Middletown

Happy New Year! 2021







New Year's One-Liner

May all your troubles last as long as your New Year's resolutions.

### BFM Spotlight-Leslie Moore LPN

Leslie has been an LPN for 21 years. She has been here with Bickford for 6 years. She serves our residents as people not just patients. Her career goal is to becoming a Holistic Practioner. She is the Mother of 3 beautiful daughters, a grandson and grandaughter. In her spare time, She enjoys painting, mediation and loves the outdoors, especially the beach. Music is a must in her life, and is a full time foodie.





## January Birthdays

Don Kennedy 1-15 Pricilla Thomson 1-17 Edna Phillis 1-26

Pearl's Passions			— January —							
Uenue Galean	Sunday		Monday		Tuesda		Wednesday	V	Thursday	y
Jan 1 st	9 Morning Worship 10:30 Fitness 11 Word Puzzles 1:30 Bingo 3 Social 4 Fitness 6 Listen to Hymn's	31								
I I Jan	<ul> <li>9 Morning Worship</li> <li>10:30 Fitness</li> <li>11 Word Puzzles</li> <li>1:30 Bingo</li> <li>3 Social</li> <li>4 Fitness</li> <li>6 Listen to Hymn's</li> </ul>	3	9 Would you rather? 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	4	<ul> <li>9 Bible Study</li> <li>10:30 Fitness</li> <li>11Target Practice</li> <li>1:30 Bingo</li> <li>2:30 Manicures</li> <li>4 Fitness</li> <li>6 Sing along</li> </ul>	5	<ul> <li>9:30 Coffee Club</li> <li>10:30 Fitness</li> <li>11Short Story</li> <li>1:30 Bingo</li> <li>3 Craft Club</li> <li>4 Fitness</li> <li>6 Wine &amp; Cheese</li> </ul>	6	<ul> <li>9 Chair Volleyball</li> <li>10:30 Fitness</li> <li>11 Plants &amp; Animals</li> <li>1:30 Bingo</li> <li>2:30 Tea time!</li> <li>3 Bible Club</li> <li>4 Fitness</li> <li>6 Cards</li> </ul>	7
15 <sup>th</sup> 15 <sup>th</sup> VACO Jan 20 <sup>th</sup>	<ul> <li>9 Morning Worship</li> <li>10:30 Fitness</li> <li>11 Word Puzzles</li> <li>1:30 Bingo</li> <li>3 Social</li> <li>4 Fitness</li> <li>6 Listen to Hymn's</li> </ul>	10	9 Buzzword 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	11	<ul> <li>9 Bible Study</li> <li>10:30 Fitness</li> <li>11Target Practice</li> <li>1:30 Bingo</li> <li>2:30 Manicures</li> <li>4 Fitness</li> <li>6 Sing along</li> </ul>	12	9:30 Coffee Club 10:30 Fitness 11Short Story 1:30 Bingo 3 Craft Club 4 Fitness 6 Fireplace Chat	13	<ul> <li>9 Chair Volleyball</li> <li>10:30 Fitness</li> <li>11 Plants &amp; Animals</li> <li>1:30 Bingo</li> <li>2:30 Tea time!</li> <li>3 Bible Club</li> <li>4 Fitness</li> <li>6 Cards</li> </ul>	14
	<ul> <li>9 Morning Worship</li> <li>10:30 Fitness</li> <li>11 Word Puzzles</li> <li>1:30 Bingo</li> <li>3 Social</li> <li>4 Fitness</li> <li>6 Listen to Hymn's</li> </ul>	17	9 Royal Snowpile 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	18	<ul> <li>9 Bible Study</li> <li>10:30 Fitness</li> <li>11Target Practice</li> <li>1:30 Bingo</li> <li>2:30 Manicures</li> <li>4 Fitness</li> <li>6 Sing along</li> </ul>	19	9:30 Coffee club luau 10:30 Luau Music 11 Luau Craft's 1:30 Bingo 3 Luau Games 6 Fireplace Chat	20	<ul> <li>9 Chair Volleyball</li> <li>10:30 Fitness</li> <li>11 Plants &amp; Animals</li> <li>1:30 Bingo</li> <li>2:30 Tea time!</li> <li>3 Bible Club</li> <li>4 Fitness</li> <li>6 Cards</li> </ul>	21
	<ul> <li>9 Morning Worship</li> <li>10:30 Fitness</li> <li>11 Word Puzzles</li> <li>1:30 Bingo</li> <li>3 Social</li> <li>4 Fitness</li> <li>6 Listen to Hymn's</li> </ul>	24	9 Royal Snowpile 10:30 Fitness 11Snowball fight 1 Word Puzzles 1:30 Bingo 3 Cooking Club 6 Fitness	25	9 Bible Study 10:30 Fitness 11Target Practice 1:30 Bingo 2:30 Manicures 4 Fitness 6 Sing along	26	9:30 Coffee Club 10:30 Chocolate Taste Test 11 Resident Store 1:30 Bickford Auction 3 Resident Council 6 Fireplace Chat	27	<ul> <li>9 Chair Volleyball</li> <li>10:30 Fitness</li> <li>11 Plants &amp; Animals</li> <li>1:30 Bingo</li> <li>2:30 Tea time!</li> <li>3 Bible Club</li> <li>4 Fitness</li> <li>6 Cards</li> </ul>	28

# Friday

# Saturday

9:30 2021 Trivia 10:30 Fitness 11Resolve to be different 1:30 Bingo 3 Happy Hour 6 Puzzles	1	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	2
9:30 Trivia 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour 4 Fitness 6 Puzzles	8	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	9
9:30 Table 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour Hat Contest 4 Fitness 6 Puzzles	15	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	16
9:30 Trivia 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour 4 Fitness 6 Puzzles	22	9 Where am I? 10:30 Fitness 11 Word Game 1:30 Bingo 3 Social 4 Fitness 6 Movie Time!	23
9:30 Trivia 10 Tone Up 11 Word Game 1:30 Bingo 2 Word Puzzles 3 Happy Hour 4 Fitness 6 Puzzles	29	<ul> <li>9 Where am I?</li> <li>10:30 Fitness</li> <li>11 Word Game</li> <li>1:30 Bingo</li> <li>3 Social</li> <li>4 Fitness</li> <li>6 Movie Time!</li> </ul>	30