



Whether you are a dad or never had children, there might be a time in your life you were a great inspiration or a father figure to a young man. So, this is a day to celebrate!

**Happy Father's Day
to all of the men at Bickford!**



BICKFORD HAPPYNNINGS

Memos from Marketing

Our census is quickly growing and we have many new residents moving into our branch. We would like you to give them a warm welcome by inviting them to join you for a meal or attend an activity. So show a friendly smile, a kind word, or lend a helping hand to help ease the stress of moving into their new home.

Little Bit of Humor

Foursome of senior golfers hit the course with waning enthusiasm for the sport. "These hills are getting steeper as the years go by," one complained. "These fairways seem to be getting longer too," said one of the others. "The sand traps seem to be bigger than I remember them too," said the third senior. After hearing enough from his Senior buddies, the oldest, and the wisest of the four of them at 87 years old, piped up and said... "Quit your dang complaining and just be thankful we're still on the RIGHT SIDE of the green!"

Flag- Flying Holidays

New Year's Day, Washington's Birthday, Memorial Day, Independence Day, Labor Day, Veteran's Day, Christmas Day, Lincoln's Birthday, Arm Forces Day, Flag Day, V-J Day, Pearl Harbor Day
Flag Day, June 14th
George Washington Quote

"We take the stars from heaven, the red from our mother country, separating it by white stripes, thus showing that we have separated from her, and the white stripes shall go down to posterity representing liberty."



Happy Birthday to our Family Members

- 6/6 Mary Stefans
 - 6/13 Mary Lou Turner
 - 6/17 Betty Smith
 - 6/22 Bob LaBelle
 - 6/22 Marge Weyer
- Friends**
- 6/4 Sophia K.
 - 6/5 Jennifer W.
 - 6/13 Autumn P.
 - 6/30 Tanika P.
 - 6/30 Jill H.

Entertainment

- 6/6 Billie Bob and Allie Visit
- 6/5 Magic with Brian Butler
- 6/10 Luau With Kim Vogrin Dale
- 6/16 Fred Walker entertains us
- 6/26 JT Trimmel entertans in the Bistro



Welcome to Bickford of C P

From the Desk of the Life Enrichment Director

Goodness, it is already June and we just celebrated Memorial Day, which kicks off our summer events. It gave us the opportunity to express our gratitude for the men and women who have served and are serving in our military. We will be celebrating the 4th of July and to end the summer with Labor Day. Let us show how much we are proud to be an American! Wear your red, white, and blue on Flag Day, June 14. June will be the time we honor our fathers or any men in the branch. It is also the time of year I start to take the residents on little day events, Lake County Fairgrounds, the Farmer's markets and community events. It is fun to get out and enjoy your town. Marnie

HEALTH NOTES

Getting the best out of your tooth brush
Brushing and flossing is the best way to protect your teeth and gums-but not if your toothbrush is in bad shape. Toothbrush bristles that are worn or frayed from use cannot effectively remove plaque, which is critical to maintaining healthy teeth and gums.

Some advice:
*Don't cover up brushes between uses. Allow them to air-dry instead. This method will lessen the growth of bacteria.
*Rinse them thoroughly. After each use rinse them under running water until all remaining toothpaste is cleaned off.
*Store them in an upright position to best air them out.
* Replace them often. Get a new brush at least every 3 months.





9:00 Worship with Joel Osteen on TV
10:00 Resident Led Game
Watch Sports on the Big Screen TV in Livingroom area

1

10:00 Daily Devotions, Chronicle
10:15 Stretches
10:30 4,5,6 Dice Game
11:00 Rosary in Mary B's
1:30 Let's visit a Garden Center

2

10:00 Stretches with Rich
10:30 Brain Fitness
1:30 Bingo
3:00 Bible Study with Tracy

3

10:00 Daily Devotions, Chronicle
10:15 Stretches
10:30 8's are Wild Cards
11:30 Lunch Bunch
3:00 Spelling Bee

4

9:00 Salon Day
10:00 News and Views
10:30 Bean Bags on the Patio
1:30 Magic Show with Brian Butler
2:30 Ice Cream Sundaes

5

10:00 Daily Devotions, Chronicles
10:15 Stretches
10:30 Dominoes
2:00 Billie Bob and Allie come to visit
6:00 Friday Nite Movie

