



### November Birthdays!

Anna Mae Costello----November 4th  
 Verna Petersen----November 7th  
 Lois Schwartz----November 7th  
 Marjorie Pete----November 23rd  
 Dr. Richard Forrest----November 28th

November has two birth stones, the Topaz and the Citrine.  
 The flower of November is the Chrysanthemum.

Clinton

# HAPPENINGS

NOVEMBER



### Fun Thanksgiving Facts

- \* The Plymouth Pilgrims were the first to celebrate Thanksgiving.
- \* The first Thanksgiving Celebration lasted three days!
- \* The pilgrims didn't use forks; they ate with spoons, knives, and their fingers.
- \* The annual Macy's Thanksgiving Day Parade tradition began in the 1920's.
- \* In the U.S. about 280 million turkeys are sold for the holiday.
- \* The average weight of a turkey purchased at Thanksgiving is 15 pounds.
- \* The heaviest turkey ever raised was 86 pounds, about the size of a large dog.
- \* Commercially raised turkeys cannot fly.
- \* Mashed potatoes, pumpkin pie, popcorn, milk, corn on the cob, and cranberries were not present on the first Thanksgiving table.
- \* Although, Thanksgiving is widely considered an American holiday, it is also celebrated on the second Monday in October in Canada.
- \* Californians are the largest consumers of turkeys in the United States.

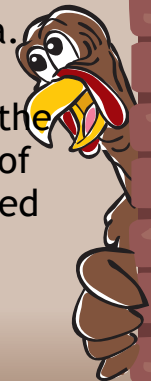
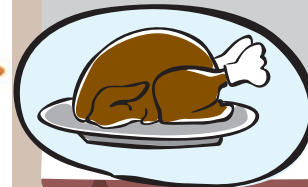


*Bickford*  
 assisted living

### Thanksgiving Prayer

Dear Lord,  
 Where in the past I would have felt afraid, I am thankful for the challenges that will make me rely on Your strength and not my own. Where I would have worried, I am thankful for the knowledge that You make all things work together for my good. Where I would have felt alone, I am thankful for Your comforting presence as I step out in faith against each day's uncertainty. Where I would have worried and panicked, I am thankful for the ressureance that comes

from knowing that nothing is impossible for You. Where I would have wanted an easy victory and a peaceful end, I am grateful to know that You are with me every step of the way. Where I would have wanted more, I am grateful that You have shown me how much I have to be thankful for, in good times and in difficult times. This Thanksgiving I pray for those who do not know You, that they may seek You and find the same sense of peace that I found despite hardships and uncertainty. Amen.





10am Stretch Yoga DVD  
11am Coloring, Checkers, Puzzles in Activity Room  
1:30pm Marketplace  
Ministries Church Service  
3:00pm Movie Time in the Activity Room  
4pm Walking Club 1

10am Exercise/Trivia  
11am Rosary prayed by the Bird Aviary  
1:30pm Po-Ke-No Game in the Dining Room  
3:00pm Balloon Volleyball-Family Room  
4pm Walking Club 2

10am Exercise/Trivia  
11 Manicures/Coloring in the Activity Room  
1:30pm Bingo Game in the Dining Room  
2:30pm Apartment Visits with Chaplain Gloria  
2:45pm Card Making Club in Activity Room 3

Podiatrist Visit  
10am Exercise/Trivia  
11am Small Group fun in the Activity Room  
1:30pm Po-Ke-No Game in the Dining Room  
3pm Book Club to meet in Activity Room 4

10am Exercise/Trivia  
11am Coloring Club in the Activity Room  
1:30pm Bingo Game in the Dining Room  
2:45pm Read-A-Loud by the Bird Aviary  
5:45 Bible Study with Chaplain Roland 5

9:15/9:30am Catholic Communion  
10 Exercise/Trivia/Eye Glass Cleaning  
11 Bible Study to meet  
1:30pm Wheel of Fortune/20 Questions Game Played 6  
3pm Cocktails Served!

10am Exercise DVD  
11am Coloring Club/Crossword Puzzles in Activity Room  
1:30pm Bingo Game in the Dining Room  
3pm Movie with Bob  
6pm Lawrence Welk 7

10am Stretch Yoga DVD  
11am Coloring, Checkers, Puzzles in Activity Room  
1:30pm Marketplace  
Ministries Church Service  
3:00pm Movie Time in the Activity Room 8

10am Exercise/Trivia  
11am Rosary prayed by the Bird Aviary  
1:30pm Po-Ke-No Game in the Dining Room  
2:45pm Bean Bag Tournament!  
4pm Walking Club 9

