15p Set Up CNA Social 2p Alzheimer's Fundraiser Soak the DFG! BFM Take & Bake Pizzas 6p Board Games</p> <p>24</p>	<p>9a Water Gardens 9:30a Chair Yoga 10:15a Coffee and Chat 1:15p Card Games 2:30p Daily Chronicle on the Patio 6p Lawrence Welk Show</p> <p>25</p>
<p>9a Water Gardens 9:30a Seated Exercises 10a Catholic Communion 10:30a Des Moines Register Read Aloud 1:30p Puzzle Hour 2:30p Church 6p Hymn Sing</p> <p>26</p>	<p>9a Water Gardens 9:30a Chair Tai Chi 10:15a Fancy Fingers 1:15p Coloring Meditation 2:30p Lemonade on the Patio 6p Movie Monday</p> <p>27</p>	<p>9a Water Gardens 9:30a Zumba 10:15a The Price is Right Broadcast 1:30p Bible Study 2:30p Dominoes 6p Family Chores</p> <p>28</p>	<p>9a Water Gardens 9:30a Resident Shopping-Outing 1:15p Jenga Reminisce 2:30p Bucket Drumming 6p Cookies and Milk</p> <p>29</p>	<p>Gone Fishin' Day 9a Water Gardens 9:15a Fishing at the Park-Outing 1:15p Seated Exercises 2:30p Bingo and Bomb Pops Social 6p Card Games</p> <p>30</p>		