

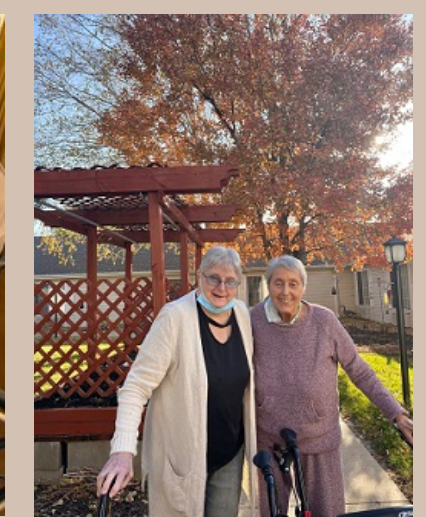
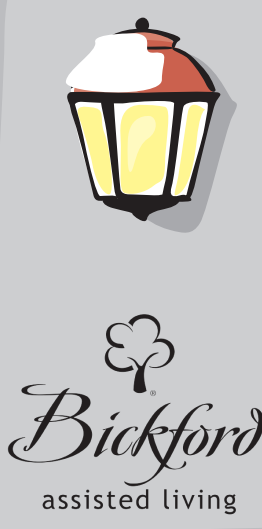


Cedar Falls HAPPENINGS DECEMBER

December Newsletter

Greetings all, Happy Holidays! 'Tis the season for hallmark movies, Christmas carols, hot cocoa, and all the yummy sweet treats that come along with it! Bring on the snowy season because we are ready for it!

On Wednesday, December 9th we will have our Winter Festival to kick off the start of the snowy season. We are going to decorate gingerbread houses, eat some yummy snacks, and have a hot cocoa bar! It should be lots of fun so make sure to mark your calendar and come join us! On Thursday, December 24th we will have a mobile Christmas cart coming your way with a special guest in red. Stay tuned to see who it will be! On Friday, December 25th we will celebrate Christmas. As you can see lots of fun things are planned for this month! Lets get it started!



Upcoming Events:

Wednesday, December 9th: Winter Festival
 Friday, December 25th: Christmas

Resident Birthday's:

2nd: Lary
 6th: Karla
 14th: Elaine
 24th: Arlene
 30th: Willie
 Happy Birthday!!!

BFM Birthday's:

3rd: Bethany
 14th: Ashley
 18th: Kim
 28th: Christy
 29th: Josh
 Happy Birthday!!!



December

S M T W T F S

10:00am Coffee and Morning News
 2:00pm Worship
 6:00pm Movie & Popcorn **6**

9:00am Beauty Salon
 10:30am Stretching
 10:55am Devotions
 11:00am Noodle Ball
 2:00pm **BINGO**
 3:00pm Word Search
 6:00pm Activity w/ Ashley **7**

10:00am Walking Club
 10:30am Weights
 10:55am Devotions
 11:00am Crosswords
 2pm **Resident Council**
 3pm Snow Flake Craft
 6:00pm Manicures w/ Ashley **8**

10:00am Coffee and Morning News
 2:00pm Worship
 6:00pm Movie & Popcorn **13**

9:00am Beauty Salon
 10:30am Stretching
 10:55am Devotions
 11:00am Connect 4
 2:00pm **BINGO**
 3:00pm Word Search
 6:00pm Activity w/ Ashley **14**

10:00am Walking Club
 10:30am Weights
 10:55am Devotions
 11:00am Crosswords
 2pm **Activity w/ Amy**
 3pm **Walker Decorating**
 6:00pm Sip & Craft w/ Ashley

10:00am Coffee and Morning News
 2:00pm Worship
 6:00pm Movie & Popcorn **20**

9:00am Beauty Salon
 10:30am Stretching
 10:55am Devotions
 11:00am Penny Toss
 2:00pm **BINGO**
 3:00pm Word Search
 6:00pm Activity w/ Ashley **21**

10:00am Walking Club
 10:30am Weights
 10:55am Devotions
 11:00am Crosswords
 2:00pm 1:1's Activities
 3pm **Christmas BINGO**
 6:00pm Sip & Craft w/ Ashley **22**

