

# HAPPENINGS.

## February Happenings!



## Our March Birthdays!

- March 9th-BFM Lilian
- March 17th-BFM Destiny
- March 3rd-Mary Helen
- March 8th- Lena
- March 23rd- Belva
- March 28th- John

## Our BFM Spotlight is....

Korpo is one of our AMAZING BFMs. She is beloved by all the staff and the residents. When asking others of their first thoughts of Korpo, descriptions such as "hard-working, kind, genuine, team player, and gentle" are immediately said. Korpo has been with us at Bickford for many years, and we are grateful to continue to have her as part of our Bickford Family. We love you Korpo!

Korpo is pictured just after she received her second COVID-19 Vaccine!



## Save the Date!

Have Facebook? Follow Bickford West Des Moines on Facebook! Find all that is happening, including photos, events, updates, apartment visits, and more!

[www.facebook.com/BickfordWestDesMoines](https://www.facebook.com/BickfordWestDesMoines)

-The next Dementia Support Group will be Thursday, March 25th, from 3pm-4pm. Please RSVP to Kait Kelly at [kaitlyn.kelly@bickfordseniorliving.com](mailto:kaitlyn.kelly@bickfordseniorliving.com) if you will be attending. Zoom options will be available.

-Hair Salon Day is Every Tuesday! -If you have a grocery order, please give it to Karin, LEC by MONDAY of that week. -We encourage mask wearing and social-distancing. If you are in need of a mask, speak with Karin.

March 2nd-Cat in the Hat Day | March 3rd- Time with the Director | March 4th- Casino Day March 9th- Ford Mustang Day | March 10th-Clover All Over Day | March 11th-Resident Council | March 12th- Darts with Angie | March 14th-Daylight Savings Time! Set Clocks FORWARD 1 hour! | March 15th- "Pi" Day (3.1415) | March 17th- St. Patrick's Day | March 18th- Food Fun with Jasmina | March 22nd-Mythology Monday | March 23rd-"Dog-Gone Good Time" w. Brute | March 24th- Celebrate Anything Day | March 25th-Dementia Support Group March 29th-Helping Hands Club w. Sal | March 31st- March Birthday Bash



