

HAPPY NINGS.

Hats Off to Hat Day, January 15, 2021



Fantastic February

"In Febraury
there is everything to hope for
and nothing to regret."
Patience Strong

Celebrate February!

- February's birthstone is amethyst.
- Febraury's flower is the primrose.
- February is the shortest month of the year.
- February is named for the Latin word februum, which means purification.

Resident birthdays: Jackie C (2/2), Betty C (2/25)

BFM birthays: Anna Siebold (2/17)

"February is the border between winter and spring."
Terri Guillemets

Cold and Flue Season

When it comes to February, most of us think of Valentine's Day and love. At Bickford of Wabash, we love our residents. We know you love them, too

Unfortunately, we also think of colds and flu. February is a peak part of cold and flu season, so we'd like to remind you of ways you can minimize the chance of getting either. And, of course, these go for minimizing your chances of getting COVID-19 as well.

- Wash your hands a lot and avoid touching your face. Use hand sanitizer if you can't wash.
- Avoid people who are already sick.
- Keep your surroundings clean. Sanitize doorknobs, remote controls, and light switches often.
- Lead a healthy lifestyle. Eat right. Drink lots of water. Get plenty of rest.

Already sick? Rest. Drink plenty of fluids. Most importantly, stay home. As much as we enjoy seeing you, please wait to visit until you're healthy.

Have a healthy February!

February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Feb 7th

Feb 14th

Feb 15th

Feb 17th

10:30a Bingo
2p Monday Mocha & More
2:30p Laugh Yoga & Hangman
3:30p Sing-A-Long

SUPERBOWL PARTY
11a Balloon Bop
1:30p Puzzle Time
2:15p High Tea
3:30p Church Service
6p Superbowl Party in the Family Room

Happy Valentines Day
11a Balloon Bop
1:30p Puzzle Time
2:15p High Tea
3:30p Church Service

11a Balloon Bop
1:30p Puzzle Time
2:15p High Tea
3:30p Church Service

11a Balloon Bop
1:30p Puzzle Time
2:15p High Tea
3:30p Church Service

10:30a Bingo
2p Monday Mocha & More
2:30p Laugh Yoga & Hangman
3:30p Sing-A-Long

10:30a Bingo
2p Monday Mocha & More
2:30p Laugh Yoga & Story Salad
3:30p Sing-A-Long

PRESIDENT'S DAY
10:30a Bingo
2p Monday Mocha & More
2:30p Laugh Yoga & Presidential Hangman
3:30p Sing-A-Long

10:30a Bingo
2p Monday Mocha & More
2:30p Laugh Yoga & Story Salad
3:30p Sing-A-Long

Happy BDay, Jackie C!
10:30a Manicures
2:00p Jigsaw Puzzle Fun
3p Coffee Klatch
3:30p Food Council
6:45p Yahtze

10:30a Manicures
2:30p Bible Study followed by Ice Cream Party
6:45p Yahtze

10:30a Manicures
2:00p Jigsaw Puzzle Fun
3p Coffee Klatch
6:45p Yahtze

10:30a Manicures
2:00p Jigsaw Puzzle Fun
3p Coffee Klatch
6:45p Yahtze

10:30a Exercise & Chit Chat
2:30p Bible Study followed by Snowball Fight
6:45p Scrabble

10:30a Exercise & Chit Chat
2:00p Jigsaw Puzzle Fun
3p Coffee Klatch
6:45p Scrabble

ASH Wednesday
Happy BDay, Anna S!
10:30a Exercise & Chit Chat
2:30p Bible Study followed by Ash Wednesday Talk
6:45p Scrabble

10:30a Exercise & Chit Chat
2:30p Bible Study followed by Target Practice
6:45p Scrabble

10a Resident Council
10:30a Trivia
2:30p Craft Corner
3:30p Music & Stories
6:45p Puzzle

10:30a Trivia
2:30p Craft Corner
3:30p Music & Stories
6:45p Puzzle

10:30a Trivia
2:30p Craft Corner
3:30p Music & Stories
6:45p Puzzle

Happy BDay, Betty C!
10:30a Trivia
2:30p Craft Corner
3:30p Music & Stories
6:45p Puzzle

10:30a Finish Line Friday
2:30p Dance Class & Story Telling
6:45p Sorry

10:30a Happy Feet
2:30p Valentine's Day Party
6:45p Sorry

10:30a Finish Line Friday
2:30p Dance Class & Story Telling
6:45p Sorry

10:30a Happy Feet
2:30p Dance Class & Story Telling
6:45p Sorry

10a Cornhole
1p Movie Matinee

10a Hot Potato
1p Movie Matinee

10a Cornhole
1p Movie Matinee

10a Hot Potato
1p Movie Matinee

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28