10am Exercise/Trivia  
11 Manicures/Coloring in the Activity Room  
1:30pm Bingo Game in the Dining Room  
2:30pm Apartment Visits with Chaplain Gloria  
2:45pm Decorate Veteran's Doors 10

**Veteran's Day**  
10am Exercise/Trivia  
11am Patriotic Sing-A-Long in Family Room  
1:30pm Bus Ride to see Memorials  
2:45pm Bus Ride to see Memorials 11

10am Exercise/Trivia  
11am Let's make a treat for the birds  
1:30pm Bingo Game  
2:45pm Sing-A-Long in the Family Room  
4pm Walking Club  
5:45pm Bible Study with Chaplain Roland 12

9:15/9:30am Catholic Communion  
10 Exercise/Trivia/Eye Glass Cleaning  
11am Bible Study in the Activity Room  
1:30am Bunco & 20 Questions Games 13  
2:45pm Hot Apple Cider Served!

10am Exercise DVD  
11am Coloring Club/Crossword Puzzles in Activity Room  
1:30pm Bingo Game in the Dining Room  
3pm Movie with Bob  
6pm Lawrence Welk 14

10am Stretch Yoga DVD  
11am Coloring, Checkers, Puzzles in Activity Room  
1:30pm Marketplace  
Ministries Church Service  
3:00pm Movie Time in the Activity Room 15

10am Exercise/Trivia  
11am Rosary prayed by the Bird Aviary  
1:30pm Po-Ke-No Game in the Dining Room  
3:00pm Balloon Volleyball-Family Room  
4pm Walking Club 16

10am Exercise/Trivia  
11am Small Group Fun in Activity Room  
1:30pm Bingo Game in the Dining Room  
2:30pm Apartment Visits with Chaplain Gloria  
2:45 Card Making Club 17  
4pm Walking Club

10am Exercise/Trivia  
11 Make Apple Cranberry Sauce in Activity Room  
1:30pm Po-Ke-No Game in the Activity Room  
2:45pm Book Club to meet in Activity Room  
4pm Walking Club 18

10am Exercise/Trivia  
11 Manicures/Coloring in Activity Room  
1:30pm Bingo Game in the Dining Room  
2:45pm Nifty Nineties Club meet-Activity Room  
5:45pm Bible Study with Chaplain Roland 19

9:15/9:30am Catholic Communion  
10 Exercise/Trivia/Eye Glass Cleaning  
11am Bible Study in the Activity Room  
1:30pm Wheel of Fortune & 20 Questions Games 20  
3pm Cocktails Served!

10am Exercise DVD  
11am Coloring Club/Crossword Puzzles in Activity Room  
1:30pm Bingo Game in the Dining Room  
3pm Movie with Bob  
6pm Lawrence Welk 21

10am Stretch Yoga DVD  
11am Coloring, Checkers, Puzzles in Activity Room  
1:30pm Marketplace  
Ministries Church Service  
3:00pm Movie Time in the Activity Room 22

10am Exercise/Trivia  
11am Pray the Rosary by the Bird Aviary  
1:30pm Po-Ke-No Game in the Dining Room  
2:45pm Book Club to meet in Activity Room  
4pm Walking Club 23

10am Exercise DVD  
11am Coloring Club in the Activity Room  
1:30pm Bingo Game in the Activity Room  
2:30pm Visits with Chaplain Gloria and a Sing-A-Long in Family Room 24  
4pm Walking Club

10am Exercise DVD  
11 Puzzles/Crosswords in the Activity Room  
1:30pm Po-Ke-No Game in the Dining Room  
4:00pm Walking Club  
5:45pm Bible Study with Chaplain Roland 25

Thanksgiving  
10am Exercise DVD  
10am Macy's Thanksgiving Parade  
Noon Thanksgiving Feast  
2:00pm Walk the Halls!  
3pm Movie & Popcorn 26

9:15/9:30am Catholic Communion  
10 Exercise DVD/Trivia  
11am Card Making Club--Activity Room  
1:30pm Po-Ke-No Game in the Dining Room  
2:45pm 20 Questions 27

10am Exercise DVD  
11am Coloring Club/Crossword Puzzles in Activity Room  
1:30pm Bingo Game in the Dining Room  
3pm Movie with Bob  
6pm Lawrence Welk 28

10am Stretch Yoga DVD  
11am Coloring, Checkers, Puzzles in Activity Room  
1:30pm Marketplace  
Ministries Church Service  
3:00pm Movie Time in the Activity Room 29

10am Exercise/Trivia  
11am Pray the Rosary by the Bird Aviary  
1:30pm Po-Ke-No Game in the Dining Room  
2:45pm Resident Council Meeting-Dining Room  
4pm Walking Club 30

**November**  
\* All activities are subject to change

