

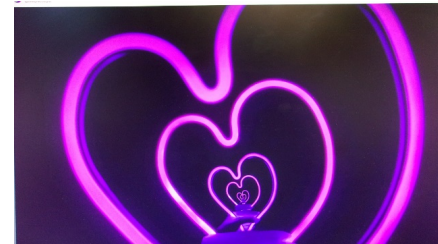
HAPPY NINGS.



Birthday's at Bickford

Ronda Wilkerson---February 8th
Camilla Naftzger---February 19th
Laura Newsom---February 26th

Happy Birthday!



HEALTH ADVICE FROM NURSE HEIDI

At this time of year it's important to remember we can experience upper respiratory problems, colds, flu's, sinus infections. If you are not feeling well, please stay in your apartment. Please encourage visitors who are not feeling well to stay home. Also, remember washing your hands is the best deterrent to stopping the spread of germs. Be sure to cover your cough by coughing into your arm not into your hands.

Valentine's Day Trivia

1. What state produces a majority of America's roses? (California)
2. What is the most popular way to say "Be--Mine"--flowers, cards or candy?(candy)
3. What percent of flowers bought on Valentine's Day are bought by men? (65%)
4. Conversation hearts were first made by what company? (Necco)
5. What is the winged child that shoots love arrows at the unsuspected? (Cupid)
6. Who is Mickey Mouse's valentine? (Minnie)
7. What state has a town called Valentine? (Nebraska)
8. The name Valentine originated in what cultural language? (Latin)
9. The giving of Valentines started during which century? (17th)
10. How much does the average American spend on Valentine's Day? (\$75.00)

February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Feb 7th

Feb 14th

Feb 15th

Feb 17th

10am Exercise DVD
11am Coloring Club
Noon Super Bowl Themed Dinner
1:30pm Marketplace Ministries Church Service-Activity Room
PM Super Bowl Game with snacks ⁷

10am Exercise DVD
11am Coloring Club in Activity Room
Noon Valentine Dinner with Treat Bags!
1:30pm Marketplace Ministries Church
2:15pm Movie "South Pacific" Family Room ¹⁴

10am Exercise DVD in Family Room
11am Adult Coloring Club/Puzzles too!
1:30pm Marketplace Ministries Church Service-Activity Room
3pm Movie & Popcorn ²¹

10am Exercise DVD
11am Rosary Prayed by the Bird Aviary
1:30pm Po-Ke-No Game in Dining Room
2:45pm Balloon Volleyball Game
4pm Walking Club ²²

10am Exercise DVD in Family Room
11am Adult Coloring Club/Puzzles too!
1:30pm Marketplace Ministries Church Service-Activity Room
3pm Movie & Popcorn ²⁸

10am Exercise/Trivia
11am Rosary Prayed by the Bird Aviary
1:30pm Po-Ke-No Game in Dining Room
2:45pm Balloon Volleyball Game
4pm Walking Club ¹

10am Exercise/Trivia
11am Rosary Prayed by the Bird Aviary
1:30pm Po-Ke-No Game in Dining Room
2:45pm Parachute Fun in the Family Room
4pm Walking Club ⁸

Exercise/Presidential Trivia in Family Room
11am Rosary Prayed
Noon Presidential Fun
1:30pm Po-Ke-No Game in Dining Room
2:45 Patriotic Sing-A-Long in Family Room ¹⁵

10am Exercise/Trivia
11am Rosary Prayed by the Bird Aviary
1:30pm Po-Ke-No Game in Dining Room
2:45pm Balloon Volleyball Game
4pm Walking Club ²²

Activity Room for Vaccine Recovery 10am
Exercise/Trivia
11am Read-A-Loud
1:30pm Bingo Game
2:45pm Work on Valentine Cards
2:30 Visits with Chaplain Gloria ²

4pm Walking Club
10am Exercise/Trivia
11 Manicures/Coloring Club in Activity Room
1:30pm Bingo Game in Dining Room
2:45pm Work on Valentine Cards/gifts
2:30 Visits with Chaplain Gloria ⁹