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30a Walking Club 10:30a Des Moines Register Read Aloud 2:30p Church 3:30p Focus on the Family 6p Puzzle Time</p> <p style="text-align: right;">7</p>	<p>9a Chair Yoga 10a Helping Hands Club 1p Nails and Coloring Meditation 3p Balloon Volleyball 6p Word Scramble</p> <p style="text-align: right;">1</p>	<p><b>Cat in the Hat Day</b> 9a Zumba 10a Dr. Seuss Story Hour 1p Wocket In Our Pockets Craft 2p Hour with the Chaplin 3p Stack the Cat's Hat 6p Daily Crossword</p> <p style="text-align: right;">2</p>	<p>9a Just Dance! 10a <b>Time with the Director</b> 1p Hand Bell Choir 1:30p Library Hour 3p Bocce Ball 6p March IQ</p> <p style="text-align: right;">3</p>	<p><b>CASINO FUN</b> 9a Off to the Races! 10 BINGO! 1p Casino Social 2p Hour with the Chaplin 3p Yahtzee 6p Word Search</p> <p style="text-align: right;">4</p>	<p>9a Walking Club 10a Home Renovation Mad Libs 10:30a Mass 1p Hand Bell Choir 1:30p Gardening Club 3p Floor Hockey 6p Big Word Small Word</p> <p style="text-align: right;">5</p>	<p>9:30a Morning Exercise 10:30 Music Hour 1:30 Movie Matinee 3p Activity Pack 6p Lawrence Welk</p> <p style="text-align: right;">6</p>
<p>9:30a Walking Club 10:30a Des Moines Register Read Aloud 2:30p Church 3:30p Focus on the Family 6p Puzzle Time</p> <p style="text-align: right;">7</p>	<p>9a Chair Yoga 10a Arts and Crafts Pilgrimage 1p Nails and Coloring Meditation 3p Bowling 6p Word Scramble</p> <p style="text-align: right;">8</p>	<p><b>Ford Mustang Day</b> 9a Zumba 10a Ford Mustang History 1p R/C Car Racing 2p Hour with the Chaplin 3p Ford Mustang Viewing 6p Daily Crossword</p> <p style="text-align: right;">9</p>	<p><b>Clover All Over Day</b> 9a Ribbon Shamrock Pin 10a Morning Workout with Shamrock Trivia 1p Hand Bell Choir <b>1:30p Country Drive</b> 3p Shamrock Toss 6p Dot-to-Dot</p> <p style="text-align: right;">10</p>	<p>9a Morning Warm Up 10a <b>Resident Council</b> 1p Bubble Painting 2p Hour with the Chaplin 3p Croquet 6p Word Search</p> <p style="text-align: right;">11</p>	<p>9a Walking Club 10a Karaoke 10:30a Mass 1p Hand Bell Choir 1:30p Library Hour 3p Darts 6p Big Word Small Word</p> <p style="text-align: right;">12</p>	<p>9:30a Morning Exercise 10:30 Music Hour 1:30 Movie Matinee 3p Activity Pack 6p Lawrence Welk</p> <p style="text-align: right;">13</p>
<p><b>Daylight Savings Time</b> 9:30a Walking Club 10:30a Des Moines Register Read Aloud 2:30p Church 3:30p Focus on the Family 6p Puzzle Time</p> <p style="text-align: right;">14</p>	<p><b>Pi Day</b> 9a Chair Yoga 10a Pi Day Bracelet 1p "Pi" Eating Contest 3p Nails and Coloring Meditation 6p Word Scramble</p> <p style="text-align: right;">15</p>	<p><b>March Madness</b> 9a Zumba 10a March Madness Bracket 1p Library Hour 2p Hour with the Chaplin 3p Shoot Hoops 6p Daily Crossword</p> <p style="text-align: right;">16</p>	<p><b>HAPPY ST. PATRICK'S DAY</b> 9a Irish Jig 10a Lucky Charms Catapult 1p Hand Bell Choir 2p St. Patrick's Day Social 3p DFG Leprechaun 6p Dot-to-Dot</p> <p style="text-align: right;">17</p>	<p>9a Morning Warm Up 10a BINGO! 1p <b>Food Fun with Jasmina</b> 2p Hour with the Chaplin 3p Miniature Golfing 6p Word Search</p> <p style="text-align: right;">18</p>	<p><b>World Storytelling Day</b> 9a Walking Club 10a Stories with Kay 10:30a Mass 1p Hand Bell Choir 1:30p Gardening Club 3p Football Throw 6p Big Word Small Word</p> <p style="text-align: right;">19</p>	<p>9:30a Morning Exercise 10:30a Music Hour 1:30p Movie Matinee 3p Activity Pack 6p Lawrence Welk</p> <p style="text-align: right;">20</p>
<p>9:30a Walking Club 10:30a Des Moines Register Read Aloud 2:30p Church 3:30p Focus on the Family 6p Music Hour</p> <p style="text-align: right;">21</p>	<p><b>Mythology Monday</b> 9a Chair Yoga 10a Roll and Draw Ancient Greek Vases 1p Nails and Greek Mythology 3p Greek Olympics 6p Word Scramble</p> <p style="text-align: right;">22</p>	<p><b>Cuddly Puppy Day</b> 9a Zumba 10a "Derpy Dog" <b>1p "Dog-Gone Good Time" with Brute</b> 2p Hour with the Chaplin 3p Blankets for the ARL 6p Daily Crossword</p> <p style="text-align: right;">23</p>	<p><b>Celebrate Anything Day</b> 9a Birthday Cupcakes 10a Just Dance! 1p Hand Bell Choir 1:30p Library Hour 3p Have a "Very Merry Unbirthday!" Social 6p Dot-to-Dot</p> <p style="text-align: right;">24</p>	<p>9a Morning Warm Up 10a BINGO! <b>1p Country Drive</b> 2p Hour with the Chaplin 3p Parachute <b>3p Dementia Support Group</b> 6p Word Search</p> <p style="text-align: right;">25</p>	<p>9a Walking Club 10a Karaoke 10:30a Mass 1p Hand Bell Choir 1:30p One-Liners of Henny Youngman 3p Washer Toss 6p Big Word Small Word</p> <p style="text-align: right;">26</p>	<p>9:30a Morning Exercise 10:30a Music Hour 1:30p Movie Matinee 3p Activity Pack 6p Lawrence Welk</p> <p style="text-align: right;">27</p>
<p><b>Palm Sunday</b> 9:30a Walking Club 10:30a Des Moines Register Read Aloud 2:30p Church 3:30p Focus on the Family 6p Music Hour</p> <p style="text-align: right;">28</p>	<p>9a Chair Yoga <b>10a Helping Hands Club</b> 1p Nails and Coloring Meditation 3p Ring Toss 6p Word Scramble</p> <p style="text-align: right;">29</p>	<p><b>Van Gogh Day</b> 9a Zumba 10a Biography of Van Gogh 1p Painting Starry Night 2p Hour with the Chaplin 3p Bean Bag Baseball 6p Daily Crossword</p> <p style="text-align: right;">30</p>	<p>9a Just Dance! 10a Wii Wheel of Fortune 1p Hand Bell Choir <b>2p General Store</b> 3p March Birthday Bash/Corn Hole 6p Dot-to-Dot</p> <p style="text-align: right;">31</p>			