







## BFM Spotlight...



Our BFM Spotlight for June is our very own, Sarah! Sarah joined our Bickford Family only in October, and has filled so many roles! From being a Life Enrichment Assistant, Concierge, and many roles in between, you can always find Sarah helping and filling in wherever and whenever there is a need. Sarah founded and leads our resident Handbell Choir and oversees our Gardening Club. She absolutely loves the people she serves and has created extremely special bonds with the residents and the BFM's she serves on a daily basis. We are so blessed and excited that Sarah is part of our Bickford West Des Moines Family.

### Save the Dates!!!

mean to us! Watch the calendar for the Theme Days and dress for the occasion!

## Happy Birthday!

June 5th- BFM Latoshla Fugate June 13th-Bonnie Jackson June 22nd- Director, Alexis Morrow

- Jue 2nd- "Car" Wash: Bring your wheelchair and/or walker and let's make it new again! I'ts amazing what a good scrub down can do.
  - June 10th- WESTERN DAY! Dress for the occasion and get ready to wrangle up a good time!
- June 13th- June 18th- CNA/CMA Appreciation Week: Let's show our CNA's and CMA's how much they
  - June 14th- Flag Day
- June 17th- Purple out for Alzheimers! Alzhemiers Association Fundraiser! We will be having a food truck, car show, and our Director, Alexis, or our RN Coordinator, Liz, will be getting a pie in the face! Don't miss it!
  - June 20th- Father's Day

Pearl's Passions	June —				
Jeans Guer	Sunday	Monday	Tuesday	Wednesday	Thursday
<image/>			9a Volleyball & News 10a Boxed Lunch 1:30p Hour with the Chaplin 3p Make a Fresh Fruit Salad 6p Fold Clothes 1	9a Pet Therapy 10a Football 1p "Car Wash" 3p Hangman 6p Roll Yarn into a Ball 2	9a Rise and Shine 10a Nature Walk 1p Make Turtle Candy 3p Camp Fire Songs 6p Board Game 3
	9a Daily Chronicle 10a Take a Walk 1p Color Club 3p I Love Lucy 6p Use Carpet Sweeper 6	9a Chair Dancing 10a Set the Tables 1p Blow Bubbles in the Courtyard 3p Places I've Been 6p Watch Who's on First 7	9a Stretching Exercises 10a Watermelon Coasters 1:30p Hour with the Chaplin 3p Fill Bird Feeder 6p Sort M&Ms 8	9a Hanging Ball 11a Picnic 1p Tie Dye Shirts 3p Water Garden 6p Organize purse 9	<b>WESTERN DAY</b> 9a Horse Race 10a Set the Tables 1:30p Western Social w/ Buckingham/ Foote Duo 2p Jester Park Pony Visit 6p Western Movie 10
	National CNA/CMA Appreciation Week 9a Daily Chronicle 10a Take a Walk 1p Color Club 3p I Love Lucy 6p Use Carpet Sweeper 13	<b>FLAC DAY</b> Make Believe Monday 9a Flag Day Food Art 10a Flag Day Trivia 1p Group Crossword 3p Wii Games 6p Organize Purse 14	<b>Tie-Dye Tuesday</b> 9a Rise and Shine 10a Group Crossword 1:30p Hour with the Chaplin 3p Make Trail Mix 6p Macarena 15	Way Back Wednesday 9a Balance Exercise 10a Pet Therapy 2p Happy Hour w. Nick Ruekurt 3p Soak Feet in Pool and Drink Lemonade 6p Wipe off Tables 16	Purple Out for Alzheimer's 9a Finish the Phrase 11a Purple Out for ALZ Fundraiser/Car Show! 1p Flower Press Rocks 3p Noodle Baseball 6p Roll Yarn into a Ball 17
	FATHER'S DAY 9a Daily Chronicle 10a Take a Walk 1p Color Club 3p I Love Lucy 6p Use Carpet Sweeper	9a Make Smores 10a Remember Papa 1p Ring Toss 3p Playdoh Pictionary 6p Sort Socks	9a Daily Chronicle 10a Seated Exercise 1:30p Hour with the Chaplin 3p Deal or No Deal 6p Organize Diper Bag	9a Finish the Phrase 10a Balloon Volleyball 1p Tic-Tac-Toe 3p Water Garden 6p Movie Night!!!	9a Chicken Soup for the Soul 10a Simon Says 1p Patio Time 3p The Price is Right 6p Organize a Tackle Box
	20	21	22	23	24
	9a Daily Chronicle 10a Take a Walk 1p Color Club 3p I Love Lucy 6p Use Carpet Sweeper	9a Canvas Painting 10a Seated Exercise 1p Conversation Sticks 3p Group Crossword 6p Wipe off Tables	9a Scrapbooking 10a Football Throw 1:30p Hour with the Chaplin 3p Daily Chronicle 6p Clean Windows	9a Pet Therapy 10a Famous Couples Reminisce 1p Happy Hour w. Kareoke 3p Hokey Pokey 6p Fold Clothes	
	27	28	29	30	

# Friday

# Saturday

9a Balloon Volleyball 10a Daily Chronicle 1p Nails & Spa 3p Water Garden 6p Sort Buttons

9a Daily Chronicle 10a Ball Toss 1p Patio Time 3p Set the Tables 6p Lawrence Welk

9a Volleyball and News 10a Water Garden 1p MB Outing 3p Fancy Fingers 6p Calendar Flashback 9a Daily Chronicle 10a Ball Toss 1p Patio Time 3p Set the Tables 6p Lawrence Welk

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Thrifty is Nifty! "Dress for Less" 9a Water Garden 10a Make Your Own Pizza 1p Nails & Spa 3p Putt Putt Golf 6p Music Hour

### 18

9a Chair Dancing
10a Water Garden
1p MB Outing
3p Fancy Fingers
6p Group Crossword

9a Daily Chronicle 10a Ball Toss 1p Patio Time 3p Set the Tables 6p Lawrence Welk

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9a Daily Chronicle 10a Ball Toss 1p Patio Time 3p Set the Tables 6p Lawrence Welk

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