

HAPPENINGS.



May Happenings



Happy Birthday!

- June 5th-BFM Latoshla
- June 13th- Bonnie
- June 22nd- Director, Alexis

BFM Spotlight...



Our BFM Spotlight for June is our very own, Sarah! Sarah joined our Bickford Family only in October, and has filled so many roles! From being a Life Enrichment Assistant, Concierge, and many roles in between, you can always find Sarah helping and filling in wherever and whenever there is a need. Sarah founded and leads our resident Handbell Choir and oversees our Gardening Club. She absolutely loves the people she serves and has created extremely special bonds with the residents and the BFMs she serves on a daily basis. We are so blessed and excited that Sarah is part of our Bickford West Des Moines Family!

Special Dates

- June 2nd-"Car" Wash: Bring you wheelchair and/or walker and let's make it new again! It's amazing what a good scrub down can do.
- June 3rd- Food Council
- June 9th- Resident Council
- June 10th-WESTERN DAY! Dress for the occasion and get ready to wrangle up a good time!
- June 13th-June 18th-CNA/CMA Appreciation Week: Let's show our CNA's and CMA's how much they mean to us! Watch the Calendar for the Theme Days and dress for the occasion!
- June 14th-Flag Day
- June 17th- Purple Out for Alzheimers! Alzheimers Association Fundraiser! We will be having a food truck, car show, and our Director, Alexis, or our RN Coordinatior, Liz, will be getting a pie in the face! Don't miss it!
- June 18th-Celebrating our Dads with "Dad's" Rootbeer Floats
- June 20th-Father's Day
- June 23rd-Pink Flamingo Day! Be sure to deck yourself out in all Pink!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30a Sit 2B Fit 10a Catholic Communion 1p Patio Time 2:30p Church 3:30p Board Games 6p Focus on the Family</p> <p>6</p>	<p>9a Chair Yoga w. Daily Chronicle 10a Nails and Coloring Meditation 1p Helping Hands Club 2p Patio Games 6p Crossword</p> <p>7</p>	<p>9a Zumba 10:30a Karaoke 1p Library Hour 2p Hour with the Chaplin 6p Puzzle Hour</p> <p>1</p>	<p>9a Weighted Exercise 10a Time w. Alexis 1p "Car" Wash! 2p Patio Games 6p Coloring Club</p> <p>2</p>	<p>9a Spacewalk Trivia 10a Bingo! 1p Food Council 2p Trash Can Drumming 6p Word Search</p> <p>3</p>	<p>9a Walking Club 10a Gardening Club 1p Handbells 2p Happy Hour w. Karaoke 6p Board Games</p> <p>4</p>	<p>9:30a Men's Coffee Hour 10:30a Music Hour 1p Movie Matinee 3:30p Patio Time 6p Lawrence Welk</p> <p>5</p>
<p>9:30a Sit 2B Fit 10a Catholic Communion 1p Patio Time 2:30p Church 3:30p Board Games 6p Focus on the Family</p> <p>6</p>	<p>9a Chair Yoga w. Daily Chronicle 10a Nails and Coloring Meditation 1p Helping Hands Club 2p Patio Games 6p Crossword</p> <p>7</p>	<p>9a Zumba 10:30a All About Jamacia 1p Library Hour 2p Hour with the Chaplin 6p Puzzle Hour</p> <p>8</p>	<p>9a Wheel of Fortune 10a Resident Council 1p Tie-Dye Shirts 2p Trash Can Drumming 6p Coloring Club</p> <p>9</p>	<p>WESTERN DAY 9a Line Dancing 10a Saloon Bingo 1p Jester Park Pony Visit 2p Western Social w. Buckingham/Foote Duo 6p Word Search</p> <p>10</p>	<p>9a Walking Club 10a Gardening Club 1p Handbells 2:30p Assisted Living Outing 6p Board Games</p> <p>11</p>	<p>9:30a Women's Coffee Hour 10:30a Music Hour 1p Movie Matinee 3:30p Patio Time 6p Lawrence Welk</p> <p>12</p>
<p>National CNA/CMA Appreciation Week 9:30a Sit 2B Fit 10a Catholic Communion 1p Patio Time 2:30p Church 3:30p Board Games 6p Focus on the Family</p> <p>13</p>	<p>FLAG DAY Make Believe Monday 9a Chair Yoga 10a Nails and Spa 1p Flag Day Presentation 2p Flag Craft 6p Dot Doodles</p> <p>14</p>	<p>Tie-Dye Tuesday 9a Zumba 10:30a Karaoke 1p Library Hour 2p Hour with the Chaplin 6p Puzzle Hour</p> <p>15</p>	<p>Way Back Wednesday 9a Wii Wheel of Fortune 10a Patio Time 1p Trash Can Drumming 2p Happy Hour w. Nick Ruekurt 6p Coloring Club</p> <p>16</p>	<p>Purple Out for Alzheimer's 9a Morning Workout w. Daily Chronicle 11p Purple Out ALZ Fundraiser/Car Show! 2p Bingo! 6p Word Search</p> <p>17</p>	<p>Thrifty is Nifty! "Dress for Less" 9a Walking Club 10a Gardening Club 1p Hand Bells 2p "Dad's" Rootbeer Floats w. Dad 6p Board Games</p> <p>18</p>	<p>9:30a Men's Coffee Hour 10:30a Music Hour 1p Movie Matinee 3:30p Patio Time 6p Lawrence Welk</p> <p>19</p>
<p>FATHER'S DAY 9:30a Sit 2B Fit 10a Catholic Communion 1p Patio Time 2:30p Church 3:30p Board Games 6p Focus on the Family</p> <p>20</p>	<p>9a Chair Yoga w. Daily Chronicle 10a Nails and Coloring Meditation 1p Helping Hands Club 2p Patio Games 6p Crossword</p> <p>21</p>	<p>9a Zumba 10:30a Skyscrapers 1p Library Hour 2p Hour with the Chaplin 6p Puzzle Hour</p> <p>22</p>	<p>PINK FLAMINGO DAY! 9a Pink Flamingo Ring Toss 10a Karaoke 1p Pink Flamingo Art 2p Happy Hour w. Tom Hofer 6p Coloring Club</p> <p>23</p>	<p>9a Morning Warm-up w. Daily Chronicle 10a Bingo! 1p Food Fun w. Jasmina 2p Trash Can Drumming 6p Word Search</p> <p>24</p>	<p>9a Walking Club 10a Gardening Club 10:30a Mass w. Father Kirby 1p Handbells 2:30p Assisted Living Outing 6p Board Games</p> <p>25</p>	<p>9:30a Women's Coffee Hour 10:30a Music Hour 1p Movie Matinee 3:30p Patio Time 6p Lawrence Welk</p> <p>26</p>
<p>9:30a Sit 2B Fit 10a Catholic Communion 1p Patio Time 2:30p Church 3:30p Board Games 6p Focus on the Family</p> <p>27</p>	<p>9a Chair Yoga w. Daily Chronicle 10a Nails and Coloring Meditation 1p Helping Hands Club 2p Patio Games 6p Crossword</p> <p>28</p>	<p>9a Zumba 10:30a Karaoke 1p Library Hour 2p Hour with the Chaplin 6p Puzzle Hour</p> <p>29</p>	<p>9a Wii Wheel of Fortune 10a Comedy Hour 1p Art Corner 2p Trash Can Drumming 6p Coloring Club</p> <p>30</p>			