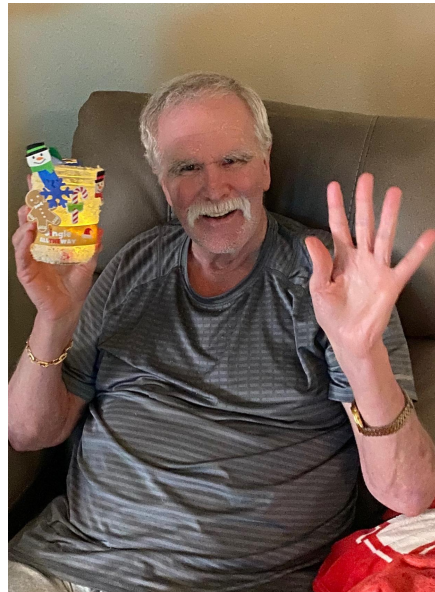


HAPPENINGS.

Smile



HAPPY NEW YEAR 2022!!!

As we begin a new year we look back on 2021 with bittersweet memories of those who are no longer with us and all the fun times we had. We definitely didn't let COVID stop us in 2021 and we won't let it stop us in 2022!! We look forward to 2022 and we are thankful to the staff here at Bickford for the wonderful care they provide to our residents. To all of our resident families, we thank you for allowing us to share our love with your Loved ones. To our residents, we thank you for all of you encouraging words and wisdom.

HAPPY BIRTHDAY TO OUR BICKFORD FAMILY MEMBERS



Lorraine 1/8
Alice 1/20
Gretchen 1/28

Bob 1/4
Rebecca 1/12
Lori 1/16
Pelagie 1/18

A FEW NOTES FROM THE DIRECTOR

Happy New Year from Your Bickford Family!!

- Here are just a few reminders to you all to ensure our year runs smooth and safe!
- *2 visitors at a time unless approved by the Director
 - *Please ensure you are signing in/out on the tablet when entering/leaving the branch
 - *ALL visits are to be held in resident apartments only
 - *If you would like to reserve the formal dining room for a meal, contact the branch at least 72 hours in advance
 - *If you are taking your loved one out, please ensure their safety by encouraging them to wear a mask
 - *Please ensure you are wearing a mask when entering/leaving the branch (if you are vaccinated/boosted, bring a copy of your card to scan into your loved ones file)
 - *Please contact the RN with all resident doctor appointments to ensure they are listed in our resident appointment book to ensure the proper paperwork gets printed for the appt
 - *Please refrain from visiting the branch if you are feeling ill/sick or if you are showing signs/sympmtoms of influenza or COVID

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:00a Mass
11:00a Sunroom Social
2:00p Chaplin Ron
6:00p Sunday Afternoon Movie

30

9:30a Virtual Exercise
10:30a Meditation Monday
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Puzzle Time

31

NEW YEAR'S DAY
10:00a Morning Exercise
11:00a Bingo
2:00p Watch the New Years Parade
6:00p Lawrence Welk

1



10:00a Mass
11:00a Snack & Chat
2:00p Chaplin Ron
6:00p Sunday Afternoon Movie

2

9:30a Virtual Exercise
10:30a New Years Resolutions
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Adult Coloring

3

9:30a NoodleBall
10:30a Tell me a joke tuesday
2:00p Hickory Hydration Cart
3:00p **Danelle Danner**
6:00p Word Search

4

9:30a Winter Walking Club
10:30a Potato Peeling
2:00p Chaplin Laura
2:30p Scatterjoy
3:00p Mini Manicures
6:00p Evening Exercise

5

9:30a Senior Motion
10:30a Would You Rather
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Book Club

6

9:30a Simon Says
10:30a Cooking Club
1:30p Hickory Hydration Cart
2:00p Chaplin Joan
3:00p
6:00p Movie Night

7

10:00a Morning Exercise
11:00a Bingo
2:00p Word Search
6:00p Lawrence Welk

8



10:00a Mass
11:00a
2:00p Chaplin Ron
6:00p Sunday Afternoon Movie

9

9:30a Virtual Exercise
10:30a Karaoke
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Movie Night

10

9:30a Seated Soccer
10:30a Finish The Phrase
2:00p Hickory Hydration Cart
2:15p **Jim Synder**
6:00p Board Games

11

9:30a Winter Walking Club
10:30a Potato Peeling
2:00p Chaplin Laura
3:00p Mini Manicures
6:00p Evening Exercise

12

HAT DAY
9:30a Hat Parade
10:30a Decorate your own hat
2:00p Hickory Hydration Cart
3:00p **Ric Darrell**
6:00p Book Club

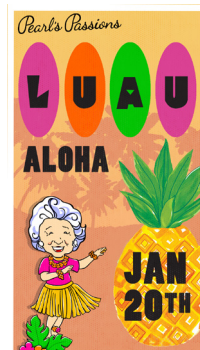
13

9:30a Terrys Exercise Class
10:30a Cooking Club
1:30p Hickory Hydration Cart
2:00p Chaplin Joan
3:00p Mens Club
6:00p Movie Night

14

10:00a Morning Exercise
11:00a Bingo
2:00p Puzzle Time
6:00p Lawrence Welk

15



10:00a Mass
11:00a
2:00p Chaplin Ron
6:00p Sunday Afternoon Movie

16

MLK JR BIRTHDAY
9:30a Virtual Exercise
10:30a I HAVE A DREAM CRAFT
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Evening Exercise

17

9:30a Ball Toss
10:30a Finish That Phrase
2:00p Hickory Hydration Cart
3:00p **Christine Coulson**
6:00p Crafting

18

9:30a Winter Walking Club
10:30a Potato Peeling
2:00p Chaplin Laura
3:00p Mini Manicures
6:00p Evening Exercise

19

LUAU
9:30a Hula Aerobics
10:30a Making your own Tiki
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Book Club

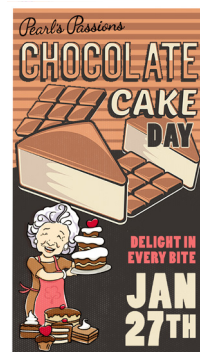
20

9:30a Morning Stretch
10:30a Cooking Club
1:30p Hickory Hydration Cart
2:00p Chaplin Joan
3:00p Womens Club
6:00p Movie Night

21

10:00a Morning Exercise
11:00a Bingo
2:00p Adult Coloring
6:00p Lawrence Welk

22



10:00a Mass
11:00a Residents Choice
2:00p Chaplin Ron
6:00p Sunday Afternoon Movie

23

9:30a Virtual Exercise
10:30a Meditation Monday
2:00p Hickory Hydration Cart
3:00p Bingo
6:00p Wii Games

24

9:30a Stretch & Flex
10:30a Who Am I
2:00p Hickory Hydration Cart
3:00p **Amy**
6:00p Winter Maze

25

9:30a Winter Walking Club
10:30a Potato Peeling
2:00p Chaplin Laura
3:00p Resident Council
6:00p Evening Exercise

26

CHOC CAKE DAY
9:30a Burning Chocolate Cake Calories
10:30a Chocolate Cupcake Decorating
2:00p Monthly Bday Party
6:00p Book Club

27

9:30a Chair Exercises
10:30a Cooking Club
1:30p Hickory Hydration Cart
2:00p Chaplin Joan
3:00p ISPY
6:00p Movie Night

28

10:00a Morning Exercise
11:00a Bingo
2:00p Sunroom Social
6:00p Lawrence Welk

29