



DEMENTIA SUPPORT GROUPS

A valuable step toward handling the challenges of a loved one's dementia is connecting with others in similar situations. Our support groups give you the opportunity to learn from family members who have been in your shoes. In addition to receiving encouragement and hearing personal experiences, you can also learn what to expect and how to best plan for your loved one. A support group can reduce stress and feelings of uncertainty - helping you to keep calm and carry on.

Caring for Loved Ones with Dementia Support Group

Presented by: Westminster Canterbury At Home

Tuesday, February 16
5pm-5:30pm
via Zoom

Please RSVP to Heather
ASAP via email at
heather.starr-cress@bickfordseniorliving.com

We look forward to you joining us....



BICKFORD OF VIRGINIA BEACH
2629 Princess Anne Rd., Virginia Beach, VA 23456
www.enrichinghappiness.com/virginiabeach
757-821-0198


assisted living
& memory care