# February Fun!!





# Happiest of Birthdays to...

Marion Ugolini March 12

Carol Cunningham March 13

Joyce Murtle March 22nd











# Irish Blessing

May love and laughter light your days and warm your heart and home.

May good and faithful friends be yours where ever you may roam.

May peace and plenty bless your world with joy that long endures.

May all life's passing seasons bring the best to you and yours!

#### Magnificent March

We are looking forward to a Magnificent March! Many exciting changes are happening here at Bickford of Urbandale! We are now allowed to have performers inside our building, we are able to go on outings and we can have volunteers back in the branch! We are thrilled to be slowly getting back to a sense of 'normal' here!

Casino Day and St. Patrick's Day are our theme days for the month. These days will consist of many casino games and fun snacks as well as learning how to Irish Jig and a Pub Party! We will also be celebrating Popcorn Lover's Day because we LOVE popcorn!! We are very much looking forward to making these days super fun!

Our favorite musicians are back! Jim Quales, The Des Moines Symphony, Dave Gray and Neil Hewitt will all be performing this month. We are thrilled to have some of them be able to perform in person in our branch!

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# March

Pearl's Passions				ar CII			
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CASINO FUN DO YOU FEEL LUGKY? ST. PATRICK'S DAY EAT DRINK & BE IRISH		9a Current Events 9:30a Weights 10:15a Resident Council 1p UNO 2p Bickford Bakers 3p Snack Cart 4p Guided Meditation 4:15p Rosary with Kathy 5:30p Floor Hockey	9a Current Events 9:30a Group Exercise 10a Bible Study 1p Live Piano Music 1:45p Manicures 2:45p Walking Club 3p Snack Cart 6p Adult Coloring	9a News and views 9:30a Stretching 10a Giant Crosswords 1p Target Shopping Trip 2p Bickford Bakers 3p Snack Cart 4p Walking Club 5:30p Name That Tune	9a Current Events 9:30a Group Exercise 10a Chaplain visit 1p Vegas Wheel of Fortune 2p Casino Games & Party 6p King's Corner  4	9a Current Events 9:30a Relaxation & Breathing 10:15a Bingo 1p Scenic Drive 3p Happy Hour 4p Hand Massages 5:30p Balloon & Noodle	9a Current Events 9:30a Group Exercise 10a Music Bingo 1p Music- Aaron Shoemaker 2p Cookies & Coffee 6p Lawrence Welk
	10a Coffee Talk 1p Cards 4p Church Service	9a Current Events 9:30a Weights 10a Wheel of Fortune 1p Music - Dave Gray 2:30p Men's Club 3p Snack Cart 4p What's in a Name 4:15p Rosary with Kathy 5:30p Parachute	9a Current Events 9:30a Group Exercise 10a Bible Study 1p Mini Golf 2:30p Walking Club 3p Snack Cart 6p Adult Coloring	9a News and views 9:30a Stretching 10a Pictionary 1p Music - Neil Hewitt 3p Snack Cart 4p Spa Day 5:30p Dance Party	Popcorn Lover's Day  9a Current Events  9:30a Group Exercise  10a Chaplain visit  1p Popcorn Fun Facts  2p Make Popcorn/Tasting  3p Snack Cart  6p King's Corner  11	9a Current Events 9:30a Relaxation & Breathing 10:15a Bingo 1p Pet Therapy 2:30p Walking Club 3p Happy Hour 4p Ring Toss 5:30p Pictionary	9a Current Events 9:30a Group Exercise 10a Giant Crosswords 1p Trivia Video 2p UNO 3p Snack Cart 6p Lawrence Welk
	10a Coffee Talk 1p Cards 4p Church Service	9a Current Events 9:30a Exercise 10a Trivia Video 1p Scenic Drive 3p Snack Cart 4p Back Massages 4:15p Rosary with Kathy 5:30p Bowling 15	9a Current Events 9:30a Group Exercise 10a Bible Study 1p General Store 2p Manicures 3p Snack Cart 6p Adult Coloring	9a News and Views 9:30a Stretching 10a St. Patricks Day Trivia 1p Pot O' Gold Craft 2p Treasure Hunt 2:30p Pub Party 4p Learn The Irish Jig 5:30p Irish Folktales	9a Current Events 9:30a Group Exercise 10a Chaplain visit 1p Bean Bag Baseball 2p Bickford Bakers 3p Snack Cart 6p King's Corner	9a Current Events 9:30a Relaxation & Breathing 10:15a Bingo 1p Paint & Sip 3p Happy Hour 6p Movie Night	9a News & Views 9:30a Group Exercise 10a Giant Connect 4 1p Balloon Tennis 2p Bickford Bakers 3p Snack Cart 6p Movie Night
	10a Coffee Talk 1p Cards 4p Church Service	9a Current Events 9:30a Weights 10a Wheel of Fortune 1p Target Shopping Trip 3p Snack Cart 4p Guided Relaxation 4:15p Rosary with Kathy 5:30p Chair Soccer 22	9a Current Events 9:30a Group Exercise 10a Bible Study 1p Mini Golf 2p Crochet Club 3p Snack Cart 6p Adult Coloring	9a News and views 9:30a Stretching 10a Giant Crosswords 1p Pet Therapy 2:30p Walking Club 3p Snack Cart 4p Walking Club 5:30p Karaoke	9p Current Events 9:30a Group Exercise 10a Chaplain visit 1p Des Moines Symphony 2p Manicures/Men's Club 3p Snack Cart 6p King's Corner	9a Current Events 9:30a Relaxation & Breathing 10:15a Bingo 1p Name That Tune 2:30p B-day Party!! 3p Snack Cart 4p Balloon Ball 5:30p Facials 26	9a Current Events 9:30a Stretching 10a Wheel of Fortune 1p Crafts 2p Shirley Temple Floats 3p Snack Cart 6p King's Corner
	Palm Sunday 10a Coffee Talk 1p Cards 4p Church Service	9a Current Events 9:30a Weights 10a Trivia Video 1p Music - Jim Quales 2p Bean Bag Baseball 3p Snack Cart 4p Chair Soccer	9a Current Events 9:30a Group Exercise 10a Bible Study 1p Bickford Bakers 2p Manicures 3p Snack Cart 6p Adult Coloring	9a News and views 9:30a Stretching 10a Pictionary 1p Craft 2:30p Walking Club 3p Snack Cart 4p Balloon & Noodle			

4p Balloon & Noodle

5:30p King's Corner

6p Adult Coloring

29

4p Chair Soccer

4:15p Rosary 5:30p Trivia