10:00am Coffee and Morning News
 2:00pm Worship
 6:00pm Movie & Popcorn **27**

9:00am Beauty Salon
 10:30am Stretching
 10:55am Devotions
 11:00am Noodle Ball
 2:00pm **BINGO**
 3:00pm Word Search
 6:00pm Activity w/ Ashley **28**

10:00am Walking Club
 10:30am Weights
 10:55am Devotions
 11:00am Crosswords
 2pm **Chats w/ Chelsea**
 3:00pm Adult Coloring
 6:00pm Sip & Craft w/ Ashley **29**

10:00am Walking Club
 10:30am Weights
 10:55am Devotions
 11:00am Crosswords
 2:00pm 1:1 Activities
 3:00pm Word Scramble
 6:00pm Sip & Craft w/ Ashley

10:00am Walking Club
 10:30am Ribbons
 10:55am Devotions
 11:00am Brain Games
 2:00pm Hand Massages & Manicures
 3:00pm **Happy Hour!!**
 6pm Activity w/ Ashley

Winter Festival
 10:30am Ribbons
 10:55am Devotions
 11:00am Brain Games
 2:30pm **Gingerbread House Competition**
 3:30pm **Hot Cocoa Bar**
 6pm Activity w/ Ashley

10:00am Walking Club
 10:30am Ribbons
 10:55am Devotions
 11:00am Brain Games
 2:00pm Hand Massages & Manicures
 3:00pm **Happy Hour!!**
 6pm Activity w/ Ashley

10:00am Walking Club
 10:30am Ribbons
 10:55am Devotions
 11:00am Brain Games
 2pm **Hand Massages & Manicures w/ Bethany**
 3:00pm **Happy Hour!!**
 6pm Activity w/ Ashley

10:00am Walking Club
 10:30am Ribbons
 10:55am Devotions
 11:00am Brain Games
 2:00pm Hand Massages & Manicures
 3:00pm **Happy Hour!!**
 6pm Activity w/ Ashley

10:00am Walking Club
 10:30am Thera-Bands
 10:55am Devotions
 11:00am Spelling Bee
 2:00pm **Help Decorate our Home!!!**
 3pm **LEC Office Hours**
 6:00pm Evening News

10:00am Walking Club
 10:30am Thera-Bands
 10:55am Devotions
 11:00am Spelling Bee
 2:00pm Dominoes
 3pm **LEC Office Hours**
 6:00pm Evening News

10:00am Walking Club
 10:30am Thera-Bands
 10:55am Devotions
 11:00am Spelling Bee
 2:00pm Scrabble
 3pm **LEC Office Hours**
 6:00pm Evening News

10:00am Walking Club
 10:30am Thera-Bands
 10:55am Devotions
 11:00am Spelling Bee
 2:30pm **Christmas Cart Present Deliveries & Christmas Snacks**
 6:00pm Evening News

10:00am Walking Club
 10:30am Thera-Bands
 10:55am Devotions
 11:00am Spelling Bee
 2:00pm Dominoes
 3pm **LEC Office Hours**
 6:00pm Evening News

10:00am Walking Club
 10:30am Bells Exercise
 10:55am Devotions
 11:00pm LRC Game
 2:30pm **Help Decorate our Home!!!**
 3:30pm Friday Snack
 6:00pm Hallmark Movie

10:00am Walking Club
 10:30am Bells Exercise
 10:55am Devotions
 11:00pm Penny Toss
 2:30pm Bible BINGO
 3:30pm Friday Snack
 6:00pm Hallmark Movie

10:00am Walking Club
 10:30am Bells Exercise
 10:55am Devotions
 11:00pm LRC Game
 2:30pm **Snowball Toss**
 3:30pm Friday Snack
 6:00pm Hallmark Movie

Christmas
 Ho, Ho, Ho, Merry Christmas and Happy New Year!!!

10:00am Hot Cocoa and Morning News
 1-4pm Activities with Ashley
 6:00pm Lawrence Welk **5**

10:00am Hot Cocoa and Morning News
 2:00pm **Union High School Christmas Carolers outside dining room window** **12**

10:00am Hot Cocoa and Morning News
 1-4pm Activities with Ashley
 6:00pm Lawrence Welk **19**

10:00am Hot Cocoa and Morning News
 6:00pm Lawrence Welk **26**