

Swirling Autumn Leaves of orange, red and gold, November has a beauty that's easy to behold. A birthday wish for you of happiness and more, may your days be full of what you're thankful for.

> November Birthdays: Antonia Arnold - 16 Raymond Curtis - 30



THANKFUL & BLESSED

















GRATITUDE

Gratitude turns what we have into enough and more.

It turns denial into acceptance, chaos into order, confusion into

It can turn a meal our past, brings into a feast, a home, a stranger into a friend. It turns problems into gifts, failures into successes, the unexpected mistakes into

events.

It can turn existence into a real life, and disconnected situations into important and beneficial lessons. Gratitude makes sense of peace to today and creates a vision for



tomorrow.





assisted living





9:30 Daily News & Views 10:00 Dvd Church Service 2:00 Sunday Stretches 4:00 Worship 6:00 Funniest Home Videos 10:30 Sittercise
11:00 Manicures
2:00 Bingo
3:00 Gartitudes &
Blessings Tree
6:00 Relaxing Sit &
Stretch

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9:45 Wakling Group
10:30 Music- Tim
Mohanna
1:30 Bible Study
2:00 Cliche Charades
6:00 Helping Hands Food For Thought

9:45 Current Events
10:00 Catholic Mass
11:00 Resident Council
2:00 Thankful Door Craft
3:00 Wet Your Whistle
Wedndesday
6:00 Movement To Music

9:45 Thoughtful Thursday10:30 Chair Zumba2:00 Bingo3:00 Turkey Ticklers & Refereshments6:00 Evening Fall Walks

9:45 Friday Fun Facts
10:30 Football Toss
2:00 Fall Garden ClubPinecone Creations
3:00 Finish The Line &
6:00 Balloon Swatt

9:45 Fun Friday Exercise

10:30 Turkey Hangman

3:00 Cream Soda Floats

6:00 Kings In The Corner

2:00 Kindness Acts

9:30 Walking Group 10:30 Word Search 2:00 Thankul Cards 3:00 Bistro Buddies 6:00 Marbles / Board Games

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9:30 Sunday Funnies 10:00 Dvd Church Service 2:00 Sunday Stoll 4:00 Church Service 6:00 Movie & Popcorn

10:30 Sittercise
11:00 Nail Care &
Massages
2:00 Bingo
3:00 Coffee & Chat
6:00 Triominos

10:30 Sittercise

11:00 Manicures

3:00 Travel Talks

6:00 Noodle Ball

2:00 Bingo

9:45 Poker Walkers10:30 Bickford Bakers1:30 Bible Study2:00 Tuesday Trivia & Treats6:00 Holiday Headbands

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Veteran's Day
8:00 Veterans Breakfast
10:00 Catholic Mass
11:00 Patriotic Songs
2:00 Music-Kevin & Heidi
3:00 Thank A Veteran
Notes
6:00 Evening Walks

9:45 Old Time Radio Show 10:30 Walking Group 2:00 Bingo 3:00 Thirsty Thursday 6:00 Wishbone Toss

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9:45 Picture This...
10:30 Sit & Be Fit
2:00 Crossword Puzzles
3:00 Refreshments
6:00 Uno

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9:30 Daily News & Views 10:00 Dvd Church Service 2:00 Sunday Stretches 4:00 Worship 6:00 Funniest Home Videos

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9:45 Moving To Music
10:30 Fun with Food
1:30 Bible Study
2:00 Thanksgivig Price is
Right
6:00 Pumpkin Tic Tac
Toe

9:45 Arm Chair Turkey Trot 10:00 Catholic Mass 2:00 Friendsgiving 3:00 Ice Cream Social 6:00 Midweek Movie & Popcorn

9:45 Autumn Walkers
10:30 Turkey Target Shot
2:00 Thanksgiving
Picture Bingo
3:00 Manager's Special
6:00 Thursday Evening
Hot Topics

9:45 Good Day News 10:30 Chair Zumba 2:00 Name That Tune 3:00 November Birthday Bash 6:00 Turkey Bowling 9:30 Walking Group 10:30 Word Search 2:00 Crochet / Sewing Corner 3:00 Bistro Buddies 6:00 Connect Four

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9:30 Sunday Funnies 10:00 Dvd Church Service 2:00 Sunday Stroll 4:00 Church Service 6:00 Movie & Popcorn

10:30 Sittercise
11:00 Nail Care &
Massages
2:00 Bingo
3:00 Coffee & Chat
6:00 Card Games

9:45 Walking Group 10:30 Bickford Bakers 1:30 Bible Study 2:00 Let's Talk Turkey 6:00 Ring Toss 9:45 Morning Stretches 10:00 Catholic Mass 2:00 Afternoon Walks 3:00 Helping Hands 6:00 Thanksging Traditions

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Thanksgiving
9:00 Past Macy's Day
Parade
10:00 Coffee & Chat
12:00 Thanksgicing Meal
2:00 Football Games
6:00 Family Movie

9:45 Relaxing Music & Color
10:30 Sittercise
2:00 Chicken Soup For The Golden Soul Book
3:00 Apple Cider Chats
6:00 Friday Night Games

9:45 Daily Chronicles 10:30 Sit & Be Fit 2:00 Puzzle Pals 3:00 Refreshments 6:00 Dominoes

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9:30 Daily News & Views 10:00 Dvd Church Service 2:00 Sunday Stretches 4:00 Worship 6:00 Funniest Home Videos 10:30 Sittercise
11:00 Manicures
2:00 Bingo
3:00 Crazy Hat Photo Fun
6:00 Short Stories

November

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