

HAPPENINGS



Smiles from March



April 23rd- Irene W.
April 25th- Marge T.

BFM Spotlight!

Lourita is the ULTIMATE Bickford Family Member. During Resident and Food Councils, when asked about a BFM that always goes above and beyond for residents, our residents ALWAYS say "Lourita"! Lourita has been with us since, August of 2021 and has earned her CNA and CMA since she started working with us. If that doesn't say enough about her work ethic, she is always willing to help out in other departments, engage with residents in activities, and truly doing "Whatever It Takes" for her residents and co-workers. She is truly an asset to our team and to our family. Thank you Lourita, for all that you do!



Updates for Every "Bunny"

- Doesn't April 1st look a little peculiar??
- Get ready to sail! We will be Cruising the Open Seas on April 14th!
- Our next Dementia Family Support Group will be meeting on Thursday, April 14th, at 6pm, at the West Des Moines Library in the Millie Knee Community Classroom. Please invite those that would benefit from the group. This group is open to the community. Questions? Contact Karin Price at westdesmoineslec@bickfordseniorliving.com
- Saturday, April 16th we are inviting our Bickford Families for an Easter Egg Hunt! The Hunt will be located in our courtyard. MASKS ARE REQUIRED OF ALL PARTICIPANTS! Bring the kids, gather eggs, and get a picture with the Easter Bunny! Easter Egg Hunt begins at 10:30a.
- We will be celebrating our volunteers with a Volunteer Appreciation Lunch on April 23rd at noon. If you are one of our amazing volunteers, come on out, have some lunch on us, and feel some love! We truly do appreciate all that you do!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30a Des Moines Register Read Aloud 10:30a Sit 2B Fit w. Daily Chronicle 1:30p Puzzle Hour 2:30p Church 6p Favorite Hymn Sing-Along</p> <p style="text-align: right;">3</p>	<p>Day "Four" Having Fun! 9:15a Chair Yoga 10:15a Meditation Coloring 1:15p Handbell Choir 2:30p Four-Letter Crossword Puzzle 6p Connect Four</p> <p style="text-align: right;">4</p>	<p>9:15a Zumba 10:15a WDM Library Visit 1:30p Bible Study 2:30p Bingo! 6p Family Chores</p> <p style="text-align: right;">5</p>	<p>Post-It Day! 10a Post-It Note Concentration 1:15p Food Council 2:30p Bucket Drumming 6p Cookies and Milk</p> <p style="text-align: right;">6</p>	<p>South Pacific Debut Anniversary! 9:15a Strengthening Exercises 10:15a Resident Council 1:15p Movie Matinee-South Pacific 6p Fancy Fingers</p> <p style="text-align: right;">7</p>	<p>9:15a 12-Mile Run 10:15a Visit a Tattoo Artist-Outing 1:15p Elderly Astronaut Try-Outs 2:30p Down-Hill Go-Cart Races 6p Bar Hopping-Down-Town Des Moines</p> <p style="text-align: right;">1</p>	<p>9:30a Walking Club 10:30a Music Hour 1:30p Card Games 3p Coloring Club 6p The Lawrence Welk Show</p> <p style="text-align: right;">2</p>
