

HAPPENINGS.

February Happenings!



SPOTLIGHT OF THE MONTH

Korpo is one of our AMAZING BFM's. She is beloved by all the staff and the residents. When asking others of their first thoughts of Korpo, descriptions such as "hard-working, kind, genuine, team player, and gentle" are immediately said. Korpo has been with us at Bickford for many years, and we are grateful to continue to have her as part of our Bickford Family. We love you Korpo! Korpo is pictured just after she received her second COVID-19 Vaccine!



OUR MARCH BIRTHDAY'S!

MARCH 9TH-BFM LILIAN
MARCH 17TH-BFM DESTINY
MARCH 3RD- MARY HELEN
MARCH 23RD-BELVA
MARCH 28TH-JOHN

SAVE THE DATE

Have Facebook? Follow Bickford West Des Moines on Facebook! Find all that is happening, including photos, events, updates, apartment visits, and more!
www.facebook.com/BickfordWestDesMoines

- Dementia Support Group will be Thursday, March 25th, from 3pm-4pm. Please, RSVP to Kait Kelly at kaitlyn.kelly@bickfordseniorliving.com. Zoom options will be available.
- Hair Solon Day is Every Tuesday!
- March 2nd-Cat in the Hat Day
- March 4th-Casino Day
- March 11th-Country Drive
- March 14th-Daylight Savings Time! Set Clocks FORWARD 1 Hour!
- March 17th- St. Patrick's Day
- March 19th-World Storytelling Day
- March 24th- Teddy Bear Tea with Sarah&Trista
- March 25th-Dementia Support Group

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30a Take a Walk
10:30a Sort Buttons
1:30p **Fancy Fingers**
3:30p St. Patty's Day Wreaths
6p Wipe Off Tables

1

CAT IN THE HAT DAY!
9:30a Read Your Only Old Once
10:30a Balloon Volleyball
1p **Hour w/ Chaplin**
3p Green Eggs and Ham Chocolate Lillipops
6p Lacing Cards

2

9:30a Hangman
10:30a Good Things Come in Threes
1p Football Throw
3p Tulip Yard Stakes
6p Roll Yarn into a Ball

3

CASINO FUN
9:30a Make Beds
10:30a Horse Race
1p **Hour w/ Chaplin**
3p **CASINO SOCIAL**
6p Watch the Movie Casino

4

9:30a Ball Toss
10:30a Sort Coins
1p Daily Chronicle
3p **Seedling Tending w/ Sarah**
6p Chicken Soup for the Soul

5

9:30a Matching Game
10:30a Seated Exercises
1p Oreo Social
3p Finish Famous Bible Quotes
6p Lawrence Welk Show

6

9:30a Lucky 7 Puzzle
10:30a Stretching Exercises
1p Daily Chronicle
3p Set the Table
6p I Love Lucy

7

9:30a Decorate for St. Patrick's Day
10:30a Fill Bird Feeders
1:30p **Fancy Fingers**
3:30p Chair Dancing
6p Watch Who's On First

8

9:30a Sort M&M's
10:30a Water Plants
1p **Hour w/ Chaplin**
3p String Art
6p Football Throw

9

Clover All Over Day
9:30a Find the Four Leaf Clover
10:30a Shamrock Trivia
1p Ball Toss
3p Wisteria Blossom Garland
6p Put Silverware Away

10

9:30a Bake St. Patrick's Day Cookies
10:30a Stretching Exercises
1p **Hour w/ Chaplin**
3p **Country Drive**
6p Use Carpet Sweeper

11

9:30a Seated Soccer
10:30a Set the Table
1p Calendar Flashback
3p **Pet Therapy**
6p Music Relaxation w/ Hot Cocoa

12

9:30a Group Crossword
10:30a Laughter Yoga
1p Coffee Filter Butterfly Pins
3p Lacing Cards
6p Lawrence Welk Show

13

Daylight Savings Time
9:30a Make Beds
10:30a Lift Weights
1p Potato Chip Social
3p Daily Chronicle
6p Watch the Sound of Music

14

9:30a Share How We Met Stories
10:30a Peel Oranges
1:30p **Fancy Fingers**
3:30p Wii Games
6p Pass the Face

15

9:30a Rise and Shine
10:30a Make Trail Mix
1p **Hour w/ Chaplin**
3p Crossword Puzzles
6p Macarena

16

HAPPY ST. PATRICK'S DAY
9:30a Balance Exercises
10:30a Wipe Off Tables
1p **St. Patty's Day Social**
3p Patchwork Tissue Paper Shamrock
6p Use Carpet Sweeper

17

9:30a Make Puppy Chow
10:30a Finish the Phrase
1p **Hour w/ Chaplin**
3p Name that Tune
6p Fold Towels

18

World Storytelling Day
9:30a **Story Hour W/ Kay**
10:30a Look at Photos
1p Hokey Pokey
3p **Seedling Tending w/ Sarah**
6p Chicken Soup for the Soul

19

9:30a Mama Said....
10:30a Take a Walk
1p Make a Rootbeer Float
3p Roll Yarn into a Ball
6p Lawrence Welk Show

20

9:30a Imagination Jog
10:30a Rub in Hand Lotion
1p Daily Cronicle
3p Sort Socks
6p Andy Griffith Show

21

9:30a Football Throw
10:30a Remember Papa
1:30p **Fancy Fingers**
3:30p Make Smores
6p Organize Purse

22

Cuddly Puppy Day!
9:30a Puppy Time!
10:30a Water Plants
1p **Hour w/ Chaplin**
3p Chips and Dip Social
6p Seated Exercises

23

9:30a Tic-Tac-Toe
10:30a Daily Chronicle
1p **Teddy Bear Tea w/ Sarah&Trista**
3p Balloon Volleyball
6p Organize Tackle Box

24

9:30a Daily Chronicle
10:30a **Boxed Lunch**
1p **Hour w/ Chaplin**
3p Scrapbooking
6p Fold Clothes

25

9:30a Chair Dancing
10:30a **Pet Therapy**
1p Snack Social
3p Deal Or No Deal
6p Put Silverware Away

26

9:30a Devotional
10:30a Srengthening Exercises
1p Movie and Popcorn
3p Use Carpet Sweeper
6p Lawrence Welk Show

27

Palm Sunday
9:30a Take A Walk
10:30p Ice Cream Sandwichs
1p Daily Chronicle
3p Little House on the Prarie
6p Sort Socks

28

9:30a Balance Exercises
10:30a Fill Bird Feeders
1p **Fancy Fingers**
3p Wii Games
6p Group Crossword

29

9:30a Lift Weights
10:30a Feather Collage
1p **Hour w/ Chaplin**
3p Wheel Of Fortune
6p Clean Windows

30

9:30a Bean Bag Toss
10:30a **Sing-A-Long w/ Trista**
1p Assemble Fruit Kabobs
3p General Store
6p Wipe Off Tables

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