4pm Walking Club
10am Exercise/Trivia in Family Room
11 Manicures/Coloring in Activity Room
1:30pm Bingo Game
2:45 Fat Tuesday Party with a Parade
2:30 Visits with chaplain Gloria ¹⁶

10am Exercise/Trivia
11am Ladies Facials
1:30pm Bingo Game in Dining Room
2:45pm Sing-A-Long with Chaplin Gloria and Apartment Visits
4pm Walking Club ²³

10am Exercise/Trivia
11am Bible Study with Jim-Activity Room
1:30pm Po-Ke-No Game in Dining Room
2:45pm Nifty Ninedies Club to meet!
4pm Walking Club ³

10am Exercise/Trivia
11am Bible Study with Jim-Activity Room
1:30pm Po-Ke-No Game in Dining Room
2:45pm Small Group Fun in Activity Room
4pm Walking Club ¹⁰

9:30 Prayer Service & Ashes Distributed
10am Exercise/Trivia
11am Bible Study with Jim-Activity Room
1:30pm Bingo Game
2:45pm Small Group Fun in Activity Room ¹⁷

10am Exercise/Trivia
11am Bible Study with Jim-Activity Room
1:30pm Bingo Game
2:45pm Make Doggie Biscuits for Humane Society
4pm Walking Club ²⁴

10am Exercise/Trivia
11am Book Club to Meet in Activity Room
1:30pm Bingo Game in the Dining Room
2:45pm Sing-A-Long in the Family Room
4pm Walking Club
5:45 Chaplain Roland ⁴

10am Exercise/Trivia
11am Make Fudge in the Activity Room
1:30pm Bingo Game in the Dining Room
2:45pm Read-A-Loud by the Bird Aviary
4pm Walking Club
4/5:45 Visits & Bible Study ¹¹

with Roland
10am Exercise/Trivia
11am Bus Ride to see the sights!
1:30pm Bingo Game in the Dining Room
2:45pm Bus Ride to see the sights!
4pm Walking Club
4/5:45 Bible Study with Chaplain Roland ¹⁸

10am Exercise/Trivia
11am Book Club to Meet in Activity Room
1:30pm Bingo Game in the Dining Room
2:45pm Resident Council Meeting
4/5:45 Bible Study with Chaplain Roland ²⁵

10am Exercise/Eye Glass Cleaning
11am Bible Study & Sharing-Activity Room
1:30pm Bunco Game in the Dining Room
2:45pm History of Country Music Show in Activity Room/with Refreshments! ⁵

10am Exercise/Eye Glass Cleaning
11am Bible Study & Sharing-Activity Room
1:30pm Bunco Game in the Dining Room
2:45pm History of Country Music Show in Activity Room with ¹²

/Refreshments
10am Exercise/Eye Glass Cleaning
11am Stations of the Cross-All Welcome!
1:30pm Wheel of Fortune Game in Dining Room
2:45pm History of Country Music Show in Activity Room with ¹⁹

Refreshments
10am Exercise/Eye Glass Cleaning
11am Stations of the Cross-All Welcome!
1:30pm Bunco Game in the Dining Room
2:45pm History of Country Music Show in Activity Room with Refreshments ²⁶

10am Exercise DVD
11am Coloring Club/Crossword Puzzles in the Activity Room
1:30pm Bingo Game in the Dining Room
3pm Movie with Bob
4pm Walking Club ⁶

10am Exercise DVD
11am Coloring Club/Crossword Puzzles in the Activity Room
1:30pm Bingo Game in the Dining Room
3pm Movie with Bob
4pm Walking Club ¹³

10am Exercise DVD
11am Coloring Club/Crossword Puzzles in the Activity Room
1:30pm Bingo Game in the Dining Room
3pm Movie with Bob
4pm Walking Club ²⁰

10am Exercise DVD
11am Coloring Club/Crossword Puzzles in the Activity Room
1:30pm Bingo Game in the Dining Room
3pm Movie with Bob
4pm Walking Club ²⁷

* All Activities Subject to Change