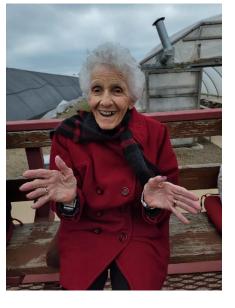
Gull Meadow Farms Trips!







We Love Fall Y'all!







Special Events!

Musical Performances:

- 11.2 Music w/ Janice Marsh-Prelesnik @ 10:30am in MB
- 11.2 Performance w/ Jim Quales @ 1:30pm
- 11.5 Happy Hour with Charlie Burgstahler @ 3:30pm
- 11.8 Singalong w/ Pat Roach @ 10:30am in MB
- 11.9 Performance w/ Portage Senior Band @ 3pm
- 11.16 Music w/ Janice Marsh-Prelesnik @ 10:30am in MB
- 11.19 Happy Hour w/ Scott Robbins @ 6pm
- 11.23 Performance w/ Bob Rowe & The Green Valley Boys @ 3:30pm
- 11.30 Music w/ Janice Marsh-Prelesnik @ 10:30am in MB Out to Eats:
- 11.4 Out to Lunch- Los Amigos @ 10:45am
- 11.9 Out to Lunch- Buffalo Wild Wings @ 10:45am
- 11.18 Out to Lunch- Thai Cafe @ 10:45am Other:
- 11.3 Bowling @ Airway Lanes @ 2pm

Birthdays!

11.11 MaryAnn C. 11.29 Marilyn M.



November

WWW Guada a	Sunday	Monday	Tuesday	Wednesday	Thursday
<image/>		10:30am- Walking 11am- Light & Lively 2pm- Darts 3:30pm- Manicures 1	10:30am- Walking 10:30am- Music w/ Janice in MB 11am- Balloon VB 1:30pm- Performance w/ Jim Quales 3:30pm- Bingo	10:30am- Walking 11am- Yoga 1:30pm- Bible Study 1:30pm- Name that Tune w/ Carren in MB 2pm- Bowling @ Airway Lanes 2:30pm- Name that Tune wg Carren	10:30am- Walking 11am- More Life Fitness 2pm- Tai Chi w/ Ryan Brazee 3:30pm- Making Placemats for Thanksgiving 4
	10:30am- Walking 11am- Tai Chi 1:30pm- Adult Coloring 2:30pm- Church 3:30pm- Kerplunk 7	10:30am- Walking 10:30am- Singalong w/ Pat Roach in MB 11am- Seatworks! 2pm- Painting w/ Andrea 3:30pm- Manicures 8	10:30am- Walking 11am- Balloon VB 2pm- Bingo 3pm- Performance w/ Portage Senior Band 9	Apm_Trivia 10:30am- Walking11am- Yoga1:30pm- Bible Study1:30pm- Name that Tune w/ Carren in MB2:30pm- Name that Tune w/ Carren4pm- Fox Rehab Presentation10	VETERANS DAY 10:30am- Walking 11am- Heart & Soul Fitness 2pm- Presentation w/Lynn McFarlen 2pm-Pinning Ceremony MB 2:30pm- Pinning Ceremony 3:30pm- Crossword Puzzle 1
	10:30am- Walking 11am- Tai Chi 1:30pm- Bowling 2:30pm- Church 3:30pm- Left Center Right 14	10:30am- Walking 11am- Light & Lively 2pm- Scrapbooking 3:30pm- Manicures 15	10:30am- Walking 10:30am- Music w/ Janice in MB 11am- Balloon VB 2pm- Deer Hunt in AL 16	10:30am- Walking 11am- Yoga 1:30pm- Bible Study 1:30pm- Name that Tune w/ Carren in MB 2:30pm- Name that Tune w/ Carren 4pm- Trivia	10:30am- Walking 11am- More Life Fitness 2pm- Craft w/ Karin 2pm- Deer Hunt in MB 3:30pm- Craft w/ Karin in MB 3:30pm- Penny Auction 18
	10:30am- Walking 11am- Tai Chi 1:30pm- Pictionary 2:30pm- Church 3:30pm- Giant Connect 4 21	10:30am- Walking 11am- Seatworks! 1:30pm- Resident Council 3:30pm- Manicures 3:30pm- Family Council 22	10:30am- Walking 11am- Balloon VB 2pm- Bingo 3:30pm- Performance w/ Bob Rowe & The Green Valley Boys 23	10:30am- Walking 11am- Yoga 1:30pm- Bible Study 1:30pm- Name that Tune w/ Carren in MB 2:30pm- Name that Tune w/ Carren 4pm- Trivia 24	THANKSCIVINC 10:30am- Walking 11am- Heart & Soul Fitness 2pm- Movie 25
	10:30am- Walking 11am- Tai Chi 1:30pm- Jenga 2:30pm- Church 3:30pm- Finish the Phrase	10:30am- Walking 11am- Light & Lively 1:30pm- Horseshoes 3:30pm- Manicures	10:30am- Walking 10:30am- Music w/ Janice in MB 11am- Balloon VB 2pm- Music w/ Cheryl 3:30pm- Bingo		
	28	29	30		

Friday

10:30am- Walking 11am- Balloon VB 2pm- Manicures 3:30pm- Happy Hour w/ Charlie Burgstahler 6pm- Movie

10:30am- Walking 11am- Balloon VB 2pm- Manicures 3:30pm- Happy Hour 6pm- Movie

10:30am- Walking 11am- Balloon VB 2pm- Manicures 3:30pm- Happy Hour w/ Scott Robbins 6pm- Movie

10:30am- Walking 11am- Balloon VB 2pm- Manicures

3:30pm- Happy Hour 6pm- Movie

Saturday

10:30am- Walking 11am- Senior Shape Fitness 1:30pm- Fact or Crap? 2:30pm- Bingo 3:30pm- Hatchet Throwing

6

10:30am- Walking 11am- Senior Shape Fitness 1:30pm- Golf 2:30pm-Bingo 3:30pm- Shake Loose a Memory

13

10:30am- Walking 11am- Senior Shape Fitness 1:30pm- What's in the Box? 2:30pm-Bingo 3:30pm- Flickin' Chicken

20

10:30am- Walking 11am- Senior Shape Fitness 1:30pm- Wheel of Fun Toss 2:30pm- Bingo 3:30pm- Crossword Puzzle

26

19

5

12

27