

# HAPPENINGS.



## Hello Fall

"And the sun took a step back,  
the leaves lulled themselves to sleep  
and autumn was awakened."

-Raquel Franco

## Happy Birthday!

- Bill D.      6th
- Betty D.    13th
- Sally L.     15th
- Nancy S.    30th

## September to Remember

There is much to look forward to this month! Here's a sneak peek!

Our musician lineup is looking good as always with some new faces making an appearance! Dale Martel, and Piano music by Bernice are our two new performers. Returning to our branch are Dave Gray, Val Wedgeworth, and the Treasured Music Duo.

Our Theme Days this month include **Labor Day** on September 6th, **Grandparent's Day** on the 12th and **50's Day** on the 23rd. Each of these days are full of many fun events!

Some additional special events that we have in September include, two Target Shopping Trips, **Decorating for Fall**, Watching the **Iowa** VS **Iowa State** Football game, celebrating a couple fun national holidays, going on a scenic drive, and Touring John Wayne's Birthplace Museum.

Bickford of Urbandale is on the lookout for volunteers! If you' or someone you know is interested in spending some time in the branch doing volunteer work please reach out to the LEC's at 515-331-3000!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>10a Coffee Talk 1p Cards 2p Courtyard Chats 4p Church Service</p> <p style="text-align: right;">5</p>	<p style="text-align: center;"><b>LABOR DAY</b></p> <p>9:30a Exercise Video 10a Coffee Talk 1p Holiday Movie Matinee: Top Gun 3p Labor Day Coloring 6p Puzzles</p> <p style="text-align: right;">6</p>	<p>9:30a Current Events &amp; Group Exercise 10a Bible Study 1p Piano Music - Bernice 2p Target Shopping Trip 6p King's Corner</p> <p style="text-align: right;">7</p>	<p>9:30a Read the Paper &amp; Stretching 10:30a Music- Dale Martell 1p Wheel of Fortune 2p General Store 6p UNO</p> <p style="text-align: right;">1</p>	<p>9:30a Current Events &amp; Balloon &amp; Noodle 10a Chaplain Visit 1p Name That Tune 2p Men's Club 6p King's Corner</p> <p style="text-align: right;">2</p>	<p>9:30a Read the Paper &amp; Relaxation &amp; Breathing 10:15a Bingo 1p Resident Council 1:30p Trivia 2:30p Courtyard Chats 6p Movie</p> <p style="text-align: right;">3</p>	<p>10a Chair Yoga 1p Cards &amp; Coffee 2p Walking Club 3:30p Watch Iowa State VS UNI Football Game 6p Movie Night: A League of their own</p> <p style="text-align: right;">4</p>
<p>10a Coffee Talk 1p Cards 2p Courtyard Chats 4p Church Service</p> <p style="text-align: right;">5</p>	<p style="text-align: center;"><b>LABOR DAY</b></p> <p>9:30a Exercise Video 10a Coffee Talk 1p Holiday Movie Matinee: Top Gun 3p Labor Day Coloring 6p Puzzles</p> <p style="text-align: right;">6</p>	<p>9:30a Current Events &amp; Group Exercise 10a Bible Study 1p Piano Music - Bernice 2p Target Shopping Trip 6p King's Corner</p> <p style="text-align: right;">7</p>	<p>9:30a Read the Paper &amp; Stretching 10:15a Giant Crosswords 1p Decorate for Fall 6p Dice</p> <p style="text-align: right;">8</p>	<p>9:30a Current Events &amp; Balloon &amp; Noodle 10a Chaplain Visit 1p UNO 2:30 Movie Matinee w/Popcorn 6p Adult Coloring</p> <p style="text-align: right;">9</p>	<p>9:30a Read the Paper &amp; Chair Yoga 10:15a Bingo 1p Cyclones VS Hawkeyes Craft 2:30p Iowa &amp; Iowa State Tailgate Party 6p Drawing</p> <p style="text-align: right;">10</p>	<p>10a Exercise Video 1p Board Games 2p Courtyard Chats 3:30p Watch Iowa VS Iowa State Football Game 6p Lawrence Welk</p> <p style="text-align: right;">11</p>
