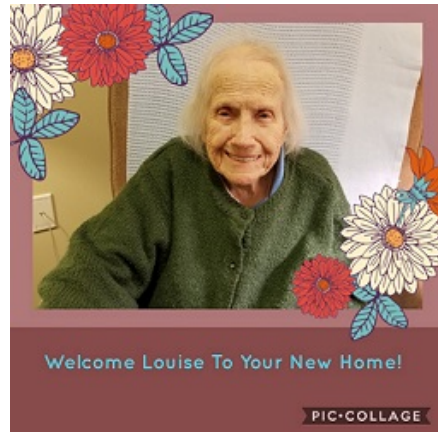


HAPPY NINGS.

We would like to welcome our newest residents to Bickford.

Welcome Patricia And Nicolai



Welcome to our Bickford Family Kim!



Welcome Mary & Cassie



Hello! My name is Kim Atkins. I am a registered nurse. I graduated from Kankakee Community College in 2015. I come from a background in Home Health and Hospice Case Management. I also worked with the Developmentally Disabled. I love to garden, bake, and I am an artist. I enjoy keeping busy and look for things to do that could benefit others. I love teaching and will be available for the extended family as well as for staff in-services. I am excited to bring my organizational skills to Bickford and be a part of the incredible team. I believe that the residents' needs should always come first. As Bickford employees, we should consider it an honor to be a guest in their home. We need to make sure they stay active and feel like they are part of the family. I believe that I can accomplish this through a little moment of time and eye contact with a smile. Although behind a mask it is the most important thing we can give our residents, especially in this new normal way of life. I look forward to getting to know the Bickford family and participating in community events. I consider it an honor to be part of Bickford Senior Living, and hope to start meeting families soon.
-Kim - Mary B's RN Coordinator

February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Feb 7th

Feb 14th

Feb 15th

Feb 17th

Medical Transportation is available every Tuesday & Thursday from 9:00am-4:00pm. Please contact Rene - Life Enrichment Coordinator to make an appointment one week in advance.

9:30 Holy Name Cathedral Mass - Channel 7
10:00 Word Puzzles
3:00 Tailgate Party
5:30 Super Bowl Chiefs VS. Buccaneers

7

9:30 Holy Name Cathedral Mass - Channel 7
10:00 Word Puzzles
1:30 Christian Services with Chaplain Tim
2:30 Bistro Social

14

9:30 Holy Name Cathedral Mass - Channel 7
10:00 Word Puzzles
1:30 Christian Services with Chaplain Tim
2:30 Movie Matinee

21

9:30 Holy Name Cathedral Mass - Channel 7
10:00 Word Puzzles
1:30 Christian Services with Chaplain Tim
2:30 Movie Matinee

28

10:30 Sit & Stretch
11:00 Cranium Crunches
1:30 Silver Sneakers
2:30 Bean Bag Challenge
4:00 Shut the Box

1

Happy Birthday Carol V
10:30 Sit & Stretch
11:00 Cranium Crunches
1:30 Silver Sneakers
2:30 Bean Bag Challenge
4:00 Table Puzzles

8

10:30 Sit & Stretch
11:00 Presidents Trivia
1:30 Silver Sneakers
2:30 Bean Bag Challenge
4:00 Shut the Box

15

Happy Birthday Carol M
10:30 Sit & Stretch
11:00 Cranium Crunches
1:30 Silver Sneakers
2:30 Bean Bag Challenge
4:00 Table Puzzles

22

10:30 Sit & Stretch
11:00 Finish The Phrase
1:30 Silver Sneakers
2:40 Ice Cream Social
3:30 Bingo

2

10:30 Sit & Stretch
11:00 Finish the Phrase
1:30 Silver Sneakers
2:40 Ice Cream Social
3:30 Bingo

9

10:30 Sit & Stretch
11:00 Finish the Phrase
1:30 Silver Sneakers
2:40 Fat Tuesday - Paczki Day (Donuts)
3:30 Bingo

16

10:30 Resident Council
11:00 Finish the Phrase
1:30 Silver Sneakers
2:40 Ice Cream Social
3:30 Doller Tree Bingo

23

10:30 Theraband Exercises
11:00 Spelling Bee
1:30 Silver Sneakers
2:30 Left, Right Center Dice Game
3:30 Phase 10 Cards

3

10:30 Theraband Exercises
11:00 Finish the Lyrics
1:30 Silver Sneakers
2:30 Mens Club with Art
3:30 Phase 10 Cards

10

10:30 Theraband Exercises
11:00 Heart to Heart
2:00 Devotions & Ashes with Chaplain Tia
3:30 Phase 10 Cards

17

10:30 Theraband Exercises
11:00 Finish the Lyrics
1:30 Silver Sneakers
2:30 Red Hatters Club
3:30 Phase 10 Cards

24

10:30 Sit & Stretch
11:00 You Be the Judge
1:30 Silver Sneakers
2:30 Pie Social
3:30 Quarter Bingo

4

10:30 Sit & Stretch
11:00 You Be the Judge
1:30 Silver Sneakers
2:00 Happy Hour
2:30 Your Inner Artist
3:30 Quarter Bingo

11

10:30 Sit & Stretch
11:00 You Be the Judge
1:30 Silver Sneakers
2:00 Pie Social
2:30 Your Inner Artist
3:30 Quarter Bingo

18

10:30 Sit & Stretch
11:00 You Be the Judge
1:30 Silver Sneakers
2:00 Happy Hour
2:30 Your Inner Artist
3:30 Quarter Bingo

25

10:30 Friday Flexes
11:00 Charades
1:30 Silver Sneakers
2:00 Hot Topics & Donuts with Edmund
3:30 Phase 10 Cards
6:30 Movie & Popcorn

5

10:30 Friday Flexes
11:00 Trivia
1:30 Silver Sneakers
2:00 Hot Topics & Donuts with Edmund
3:00 Let, Right Center
6:30 Movie & Popcorn

12

10:30 Friday Flexes
11:00 Family Feud
1:30 Silver Sneakers
2:00 Hot Topics & Donuts with Edmund
3:00 Phase 10 Cards
6:30 Movie & Popcorn

19

10:30 Friday Flexes
11:00 Pictionary
1:30 Silver Sneakers
2:00 Hot Topics & Donuts with Edmund
3:00 Left, Right Center
6:30 Movie & Popcorn

26

10:00 Silver Sneakers
11:00 Word Searches
2:00 Bunco with Colleen
3:00 Cards with Colleen

6

10:00 Silver Sneakers
11:00 Word Searches
1:30 Christian Services with Chaplain Steve
3:00 Kings in the Corner with Colleen

13

10:00 Silver Sneakers
11:00 Word Searches
2:00 Bunco with Colleen
3:00 Cards with Colleen

20

Happy Birthday Mary
10:00 Silver Sneakers
11:00 Word Searches
2:00 Kings in the Corner with Colleen

27

Activities are subject to change. Please check your Daily Activity Sheet for any updates or changes.