

HAPPENINGS.



Happy Birthday!

- May 5th- BFM Justin
- May 13th- Dale B.
- May 26th- BFM Suzie
- May 28th- Mary S.
- May 30th- BFM Cole

BFM Spotlight!



We show appreciation to our Nurses in May, so for our BFM Spotlight, we are featuring our very own nurse, RN Coordinator, Elizabeth "Liz" Lyon! Liz has been with Bickford-West Des Moines for over 12 years!! Liz has been a leader throughout 2020 with managing constant new policies regarding the pandemic. She is always striving to put her residents here at Bickford first, because to her, they are her family. Besides her family here at Bickford, she is a mom of two boys and loves her family life with her boys and husband. We can't forget, her faithful companion, Brute, who is always visiting and loving on our residents.

Happy Nurse's Appreciation Day Liz! We love you!

-Your Bickford West Des Moines Family

Save the Date!

If you are planning on attending the Dementia Support Group, please RSVP to our director, Alexis, at alexis.morrow@bickfordseniorliving.com

- May 1st- Kentucky Derby Day
- May 5th- Cinco De Mayo
- May 5th- Fiesta de Cinco De Mayo with Buckingham/ Foote Duo
- May 6th- Bouquet Day
- May 8th- Mother's Day
- May 12th- Nurses Day
- May 12th- Cooking with Chef Mark
- May 12th- Visit from Blank Park Zoo
- May 13th- Dementia Family Support Group
- May 19th- Cooking with Chef Mark
- May 28th- Memorial Day Social w/ Tom Hofer
- May 31st- Memorial Day

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9a Daily Chronicle
10a Take a Walk
1p Color Club
3p I Love Lucy
6p Use Carpet Sweeper

30

MEMORIAL DAY

9a Daily Chronicle
10a Sort Buttons
1p Take a Walk
3p Fancy Fingers
6p Wipe Off Tables

31

KY DERBY DAY

9a Decorate Hats
10a Horse Race
1p Happy Hour
3p Set the Tables
6p Watch the KY DERBY

1

9a Daily Chronicle
10a Take a Walk
1p Color Club
3p I Love Lucy
6p Use Carpet Sweeper

2

9a Ball Toss
10a Wheel Of Fortune
1p Make a Torn Paper Collage
3p Fancy Fingers
6p Roll Yarn into a Ball

3

9a Sort Socks
10a Volleyball and Daily Chronicle
1p Hour with the Chaplin
3p Decorate Plastic Buckets for Planting
6p Identification Game

4

CINCO DE MAYO

9a DIY Maracas
10a Macarena
1p A-MAZE-ing Salsa
2p Fiesta de Cinco De Mayo! Buckingham/ Foote Duo
6p Sort M&Ms

5

9a Make Cinnamon Rolls
10a Lift Weights
1p Clip Coupons
3p How Good Can I Look?
6p Read a Light in the Attic

6

9a Mothers Day Tea & Doughnuts
10a Wipe off Tables
1p Wii Games
1p Bouquet Day
3p Garden Club
6p Finish Famous Sayings

7

9a Daily Chronicle
10a Ball Toss
1p Shirley Temples
3p Set the Tables
6p Lawrence Welk

8

MOTHER'S DAY

9a Daily Chronicle
10a Take a Walk
1p Color Club
3p I Love Lucy
6p Use Carpet Sweeper

9

9a Bake Muffins
10a Parachute
1p Patio Time
3p Fancy Fingers
6p Put Silverware Away

10

9a Make Bed's
10a Punch Ball
1p Hour with the Chaplin
3p MB Outing
6p Tic -Tac -Toe

11

Nurse's Appreciation Day!
9a BLank Park Zoo
10a Lacing Cards
1p Take a Walk
1:30p Cooking with Mark-Cooking Show
3p Pomanders
6p Group Crossword

12

9a Volleyball and News
10a Reminisce- Car Talk
1p Fill Bird Feeder
3p Sponge Art Painting
3p Dementia Family Support Group
6p Board Game

13

9a Football Throw
10a Daily Chronicle
1p Movie Hour w/ Popcorn
3p Garden Club
6p Fold Clothes

14

9a Daily Chronicle
10 Ball Toss
1p Rootbeer Floats
3p Set the Tables
6p Lawrence Welk

15

9a Daily Chronicle
10a Take a Walk
1p Color Club
3p I Love Lucy
6p Use Carpet Sweeper

16

9a Simon Says
10a Peel Oranges
1p Scrapbooking
3p Fancy Fingers
6p Watch Little House on the Prarie

17

9a Chair Dancing
10a Daily Chronicle
1p Hour with the Chaplin
3p Make Boats
6p Organize Tackle Box

18

9a Chair Dancing
10a Deal or No Deal
1p Patio Time
3p Dip Strawberries with Chocolate
6p Clean Windows

19

9a Daily Chronicle
10a Sort Socks
1p No Bake Peanut Butter Balls
3p Stretching Exercises
6p Organize Diaper Bag

20

9a Sort Cloth Squares
10a Hanging Ball
1p Kareoke
3p Garden Club
6p Fold Towels

21

9a Daily Chronicle
10a Ball Toss
1p Pop Popcorn
3p Set the Table
6p Lawrence Welk

22

9a Daily Chronicle
10a Take a Walk
1p Color Club
3p I Love Lucy
6p Use Carpet Sweeper

23

9a Paint Flower Pots
10a Laughter Yoga
1p Happy Hour
3p Fancy Fingers
6p Fold Clothes

24

9a Arrange Fresh Flowers
10a Lift Weights
1p Hour with the Chaplin
3p MB Outing
6p Organize Purse

25

9a Pet Therapy
10a Old Favorites Sing A Long
1p Wii Games
3p Jigsaw Puzzle with Large Pieces
6p Use Carpet Sweeper

26

9a Remember Mama
10a Fill Bird Feeder
1p Memorial Day Wreath
3p Blow Bubbles
6p Macarena

27

9a Make Bed's
10a Balance Exercises
1p Garden Club
2p Memorial Day Social w/ Tom Hofer
6p Massage Therapy

28

9a Daily Chronicle
10 Ball Toss
1p Ice Cream Social
3p Set the Table
6p Lawrence Welk

29