





New Year's One-Liner

May all your troubles last as long as your New Year's resolutions.



January Birthdays

Don Kennedy 1-15 Pricilla Thomson 1-17 Edna Phillis 1-26

BFM Spotlight- Leslie Moore LPN

Leslie has been an LPN for 21 years. She has been here with Bickford for 6 years. She serves our residents as people not just patients. Her career goal is to becoming a Holistic Practioner. She is the Mother of 3 beautiful daughters, a grandson and grandaughter. In her spare time, She enjoys painting, mediation and loves the outdoors, especially the beach. Music is a must in her life, and is a full time foodie.



Parl	s Passions
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— January —

Sunday Monday Tuesday Wednesday Thursday Friday Saturday









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n	9 Morning Worship 10:30 Fitness 11 Word Puzzles 1:30 Bingo 3 Social 4 Fitness 6 Listen to Hymn's	3	9 Would you rather? 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	4	9 Bible Study 10:30 Fitness 11Target Practice 1:30 Bingo 2:30 Manicures 4 Fitness 6 Sing along	5	9:30 Coffee Club 10:30 Fitness 11Short Story 1:30 Bingo 3 Craft Club 4 Fitness 6 Wine & Cheese	6	9 Chair Volleyball 10:30 Fitness 11 Plants & Animals 1:30 Bingo 2:30 Tea time! 3 Bible Club 4 Fitness 6 Cards	7	9:30 Trivia 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour 4 Fitness 6 Puzzles	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	9
	9 Morning Worship 10:30 Fitness 11 Word Puzzles 1:30 Bingo 3 Social 4 Fitness 6 Listen to Hymn's	10	9 Buzzword 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	11	9 Bible Study 10:30 Fitness 11Target Practice 1:30 Bingo 2:30 Manicures 4 Fitness 6 Sing along	12	9:30 Coffee Club 10:30 Fitness 11Short Story 1:30 Bingo 3 Craft Club 4 Fitness 6 Fireplace Chat	13	9 Chair Volleyball 10:30 Fitness 11 Plants & Animals 1:30 Bingo 2:30 Tea time! 3 Bible Club 4 Fitness 6 Cards	14	9:30 Third 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour Hat Contest 4 Fitness 6 Puzzles	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	16
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in 7th	9 Morning Worship 10:30 Fitness 11 Word Puzzles 1:30 Bingo 3 Social 4 Fitness 6 Listen to Hymn's	24	9 Royal Snowpile 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	25	9 Bible Study 10:30 Fitness 11Target Practice 1:30 Bingo 2:30 Manicures 4 Fitness 6 Sing along	26	9:30 Coffee Club 10:30 Chocolate Taste Test 11 Resident Store 1:30 Bickford Auction 3 Resident Council 6 Fireplace Chat	27	9 Chair Volleyball 10:30 Fitness 11 Plants & Animals 1:30 Bingo 2:30 Tea time! 3 Bible Club 4 Fitness 6 Cards	28	9:30 Trivia 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour 4 Fitness 6 Puzzles	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	30