Virginia Beach

September 2021









Highlights for September

September 7 - Outing: Princess Anne Library
September 7 - Scenic Drive & Stroll at the Ocean Front
September 10 - Veteran of the Month Ceremony and 09/11 Remembrance
September 12 - Grandparent's Day performance to Cambra
September 13 - Ice Cream Social with Comfort Keepers
September 14 - Lunch Out: Back Bay Gourmet
September 14 - Jessica Julius plays the Flute
September 21 - Bingo Bucks Market
September 23 - 1950's Day Sock Hop with Jennifer Gammill
September 24 - Outing: Military Aviation Museum
September 25 - 2021 Walk to End Alzheimer's (in Chesapeake)
September 28 - Lunch Out: Longhorn Steakhouse
September 28 - September Birthday Party
September 30 - Lou Anton Performs









9:30 Sing & Stretch

10:00 Wheel of Fortune

1:30 Exercise with Haley

2:00 Spa Time with Sara

Along

3:00 Hits of the 1950s Sing-

11:00 Bible Study with Chaplain

9:30 Sing & Stretch

11:00 Bocce Ball

2:00 BINGO!

9:30 Sing & Stretch

10:00 Trophy Game

11:00 Balloon Tennis

2:00 BINGO!

1:30 Exercise with Haley

6:00 Chaplain Steve Visits

10:00 Finishing Lines

1:30 Flowering Arranging

6:00 Chaplain Steve Visits

9:30 Sing & Stretch

10:00 VSPCA Visiting Paws

11:00 Giant Crossword

2:00 Adult Coloring

3:00 Happy Hour

9:30 Sing & Stretch

Ceremony & 9/11

3:00 Happy Hour

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Rememberance

10:00 Giant Crossword

11:00 Veteran of the Month

2:00 Magic Watercolor Painting

10:00 Saturday Strolls

11:00 Adult Coloring

3:00 Movie Matinee

10:00 Saturday Strolls

11:00 Adult Coloring

3:00 Movie Matinee

11

18

25

2:00 Rummikub

2:00 Rummikub







10:00 Sunday Strolls 11:00 Dr. Charles Stanley on TV 2:00 Sunday Service with Chaplain Jan 2:30 Jigsaw Puzzles

GRANDPARENTS DAY

11:00 Dr. Charles Stanley on

10:00 Sunday Strolls

2:00 Grandparents Day

Performance by Cambra

3:00 Chaplain Service?

2:30 Jigsaw Puzzles

TV

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12

19

9:30 Sing & Stretch 10:00 Talking Points: Careers 11:00 Armchair Travel: National Parks 2:00 Crochet Class 3:00 POKENO!

9:30 Sing & Stretch

Comfort Keepers

3:00 POKENO!

3:00 POKENO!

3:00 POKENO!

Amazon

10:00 Talking Points

11:00 Armchair Travel: The

2:00 Ice Cream Social with

9:30 Sing & Stretch 10:00 Would You Rather? 10:30 Outing: Princess Anne Library 11:00 Chaplain David Visits 1:30 Scenic Drive & Stroll at the Ocean Front 3:00 BINGO!

9:30 Sing & Stretch

Trivia

Gourmet

2:00 BINGO

10:00 National Virginia Day

11:00 Chaplain David Visits

11:30 Lunch Out: Back Bay

3:00 Jessica Julius Plays the Flute

Tuesday

9:30 Sing & Stretch 10:00 Labor Day How Many Words 11:00 Bible Study w/Chaplain 2:00 Spa Time 3:00 Fall Leaf Wreath craft

9:30 Sing & Stretch

10:00 Fun with Fox

Spring Hills

14

2:00 Spa Time

9:30 Sing & Stretch

10:00 Pictionary

Spring Hills

Jan

1:30 Exercise with Haley of

3:00 Wooden Pumpkin Painting

11:00 Bible Study with Chaplain

1:30 Exercise with Haley of

8 9:30 Sing & Stretch 10:00 You Be the Judge 11:00 Bible Study with Chaplain 11:00 Balloon Tennis 1:00 Flowering Arranging 2:00 BINGO!

9:30 Sing & Stretch 10:00 VSPCA Visiting Paws 11:00 Giant Crossword 2:00 Adult Coloring 3:00 Happy Hour - National Guacamole Day!

10:00 Saturday Strolls 11:00 Adult Coloring 2:00 Rummikub 3:00 Movie Matinee

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10

3

10:00 Sunday Strolls 11:00 Dr. Charles Stanley on TV

2:00 Sunday Service with Chaplain Jan

2:30 Jigsaw Puzzles

9:30 Sing & Stretch 10:00 Talking Points 11:00 Armchair Travel: Diners & Drive-ins 2:00 Crochet Class

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9:30 Sing & Stretch 10:00 Indoor Bowling 11:00 Chaplain David Visits 11:00 Resident Council Meeting 2:00 BINGO 3:00 Bingo Bucks Market

9:30 Sing & Stretch

10:00 Trophy Game

Steakhouse

11:00 Chap. David Visits

11:30 Lunch Out: Longhorn

2:00 Spa Time 3:00 Button Art Canvases 21

6:00 Chaplain Steve Visits

9:30 Sing & Stretch 10:00 1950s "Who Am I?" 11:00 Photo Booth Fun! 1:30 BINGO!

3:00 Sock Hop Party with 23 6:00 Chaplain Steve Visits

9:30 Sing & Stretch 10:00 You Be the Judge 11:00 Giant Crossword 1:30 Outing: Military Aviation Museum 2:00 Magic Watercolor Painting 3:00 Happy Hour

Chesapeake) 10:00 Walk to End Alzheimers (at the branch) 11:00 Adult Coloring 2:00 Rummikub 3:00 Movie Matinee

8:30 Walk to End Alzheimers (in

10:00 Sunday Strolls

11:00 Dr. Charles Stanley on TV 2:00 Sunday Service with Chaplain Jan

2:30 Jigsaw Puzzles

9:30 Sing & Stretch 10:00 Talking Points

11:00 Armchair Travel: Deep Sea Explorations 2:00 Cornhole in the Courtyard

1:30 BINGO 3:00 September Birthday Party 9:30 Sing & Stretch 10:00 In a Pickle Game 11:00 Bible Study with Chaplain Jan 1:30 Exercise with Haley of Spring Hills 2:00 Spa Time

9:30 Sing & Stretch 10:00 Finishing Phrases 11:00 Bocce Ball 1:30 BINGO! 3:00 Lou Anton Performs! 6:00 Chaplain Steve Visits

Jennifer Gammill

*Activities are subject to change

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3:00 Mason Jar Leaf Lanterns 29

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