

HAPPY YNINGS.

December's "HappYnings"!



Happy Birthday!



Luree Wagner-January 10th

Bickford Family Member Spotlight!

Meet José! José is our Bickford Family Member Spotlight. José is one of our amazing cooks. Residents sing praises of his meals. This devoted Saints Fan, is driven to constantly self improve, and make the best of any situation. Even as an introvert, he will go out of his way to make sure residents and even other BFMs feel like they are important and worthwhile to spend time with. And of course, we love the music he is always listening to in the kitchen. We are thrilled to have José part of our Bickford Family.



Save the Date!

- January 1st-Happy New Year!
- January 6th-Time with the Director
- January 11th-"Dog-Gone Good Time" with Brute and Liz!
- January 12th- Country Drive
- January 13th-COVID-19 Support Group
- January 14th- Resident Council
- January 14th-Country Drive
- January 14th- Dementia Support Group @ 3pm -Please RSVP to Kait Kelly at kaitlyn.kelly@bickfordseniorliving.com
- January 15th- Hat Day!
- January 20th- MLK Jr. Day
- January 20th- Luau Day!
- January 21st- General Store
- January 22nd- "YouTube and You: Men's Edition"
- January 26th- Country Drive
- January 27th- January Birthday Bash!
- January 28th- Country Drive

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy New Year!
Jan 1st

HAT DAY
Jan 15th

LUAU
Jan 20th

Chocolate CAKE Day
Jan 27th

9:30a Des Moines Register
Read Aloud and Sit 2B Fit
10a Music and Relaxation
1p Focus on the Family
2:30p Church
6p Activity Packs
31

9:30a Des Moines Register
Read Aloud and Sit 2B Fit
10a Music and Relaxation
1p Focus on the Family
2:30p Church
6p Activity Packs
3

9:30a Chair Exercise
10:30a Things from the
1940's Word Find
1:30p Happy Hour
2:30p Church
6p Hot Chocolate Social
10

9:30a Des Moines Register
Read Aloud and Sit 2B Fit
10:30a Music and Relaxation
1p Focus on the Family
2:30p Church
6p Activity Packs
17

9:30a Chair Exercise
10:30a Coloring Club
1:30p Peanut Butter Playdoh
2:30p Church
6p Activity Packs
24

9a Chair Yoga w. Daily
Chronicle
10a Remembering Songs
from the 1940's
1p Fun with Food
3p Helping Hands Club
6p Word Scramble
4

9a Chair Yoga w. Daily
Chronicle
10a "Dog-Gone Good Time"
with Brute and Liz
1p Fun with Food
3p Helping Hands Club
6p Word Scramble
11

9a Chair Yoga w. Daily
Chronicle
10a "Who? What? When?"
1p Fun with Food
3p Helping Hands Club
6p Word Scramble
18

9a Chair Yoga w. Daily
Chronicle
10a Tai Chi
1p Fun with Food
3p Helping Hands Club
6p Word Scramble
25

9a Chair Yoga w. Daily
Chronicle
10a Tai Chi
1p Fun with Food
3p Helping Hands Club
6p Word Scramble
25

National Bird Day
9a Zumba
10a Music Reminence
1p Handbell Choir
1:30p Hour with the Chaplin
1:30p Paint Bird Houses
3p Balloon Volley Ball
6p Daily Crossword
5

9a Zumba
10a Music Reminence
1p Handbell Choir
1:30p Hour with the Chaplin
1:30p **Country Drive**
3p Bowling
6p Daily Crossword
12

National Popcorn Day
9a Zumba
10a Music Reminence
1p Handbell Choir
1:30p Hour w/ the Chaplin
1:30p Make Popcorn Balls
3p Popcorn Relay
6p Popcorn Daily Crossword
19

9a Zumba
10a Music Reminence
1p Handbell Choir
1:30p Hour with the Chaplin
1:30p **Country Drive**
3p Bocce Ball
6p Daily Crossword
26

9a Zumba
10a Music Reminence
1p Handbell Choir
1:30p Hour with the Chaplin
1:30p **Country Drive**
3p Bocce Ball
6p Daily Crossword
26

9a Snowball Cup Throw
10a Time with the Director
1p Candy of the 1940's
3p Wii Bowling
6p Coloring Club
6

9a Chair Boxing
10a Boxers of the 1940's
1p COVID-19 Support Group
3p Floor Hockey
6p Coloring Club
13

LUAU
Martin Luther King Jr. Day
9a Hula Dancing
10a Pin the Coconut on the
Palm Tree
1p Tropical Stain Glass
3p Coconut Bowling
6p Luau Coloring Club
20

Chocolate CAKE Day
9a Decorate Chocolate Cupcakes
10a Sit 2B Fit w. Daily Chronicle
1p Art with Cake
3p Big Band Birthday Bash
6p Coloring Club
27

9a Decorate Chocolate Cupcakes
10a Sit 2B Fit w. Daily Chronicle
1p Art with Cake
3p Big Band Birthday Bash
6p Coloring Club
27

9a Morning Warm Up w/
Daily Perk
10a BINGO!
1p Handbell Choir
1:30p Hymn Sing
3p BINGO!
6p Word Search
7

9a Morning Warm Up w/
Daily Perk
10a BINGO!
1p Handbell Choir
1:30p Hymn Sing
3p BINGO!
6p Word Search
7

9a Morning Warm Up w/
Daily Perk
10a Resident Council
1p Handbell Choir
1:30p Hymn Sing
3p Country Drive
3p Dementia Support Group
6p Word Search
14

9a Morning Warm Up w/
Daily Perk
10a BINGO!
1p Handbell Choir
2:30p General Store
6p Word Search
21

9a Morning Warm Up w/
Daily Perk
10a BINGO!
1p Handbell Choir
1:30p Hymn Sing
3p Country Drive
6p Word Search
28

HAPPY NEW YEAR!
9a Walking Club
10a 2020 at a Glance
1p New Year's Coloring Club
3p Movie "When Harry Met
Sally"/Fancy Fingers & Spa Day
6p Big Word Small Word
1

9a Walking Club
10a "The Funny '40's"
1p Fun w. Food-Yogurt
Parfaits
3p Large Scale Dominos
6p Big Word Small Word
8

HAT DAY
9a Walking Club
10a The Hats We Wear
1p Hat Decorating
3p How Many Hats Can
You Stack?
6p Big Word Small Word
15

9a Make Fresh Squeezed
Orange Juice
10a Walking Club
**1p "YouTube and You:
Men's Edition"**
3p Washer Toss
6p Big Word Small Word
22

9a Fun w. Food- Crossaint
S'Mores
10a Walking Club
1p Pictionary
3p Wii Bowling
6p Big Word Small Word
29

9:30a Walking Club
10:30a Geometric Canvas
Painting
1p Cookies and Milk Social
3p Music Hour
6p Lawrence Welk
2

9:30a Walking Club
10:30a Music Hour
1p Movie "5 Flights
Up"/Spa Day
3p Rootbeer Floats
6p Lawrence Welk
9

9:30a Walking Club
10:30a Bird Seed Hanging
Shapes
1p Movie "Murder
Mystery"/Fancy Fingers &
Spa Day
3p Hot Chocolate Social
6p Lawrence Welk
16

National Handwriting Day
9:30a Walking Club
10a History of Handwriting
1p Movie "The Help"/Spa
Day
3p Music And Relaxation
6p Lawrence Welk
23

9:30a Walking Club
10:30a Hot Tea and Coffee
Social
2p Movie "Mulan"/Fancy
Fingers & Spa Day
3p Music Hour
6p Lawrence Welk
30