CELEBRATING ASSISTED LIVING WEEK WITH SUPER HEALTHCARE HERO'S





LOVE OUR HUSKERS



We have alot of Huskers Fans here at the Lincoln Bickford. They love Football, Volleyball and anything HUSKERS!!

Assisted Living Week Summertime Theme Day





FLU SHOT CLINIC will be Wed Sept 29th and Wed Oct 6th if you would like more information on this please see Amanda, RNC or Brenda, RN

ALZHEIMER'S WALK Sunday October 10th registration 11am/Ceremony 12:30pm/Walk starts at 1pm. Location: Haymarket Park. We would love to have families join us in this.

Please check out our Bickford of Lincoln Web Site and/or Facebook

If you have any questions please contact Teresa /Life Enrichment Coordinator

Assisted Living Week 60's Theme Day





Pearl's Passions

October



10:30 Catholic Communion

the Courtyard

(DVD)

2:00 Ice Cream and Games in

6:00 Murder She Wrote 24

Courtyard

Mitchell

6:00 Piano w/ Annette

6:00 Game Night

25

支	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HALLOWEEN 10:00 Light & Lively Exercise 10:30 Devotions 10:30 Catholic Communion 2:00 Ice Cream and Games in the Courtyard 6:00 Murder She Wrote 31 (DVD)	OCTOBER BIRTHDAY DEANNA S 10/18 JACKIE P 10/18 JENNIFER S 10/24	RESIDENTS OCTOBER BIRTHDAYS JULIE B. 10/10 PAULINE K. 10/13 BILL C. 10/17 BEA C. 10/21			10:00 Catholic Communion 10:30 Yoga w/Anita 11:00 Reminisce "Around The Table" 2:00 Movie & Popcorn "The Ghost and Mr Chicken" (DVD) 6:00 Card Fun	10:00 Balloon Toss 10:30 Keeping Your Brain Young 2:00 Sing Along's "Songs From The Heart" 6:30 NE vs. NORTHWESTERN (home)
	10:00 Light & Lively Exercise 10:30 Chapel w/Ted 10:30 Catholic Communion 2:00 Ice Cream and Games in the Courtyard 6:00 Murder She Wrote (DVD) 3	10:00 Balloon Toss 10:30 Name Five 1:30 Manicures 3:00 Gardening in the Courtyard 6:00 Craft Corner	10:00 Coffee Social 10:30 Sign Language w/Adam 11:30 Picnic at the Park 2:00 Bingo w/Pam 6:00 Yahtzee	10:00 Ball Toss 10:30 Word Challenge 2:00 Music w/Chris Sayre 6:00 Kareoke w/Candy	10:00 Chapel Service 10:30 The Bickford Family 2:00 Family History Day Sharing Photos and Recipes 6:00 Bingo w/Pam	10:30 Yoga w/Anita 11:00 Reminisce "We Had Everything But Money" 1:30 Resident Shopping 2:00 Movie & Popcorn "Hocus Pocus" (DVD) 6:00 Card Night	10:00 Balloon Toss 10:30 Random Trivia 2:00 Crafts "Mason Jars" 6:00 Johnny Carson (DVD) NE vs MICHIGAN (TBD) (home)
	10:00 Light & Lively Exercise 10:30 Devotions 10:30 Catholic Communion 2:00 Ice Cream and Games in the Courtyard 6:00 Murder She Wrote (DVD) 10	10:00 Balloon Toss 10:30 Family Fued 2:00 Music w/Mike McCracken 6:00 Crafting	10:00 Morning Social 10:30 Sign Language w/Adam 2:00 Bingo w/Pam 6:00 Game Night	10:00 Ball Toss 10:30 Word Game 2:00 Food Fun "Name That Pasta-Pasta Salad" 6:00 Painting w/Candy	10:00 Chapel Service 10:30 Weightlifting 1:30 Outing To Chocolate Season (TBD) 6:00 Bingo w/Pam	10:00 Catholic Rosary w/ Georgeanne 10:30 Yoga w/Anita 11:00 Reminisce "Around The Table" 2:00 Movie & Popcorn "Ghostbusters" (DVD) 6:00 Card Fun 15	10:00 Balloon Toss 10:30 Keeping Your Brain Young 2:00 Sing Along's "Songs From The Heart" 6:00 Johnny Carson (DVD) NE vs MINNESOTA (TBD) away
	10:00 Light & Lively Exercise 10:30 Chapel w/Ted 10:30 Catholic Communion 2:00 Ice Cream and Games in the Courtyard 6:00 Murder She Wrote (DVD) 17	10:00 Joanna The Comfort Dog Visit 10:30 Name Five 1:30 Manicures 3:00 Gardening in the Courtyard 6:00 Craft Corner	10:00 Coffee Social 10:30 Sign Language w/Adam 2:00 Bingo w/Pam 3:00 Resident Council Meeting 6:00 Yahtzee	10:00 Ball Toss 10:30 Word Challenge 1:30-3:30 Pumpkin Decorating with Residents and BFM's Hot Apple Cider and Donuts 6:00 Kareoke w/Candy	10:00 Chapel Service 10:30 Weightlifting 1:30 Resident Shopping 6:00 Bingo w/Pam	10:30 Yoga w/Anita 11:00 Reminisce "We Had Everything But Money" 2:00 Music w/Rick Clarence 6:00 Card Night	10:00 Balloon Toss 10:30 Random Trivia 2:00 Craft Corner 6:00 Johnny Carson (DVD) NO GAME
	10:00 Light & Lively Exercise 10:30 Devotions and Chicken Soup For The Soul	10:00 Balloon Toss 10:30 Family Fued 1:30 Manicures 3:00 Gardening in the	10:00 Morning Social 10:30 Sign Language w/Adam 2:00 Bingo w/Pam	10:00 Ball Toss 10:30 Word Game 2:00 Food Fun "Making Pumpkin Pudding Dip"	10:00 Chapel Service 10:30 Weightlifting 1:30 Outing For Fall Drive To See Halloween	10:30 Yoga w/Anita 11:00 Reminisce "Around The Table" 2:00 Halloween Party	10:00 Balloon Toss 10:30 Keeping Your Brain Young 2:00 Sing Along's

6:00 Painting w/Candy

26

Decorations

27

6:00 Bingo w/Pam

NE vs OHIO ST (TBD)

29

6:00 Johnny Carson (DVD)

3:00 Movie & Popcorn

Frankenstein" (DVD)

6:00 Card Fun

28

"Abbott & Costello Meet