

HAPPENINGS

It's Finally Spring!



Happy Birthday!

Ester (Tess) Canja 4/17
Shirley Tingay 4/24

Resident Of The Month: Liz (Elizabeth) Troidahl

Liz was born and raised in Hanska Minnesota to Illa and Anton Bakken along with her 3 siblings Tony, Martine, and Ruth. Growing up Liz attended Brown County Rural School in Hanska and attended high school at New Ulm in Minnesota. Her and her sister had to board with a widow to attend her high school the next city over. Liz then attended Mankato State Teacher's College, commonly known as Mankato State University. Liz obtained her Master's in Education at Michigan State University. Liz taught in Okemos schools for 25 years where she wrote and illustrated books for children at the 2nd grade level who struggled with reading. Liz herself struggled with dyslexia which sparked her passion for helping others. Liz then married her husband Pete and had 2 beautiful children Lynn and Oscar (Eric). Liz is now in a relationship with her beau Fred of 35 plus years and has grandchildren and great grandchildren on Fred's side. Liz loves Norwegian Lefse, a potato flatbread with tons of flavor and texture, and loved making it. Liz also enjoyed gardening, specifically Rhubarb. Liz would have friends and family come to her home to enjoy rhubarb crisp pie. Liz also enjoys dancing, an active member in her church, loves to play boggle, music, bird watching, and deeply appreciates art. Liz loves bright colors, which is reflected in her personality and appearance. The next time you see Liz around, don't be a stranger and say hello!

April Quotes

“April is the kindest month. April gets you out of your head and out working in the garden.”

Marty Rubin

“The world is its own magic.”

Shunryu Suzuki

“The secret of happiness, you see, is not found in seeking more, but in developing the capacity to enjoy less.”

— Socrates, 469 BCE.

“April is a promise that May is bound to keep.”

— Hal Borland

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>HAPPY EASTER</p> <p>10am Catholic Mass 2pm Church Service</p> <p>4</p>	<p>10:30am BINGO 1:30pm Seated Yoga 2pm Vertical Garden 3pm Peanut Butter Cookies</p> <p>5</p>	<p>10:30am Coffee & Donuts 10:45am Bible Study 1:30pm Seated Tai Chi 2pm Spring Door Decor 6pm Nightly News</p> <p>6</p>	<p>10:30am BINGO 1:30pm Seated Boxing 2pm American Bandstand 3pm Ice Cream Social</p> <p>7</p>	<p>OPENING DAY</p> <p>11am Resident Council 1:30 Pool Noodle Baseball 3pm Peanuts & Cracker Jacks 4pm Opening Day Game</p> <p>1</p>	<p>10:30am BINGO 1:30 Weighted Ball Exercise 2pm Easter Egg Coloring 3pm Easter Cards 6:30pm Movie Night</p> <p>2</p>	<p>Hot Cocoa Bar 50's Music Nightly News</p> <p>3</p>
<p>10am Catholic Mass 2pm Church Service</p> <p>11</p>	<p>10:30am BINGO 1:30pm BINGO Store 2pm Seated Kickboxing 3pm Guess That Phrase 6pm Nightly News</p> <p>12</p>	<p>10:30am Coffee & Donuts 10:45am Bible Study 1:30pm Seated Exercise 2pm Trivia 3pm Current Events & History Today</p> <p>13</p>	<p>CRUISE THE OPEN SEAS</p> <p>10:30am BINGO 1pm Sea Glass Craft 2pm Blue Sea Martini Bar 3pm Life Ring Toss 4pm Gilligans Island</p> <p>14</p>	<p>10:30am Jazzercise 1:30pm Paint & Sip 3pm Scrabble 6pm Current Events & History Today</p> <p>8</p>	<p>10:30am BINGO 1pm Exercise With Marie 2pm Manicures 6:30pm Movie Night</p> <p>9</p>	<p>Adult Coloring Reminiscing UNO</p> <p>10</p>
<p>10am Catholic Mass 2pm Church Service</p> <p>18</p>	<p>10:30am BINGO 1pm Balloon Bop 1:30pm Tend Garden 2pm Manicures 3pm Wine & Beer Social</p> <p>19</p>	<p>10:30am Coffee & Donuts 10:45am Bible Study 1:30pm Chair Aerobics 2pm Flower Arranging 6pm Nightly News</p> <p>20</p>	<p>10:30am BINGO 1pm Exercise With Jen 1:30pm Sponge Stamp 3pm Word Search 6pm Current Events & History Today</p> <p>21</p>	<p>10:30am Yoga Ball Exercise 1pm Tend Garden 2pm Rope Basket 4pm Cocktail Hour</p> <p>15</p>	<p>10:30am BINGO 1pm Stretching Class 1:30 Spring Sign 3pm Coffee Bar 6:30pm Movie Night</p> <p>16</p>	<p>Puzzles American Bandstand Ball Toss</p> <p>17</p>
<p>10am Catholic Mass 2pm Church Service</p> <p>25</p>	<p>10:30am BINGO 1:30pm Penny Auction 3pm Drum Class 6pm Nightly News</p> <p>26</p>	<p>10:30am Coffee & Donuts 10:45am Bible Study 1:30pm Deep Breathing Techniques 2pm Apple Pie Bites 6pm Current Events & History Today</p> <p>27</p>	<p>10:30am BINGO 1pm Balloon Bop 2pm Tend Garden 3pm Ice Cream Social</p> <p>28</p>	<p>10:30am Morning Boogie 1:30 Earth Day Cookies 3pm Earth Day Word-In-A-Word 6pm Earth Day Documentary</p> <p>22</p>	<p>10:30am BINGO 1pm Seated Yoga 2pm Wine Cork Coaster 3pm Tea Bar 6:30pm Movie Night</p> <p>23</p>	<p>50's Music Night On Earth Documentary</p> <p>24</p>
<p>10am Catholic Mass 2pm Church Service</p> <p>25</p>	<p>10:30am BINGO 1:30pm Penny Auction 3pm Drum Class 6pm Nightly News</p> <p>26</p>	<p>10:30am Coffee & Donuts 10:45am Bible Study 1:30pm Deep Breathing Techniques 2pm Apple Pie Bites 6pm Current Events & History Today</p> <p>27</p>	<p>10:30am BINGO 1pm Balloon Bop 2pm Tend Garden 3pm Ice Cream Social</p> <p>28</p>	<p>10:30am Stretching Class 1pm International Day Celebration 3pm Cocktail Hour</p> <p>29</p>	<p>10:30am BINGO 1pm Seated Tai Chi 2pm Apple Nachos 6:30pm Movie Night</p> <p>30</p>	