

# HAPPY NINGS.



## A Look Into Last Month...



## - What's To Come -

- Feb. 1st - Chinese New Year
- Feb. 2nd - Groundhog Day
- Feb. 4th - Winter Olympics Begin
- Feb. 13th - Superbowl
- Feb. 14th - **Valentine's Day**
- Feb. 21st. - President's Day

## February Spirit Days

Show your football team spirit!  
Represent your favorite team February  
11th-13th



Wear red and pink for Valentine's Day  
on Monday, February 14th



## Chaplain Services

Bickford Senior Living provides chaplain care through a partnership with Marketplace Chaplains. The chaplain service is available for all residents, BFM's, caregivers, and their immediate family members.

Services offered:

- Chaplains are on-call, available 24 hours a day, 365 days a year.
- Chaplains will be available to assist with funeral arrangements, conducting funeral or memorial services, and assist with grief management.

Access the chaplain services via the free My Chap App on a smart phone, and use the code #2079

**BINGO** - every Monday & Friday at 1pm

**TENDER HEART** - every Tuesday at 9:30am & Wednesday at 2pm

**CHAPEL** - every Sunday at 4pm

**COMMUNION** - third Thursday every month at 10am

**HAPPY HOUR** - every Friday at 2:15pm

**RESIDENT COUNCIL** - last week every month

**LIVE MUSIC** - every week!

**FUN WITH FOX** - third Wednesday every month at 1pm

# February

Sunday

Monday

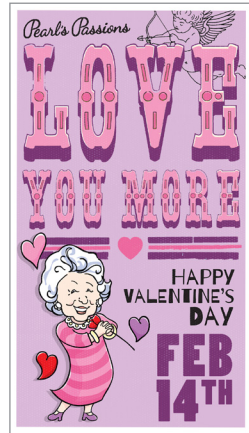
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>1pm - Exercise 2pm - Adult Coloring 3pm - Cards &amp; Games 4pm - Chapel</p> <p>6</p>	<p>9:15am - Exercise 10:30am - Coffee &amp; News 11am - Love Is In The Air Trivia 1pm - Bingo 2:30pm - Manicures</p> <p>7</p>	<p>9:30am - Tender Heart 11:15am - Weighted Exercise 1pm - Live Music with Jack Luna! 2pm - Birthday Celebration</p> <p>CHINESE NEW YEAR 1</p>	<p>9:30am - Spring or Snow? Game 11:15am - Walking Group 1pm - Adult Coloring 2pm - Craft with Tender Heart</p> <p>GROUNDHOG DAY 2</p>	<p>9:30am - Volleyball 11:15am - Kickball 1pm - Heart Suncatchers 2pm - Movie Matinee</p> <p>3</p>	<p>9:30am - Coffee &amp; Trivia 10:30am - Olympic Ring Toss 11:15am - Exercise 1pm - Bingo 2:15pm - Happy Hour 4pm - Card Club</p> <p>WINTER OLYMPICS 4</p>	<p>1pm - Balloon Basketball 2pm - Sorry! Game 3pm - Name 5 4pm - Room Visits</p> <p>5</p>
<p>9:30am - Sunday News 10am - Catholic Mass on TV 4pm - Chapel 6:30pm - Superbowl Kick Off</p> <p>13</p>	<p>9:15am - Exercise 10:30am - Coffee &amp; News 11am - Valentine's Jokes 1pm - Bingo with Cardinal Hospice 2:30pm - Manicures</p> <p>14</p>	<p>9:30am - Tender Heart 11:15am - Weighted Exercise 1pm - Live Music with Chelsea! 2pm - Giant Jenga</p> <p>15</p>	<p>9:30am - Uno 11:15am - Walking Group 1pm - Fun with Fox 2pm - Craft with Tender Heart</p> <p>16</p>	<p>10am - Communion 11:15am - Kickball 1pm - Heart Photo Holder Craft 2pm - Movie &amp; Popcorn</p> <p>17</p>	<p>9:30am - Coffee &amp; Trivia 10:30am - Roll - A - Question 11:15am - Exercise 1pm - Bingo 2:15pm - Happy Hour 4pm - Card Club</p> <p>18</p>	<p>1pm - Noodle Balloon 2pm - Shut Box Game 3pm - A to Z Foods 4pm - Room Visits</p> <p>19</p>
<p>1pm - Exercise 2pm - Snack &amp; Chat 3pm - Cards &amp; Games 4pm - Chapel</p> <p>20</p>	<p>PRESIDENT'S DAY 9:15am - Exercise 10:30am - Coffee &amp; News 11am - Presidential Race Game 1pm - Bingo 2:30pm - Manicures</p> <p>21</p>	<p>9:30am - Tender Heart 11:15am - Weighted Exercise 1pm - Live Music with Chuck! 2pm - Say It Game</p> <p>22</p>	<p>9:30am - Yahtzee 11:15am - Walking Group 1pm - Adult Coloring 2pm - Craft with Tender Heart</p> <p>23</p>	<p>9:30am - Jewelry Making 11:15am - Kickball 1pm - Live Music with Stix &amp; Stones 2pm - Bickford Auction 3:30pm - Monthly Nutrition Spotlight</p> <p>24</p>	<p>9:30am - Coffee &amp; Trivia 10:30am - Hangman 11:15am - Exercise 1pm - Bingo 2:15pm - Happy Hour 4pm - Card Club</p> <p>25</p>	<p>1pm - Noodle Balloon 2pm - Headbands Game 3pm - Opposites 4pm - Room Visits</p> <p>26</p>
<p>1pm - Exercise 2pm - Manicures 3pm - Cards &amp; Games 4pm - Chapel</p> <p>27</p>	<p>9:15am - Exercise 10:30am - Coffee &amp; News 11am - Sewing Club 1pm - Bingo 2:30pm - Resident Council Meeting</p> <p>28</p>					