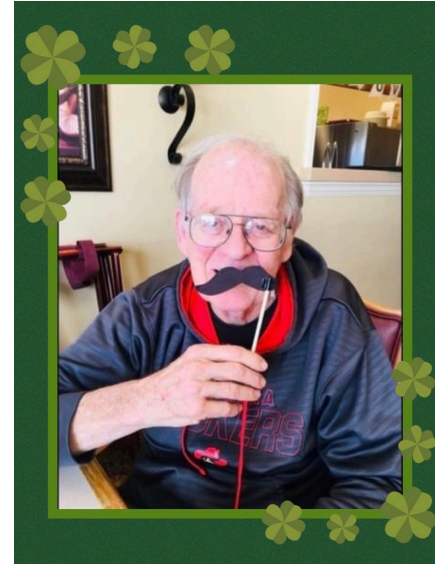


HAPPENINGS

MOMENTS OF HAPPINESS



SHAM-O-GRAMS

Irish blessings have been passed down orally from generation to generation for hundreds of years. The general theme for most Irish blessings is seeing the positive side of a bad situation, or celebrating the best parts of a happy one. This month we would like your help spread some Irish cheer with an uplifting note, or an Irish blessing. We will have shamrock cutouts placed by the front door for you to write a note to a resident, family, or staff. On Saint Patrick's Day we will deliver the Sham-o-Grams to the recipients. -May your troubles be less, and your blessings be more, and nothing but happiness, come through your door.-

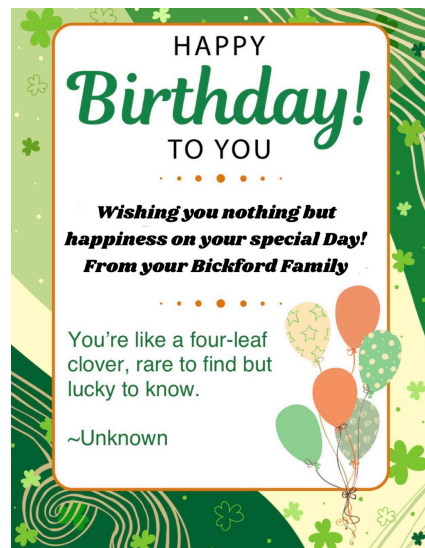
HAPPY MARCH BIRTHDAY'S

Residents:

- Darlene N. -1
- Cynthia J. -15
- Phyllis R. -16
- Glen W. -31

Bickford Family Members:

- Kim R. -1
- Mareena R. -26



HOLIDAYS & FUN EVNTS

- | | |
|---------------------------------|-------------------------------------|
| Mardi Gras - 1 | National Potato Chip Day -14 |
| Ash Wednesday - 2 | World Social Worker Day -15 |
| Read Across America Day - 2 | March Madness Tournament Begins -15 |
| National Anthem Day -3 | National Panda Day -16 |
| World Hearing Day - 3 | St. Patrick's Day -17 |
| Employee Appreciation Day -4 | World Sleep Day -18 |
| Cheese Doodle Day -5 | Certified Nurses Day -19 |
| Celebrate Your Name Week -6-12 | National Let's Laugh Day -19 |
| National Oreo Cookie Day -6 | Spring Begins- 20 |
| National Cereal Day -7 | International Day of Happiness -20 |
| Casino Theme Day -8 | World Poetry Day -21 |
| International Women's Day -8 | Goof Off Day -22 |
| National Meaatball Day - 9 | National Puppy Day -23 |
| Ford Mustang Day -9 | National Cocktail Day -24 |
| Wild Outfits Day -10 | 94th Academy Awards -27 |
| National Girl Scout Day -12 | Doctor's Day -30 |
| National Plant A Flower Day -12 | Jeopardy Day -30 |
| Daylight Saving Time Begins-13 | Opening Day of Baseball -31 |

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:45 Welcome March
10:30 Mardi Gras Streamer Parade
11:00 Bead Craft
1:30 Bible Study
3:00 Mardi Gras Festivities
6:00 Famous Nebraskans
1

ASH WEDNESDAY
9:45 Short Stories
10:30 Hat Exercises
11:00 Biblical Roots
2:00 Candle Holder
3:00 Riddles & Refreshments
6:00 Relaxed Coloring 2

9:45 Word Search
10:30 March on Walkers
11:00 Singing Patriotic Songs
2:00 Bingo
3:00 Irish Wreath Craft
6:00 Bean Bag Toss
3

9:45 Let's Talk
10:30 Be Fit Friday
11:00 **Drumming Circle- Kelly Karges**
2:00 **Outing to Fonner Park Horse Races**
3:00 Coffe & Chat
6:00 Card Games
4

9:45 Daily Chronicles
10:30 Saturday Sillies
2:00 Hit The Target
3:00 Bistro Buddies Sip & Chat
6:00 Classic T.V. Shows
5

9:45 News &Views
10:30 Church Dvd Service
2:00 Oreo Taste Test & Trivia
4:00 Chaplian Church Servive
6:00 Funniest Home Videos
6