<p style="text-align: center;"><b>GRANDPARENTS DAY</b></p> <p>9:30a Current Events &amp; Group Exercise 10:15a History of Grandparents Day 1p Cards 2p Ice Cream Social 4p Church Service</p> <p style="text-align: right;">12</p>	<p>9:30a Current Events &amp; Weights Exercise 10:15a Trivia 1p Music - Dave Gray 2p Crafts 4:15p Rosary with Kathy 6p Walking Club</p> <p style="text-align: right;">13</p>	<p>9:30a Current Events &amp; Group Exercise 10a Bible Study 1p General Store 2p Manicures 6p Adult Coloring</p> <p style="text-align: right;">14</p>	<p>National Creme De Menthe Day 9:30a Read the Paper &amp; Stretching 10:15a Trivia Video 1p Walking Club 2p Courtyard Chats 2:30p Creme De Menthe Milkshakes 6p UNO</p> <p style="text-align: right;">15</p>	<p>9:30a Current Events &amp; Balloon &amp; Noodle 10a Chaplain visit 1p Name That Tune 6p King's Corner</p> <p style="text-align: right;">16</p>	<p>9:30a Read the Paper &amp; Relaxation &amp; Breathing 10:15a Bingo 1p John Wayne Museum Tour 6p Movie</p> <p style="text-align: right;">17</p>	<p>10a Chair Yoga 1p Adult Coloring 2p Walking Club 2:30p Watch Iowa VS Kent State Football Game 6p Movie Night: The Greatest Showman</p> <p style="text-align: right;">18</p>
<p>10a Coffee &amp; Conversation 12p Watch Bears VS Bengals NFL Game 2p Cards 4p Church Service</p> <p style="text-align: right;">19</p>	<p>9:30a Current Events &amp; Weights Exercise 10:15a Wheel Of Fortune 1p Make Birthday Cards 2:30p September Birthday Party 4:15p Rosary with Kathy 6p Puzzles</p> <p style="text-align: right;">20</p>	<p>9:30a Current Events &amp; Group Exercise 10a Bible Study 1p Target Shopping Trip 2p Movie Matinee: Grease 6p King's Corner</p> <p style="text-align: right;">21</p>	<p>National Ice Cream Cone Day 9:30a Read the Paper &amp; Stretching 10:15a Trivia Video 1p Ice Cream Cone Craft 2:30p Ice Cream Social 6p Dice</p> <p style="text-align: right;">22</p>	<p style="text-align: center;"><b>BACK TO THE 50S</b></p> <p>9:30a Current Events &amp; Sock Hop 10a Chaplain visit 1p Music - Val Wedgeworth 2:30p Soda Jerk Happy Hour 6p 50's Trivia</p> <p style="text-align: right;">23</p>	<p>9:30a Read the Paper &amp; Chair Yoga 10:15a Bingo 1p Wii Bowling 2p Men's Club 6p Drawing</p> <p style="text-align: right;">24</p>	<p>10a Exercise Video 1p Board Games 2p Walking Club 2:30p Watch Iowa State VS Baylor Football game 6p Lawrence Welk</p> <p style="text-align: right;">25</p>
<p>10a Coffee Talk 12p Watch Colts VS Titans NFL Game 2p UNO 4p Church Service</p> <p style="text-align: right;">26</p>	<p>9:30a Current Events &amp; Weights Exercise 10:15a Trivia 1p General Store 2p Magazine Collage 4:15p Rosary with Kathy 6p Walking Club</p> <p style="text-align: right;">27</p>	<p>9:30a Current Events &amp; Group Exercise 10a Bible Study 1p Social at the Park 6p Adult Coloring</p> <p style="text-align: right;">28</p>	<p>National Coffee Day 9:30a Read the Paper &amp; Stretching 10:15a Wheel of Fortune 1p Treasured Music 2p Cookies and Coffee 6p UNO</p> <p style="text-align: right;">29</p>	<p>9:30a Current Events &amp; Balloon &amp; Noodle 10a Chaplain visit 1p Name That Tune 2p Watercolor Painting 6p King's Corner</p> <p style="text-align: right;">30</p>		