6

10:00 Worship with Chaplin Tracy /Rick
2:00 Resident Led Game
6:30 **Saturday Nite Bingo/CNA calls in activity room**
Belmont Stakes Horse Race Today

7

9:00 Worship with Joel Osteen on TV
10:00 Resident Led Game
Watch Sports on the Big Screen TV

in Livingroom area

8

10:00 Daily Devotions, Chronicles
10:15 Stretches
10:30 Bunco
11:00 Rosary in Mary B's
1:30 Resident Council
3:00 Pop Corn Social

9

Luau Party
10:00 Stretches with Rich
10:30 It's puzzling
1:30 Luau Party
3:00 Bible Study with Tracy

10

10:00 Daily Devotions, Chronicle
10:15 Stretches
10:30 Table Game
11:30 Lunch Bunch/@ Golf Course
1:30 Dominoes
3:00 Discussion Group

11

9:00 Salon Day
10:00 News and Views
10:30 Bocce Ball
1:30 Let's Make S'mores on the Patio/Trivia

12

10:00 Daily Chronicles, Devotions
10:15 Dad and Donuts with Marnie
1:30 Watermelon on the Patio/ Bean Bags
6:00 Friday Nite Movie

13

10:00 Worship with Chaplin Tracy /Rick
2:00 Resident Led Game
6:30 **Saturday Night Bingo/CNA calls in activity room**

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Father's Day
9:00 Take time to enjoy the US Open Golf Tournament

10:00 Resident Led Game

15

10:00 Devotions, Daily Chronicle
10:15 Stretches
10:30 Toss up Dice
11:00 Rosary in Mary B's
1:30 Fred Walker entertain us/Ice Cream Treats

16

10:00 Stretches with Rich
10:30 Mind Stretchers
1:15 Valpo Farmers Market
3:00 Bible Study with Tracy

17

10:00 Daily Devotions, Chronicles
10:15 Stretches
10:30 7 up Card Game
1:30 Pokeno
3:00 Stories for Seniors

18

9:00 Salon Day
10:00 News and Views
10:30 Bean Bags on the Patio
1:30 SummerJingo /Popcicles Treats
3:00 Shake Loose a Memory

19

10:00 Daily Devotions, Chronicles
10:15 Stretches
10:30 Toss up Dice
11:30 Lunch Bunch/out and about the town
1:30 Dominoes
6:00 Friday Nite Movie

20

10:00 Worship with Chaplin Tracy /Rick
2:00 Resident Led Game
6:30 **Saturday Night Bingo/CNA calls in activity room**

21

9:00 Worship with Joel Osteen on TV
10:00 Resident Led Game

22

10:00 Daily Devotions, Chronicles
10:15 Stretches
10:30 Chips
11:00 Rosary in Mary B's
1:30 Jack Pot Dice
3:00 Potato Chip Social

23

10:00 Stretches with Rich
10:45 Remember When?
1:30 Bingo
3:00 Bible Study with Tracy

24

10:00 Daily Devotions, Chronicles
10:15 Thrift Store/ Fast Food Outing
1:30 Dominoes
3:00 Conversations Starters

25

9:00 Salon Day
10:00 News and Views
10:30 Puttin' the Ball on Patio
1:30 JT Trimmel entertains in the Bistro Area/Root Beer Floats

26

10:00 Daily Chronicles, Devotions,
10:15 Stretches
10:30 Dominoes
1:30 Country Drive
6:00 Friday Nite Movie

27

10:00 Worship with Chaplin Tracy /Rick
2:00 Resident Led Game
6:30 **Saturday Nite Bingo/CNA calls in activity room**

28

9:00 Worship with Joel Osteen on TV
10:00 Resident Led Game

29

10:00 Daily Chronicles, Devotions
10:15 Stretches
10:30 4,5,6 Dice Game
11:00 Rosary in Mary B's
1:30 Dice Bingo Game
3:00 Popcicle Treat

30

June

Thursdays~Bee Hives and Buzz Cuts/open

with a Stylist

ACTIVITIES SUBJECT TO CHANGE BUT WILL BE POSTED

Family Bithday
6/6 Mary Stefans
6/13 Mary Lou Turner
6/17 Betty Smith
6/22 Bob LaBelle
6/22 Marge Weyer

Friends Birthdays
6/4 Sophia K.
6/5 Jennifer W.
6/13 Autumn P.
6/30 Tanika P.
6/30 Jill H.