9:45 Matching Cereal
10:30 Sittercise
11:00 Manicures & Massages
2:00 Bingo
3:00 Name Tag Keychain
6:00 Table Top Tennis
7

CASINO FUN
9:45 Poker Walkers
10:30 **Music-Tim Javorsky**
1:30 Bible Study
3:00 Viva Las Vegas!
6:00 Horse Race Game
8

9:45 Helping Hands
10:30 Chair Zumba
11:15 Resident Food Council
11:30 Resident Council
2:00 Craft Corner
3:00 Men's Group- Ford Mustange Day
6:00 Bowling
9

9:45 Woodland Matching Game
10:00 Catholic Mass
11:00 Forrest Funnies
2:00 **Scenic Bus Ride**
3:00 Wildlife Pictures
6:00 Forrest Gump Movie
10

9:45 Laugh Out Loud
10:30 Fun Friday Exercise
11:00 March Madness BraPredictions
1:45 Friday Bingo
3:00 **Music- Kevin & Heidi**
6:00 Ring Toss
11

8-10 Chaplian Pat Visits
10:30 St. Patrick Word Scramble
2:00 Sit & Stretch
3:00 Puzzle Pals
6:00 Happy Tunes
12

9:45 Daily Devotions
10:30 Church Dvd Service
2:00 Coloring Therapy
3:00 Coffee & Chat
6:00 Movie & Popcorn
13

9:45 Junk Food This or That
10:30 Sit & Be Fit
11:00 Manicures & Mingles
2:00 Bingo
3:00 Geuss The Chip Flavor
6:00 Tabel Hockey
14

9:45 Food For Thought
10:30 **Shopping Trip**
11:00 Walking Group
1:30 Bible Study
3:00 Trivia & Slam Dunk Cookies
6:00 Shooting Hoops
15

9:45 Fiinish The Phrase
10:30 Bouncing to the Beat
11:00 Green Scattergories
2:00 Lucky Bingo
3:00 Panda Paintig & Punch
6:00 UNO
16

ST PATRICKS DAY
9:45 Gold Coin Toss
10:30 Irish Chair Jig
11:00 Leprechaun Races
2:00 **Music-Paire Dulcimers**
3:00 Shamrock Shakes
6:00 Lucky Charm Dominoes
17

9:45 Red Nose Fun
10:30 Kickball
11:00 Wheel of Fotune
2:00 **Music - Delores K.**
3:00 Think Green & Smoothies
6:00 Worm Moon Nightcap -Cookies & Cocoa
18

9:45 This Day in History
10:30 Noodle Ball
2:00 Cranium Crunches
3:00 Darts & Drinks
6:00 Classic T.V. Shows
19

9:45 News & Views
10:30 Church Dvd Service
2:00 Sping Stretching
3:00 ABC's of Spring & Refreshments
6:00 Funniest Home Videos
20

9:45 Poetry Reading
10:30 Sittercise
11:00 Manicures & Massages
2:00 Bingo
3:00 Painting Spring
6:00 Brain Teasers
21

9:45 Smells of Spring
10:30 Spring Walkers
11:00 Fun with Food
1:30 Bible Study
3:00 Spring Craft
6:00 Table Top Games
22

9:45 Helping Hands
10:30 Chair Zumba
11:00 **Lunch Outing- Chocolate Bar**
2:00 Midweek Movie & Popcorn
3:00 Knitters Nook
6:00 Jenga
23

9:45 Morning Java & Juice
10:00 Catholic Mass
10:30 **Music- Bill Christal**
2:00 Bingo
3:00 Let's Laugh
6:00 Put Put Golf
24

9:45 Facts & Tidbits
10:30 Fun Friday Exercise
11:00 Facebook Friday
2:00 Singing Karoke
3:00 What's The Scoop Social
6:00 Balloon Swatt
25

9:45 Daily Chronicles
10:30 Saturday Sillies
2:00 Sit & Stretch
3:00 Bistro Buddies Sip & Chat
6:00 Triominos
26

9:45 Daily Devotions
10:30 Church Dvd Service
2:00 Baseball Cap Decorating
3:00 Coffee & Chat
6:00 Movie & Popcorn
27

9:45 Discuss & Recall
10:30 Morning Moves
11:00 Manicures & Mingles
2:00 Bingo
3:00 Home Plate Door Hanger
6:00 Balloon Bop
28

9:45 Three Strikes Your Out Trivia
10:30 **Spring Bus Ride**
11:00 Walking Group
1:30 Bible Study
3:00 Universal Yums
6:00 Tic Tac Toe
29

9:45 Word Search
10:30 Move to Music
11:00 Mens Group- Baseball Card Reminisce
2:00 March Bingo Birthday Bash
3:00 Table Top Dice Baseball
6:00 Connect Four
30

OPENING DAY
9:45 Batter Up!
10:30 Batting Practice
11:00 Baseball Songs
2:00 **Music Julie Crouch**
3:00 Concession Stand
6:00 Baseball Games
31