<p>9:30a Des Moines Register Read Aloud 10:30a Sit 2B Fit w. Daily Chronicle 1:30p Puzzle Hour 2:30p Church 6p Favorite Hymn Sing-Along</p> <p style="text-align: right;">10</p>	<p>National Pet Day! 9:15a Chair Yoga 10:15a Library Hour 1:15p Handbell Choir 2:30p Fredrick Family Pet Therapy 6:30p Wheel of Fortune</p> <p style="text-align: right;">11</p>	<p>9:15a Zumba 10a The Price is Right Broadcast 1:30p Bible Study 2:30p Bingo! 6p Family Chores</p> <p style="text-align: right;">12</p>	<p>9:30a Wii Sports 10:15a Catholic Mass/Fancy Fingers 1:15p Crafting Corner-Sock Bunnies 6p Cookies and Milk</p> <p style="text-align: right;">13</p>	<p>CRUISE THE OPEN SEAS 9:15a Deep Sea Fishing 10:15a Gilligan's Island 1:30p Decorate the Cruise Ship 2:30p Cruising the Seas 6p Dementia Support Group 6p Fancy Fingers</p> <p style="text-align: right;">14</p>	<p>Good Friday 10a Easter Worship Service 1:15p Dying Easter Eggs/Filling Easter Eggs 6p Board Games</p> <p style="text-align: right;">15</p>	<p>9:30a Walking Club 9:30a Fancy Fingers w. Sylvie 10:30a Easter Egg Hunt 1:30p Card Games 3p Coloring Club 6p The Lawrence Welk Show</p> <p style="text-align: right;">16</p>
<p>HAPPY EASTER 9:30a Des Moines Register Read Aloud 10:30a Sit 2B Fit w. Daily Chronicle 1:30p Puzzle Hour 2:30p Church 6p Favorite Hymn Sing-Along</p> <p style="text-align: right;">17</p>	<p>9:15a Chair Yoga 10:15a Coloring Meditation 1:15p Travelouge: Amsterdam & the Netherlands 2:30p Patio Games 6:30p Wheel of Fortune</p> <p style="text-align: right;">18</p>	<p>Wear Your Pajamas to Work Day 9:15a Zumba 10a The Price is Right Broadcast 1:30p Bible Study 2:30p Bingo! 6p Family Chores</p> <p style="text-align: right;">19</p>	<p>10a Resident Shopping Trip 1:15p Hard Hatters 2:30p Bucket Drumming 6p Cookies and Milk</p> <p style="text-align: right;">20</p>	<p>9:15a Strengthening Exercises 10:15a Wii Wheel of Fortune 1:15p Set-Up Baby Shower 2p Director Amra's Baby Shower! 6p Fancy Fingers</p> <p style="text-align: right;">21</p>	<p>9:15a Walking Club 10:15a Design Your Own Tattoos 1:15p History of Tattoos 2:30p "Booze and Tattoos" 6p Board Games</p> <p style="text-align: right;">22</p>	<p>9:30a Walking Club 12p Bickford Volunteer Appreciation Lunch 1:30p Card Games 3p Coloring Club 6p The Lawrence Welk Show</p> <p style="text-align: right;">23</p>
<p>9:30a Des Moines Register Read Aloud 10:30a Sit 2B Fit w. Daily Chronicle 1:30p Puzzle Hour 2:30p Church 6p Favorite Hymn Sing-Along</p> <p style="text-align: right;">24</p>	<p>Red Hat Society Day 9:15a Chair Yoga 10:15a Meditation Coloring 1:15p Juliets "Red Hat Society Meeting" 2:30p Red Hat Society Survival Kits 6:30p Wheel of Fortune</p> <p style="text-align: right;">25</p>	<p>9:15a Zumba 10a The Price is Right Broadcast 1:30p Bible Study 2:30p Bingo! 6p Family Chores</p> <p style="text-align: right;">26</p>	<p>Administrative Professionals Day! Tell a Story Day! 9:30a Wii Sports 10:15a Fancy Fingers 1:15p Story Telling by Kay Price 2:30p Story Cubes 6p Cookies and Milk</p> <p style="text-align: right;">27</p>	<p>Super Hero Day! 9:15a Spider Web Toss 10:15a Super Hero "Would You Rather" 1:15p Create Your Secret Identity 2:30p Super Hero Training 6p Fancy Fingers</p> <p style="text-align: right;">28</p>	<p>9:15a Nature Printing 10:15a Walking Club 1:15p Arbor Day Crossword 2:30p Tree Planting Ceremony 6p Board Games</p> <p style="text-align: right;">29</p>	<p>9:30a Walking Club 10:30a Music Hour 1:30p Card Games 3p Coloring Club 6p The Lawrence Welk Show</p> <p style="text-align: right;">30</p>