



Henry Krohn
 Jim Rolling
 Margy Chamberlain
 Sam Crain

3rd
 6th
 11th
 19th

Urbandale

HAPPENINGS

NOVEMBER



This one's for the Dogs!

We had such a fun time with our dog costume contest in October! The costumes were cute and the dogs were even CUTER!

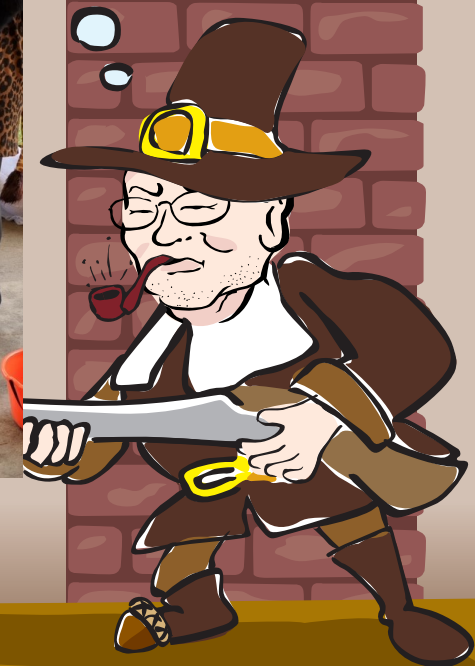
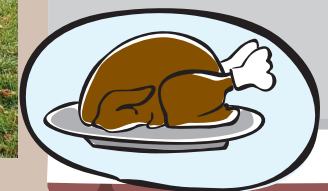


Giving Thanks

We can't believe it is already November! This month is gearing up to be a fun one!

This month we have 5 incredible performances scheduled and 3 of them are new to us! Singing for us is **Aaron Shoemaker** on November 2nd, **Dave Gray** on November 9th, **Neil Hewett** on November 17th and **Adam Whitehead** on November 30th. We are very excited to watch a livestream of Copland and Vivaldi performed by the **Des Moines Symphony Orchestra** on November 24th.

The **Bickford Polls** will be open on Tuesday, November 3rd for all the residents to vote! **Veteran's Day** is Wednesday November, 11th and we are having a parade and a ceremony for our veterans! Closing out our theme days for the month is **Thanksgiving** on Thursday, November 26th. We will be watching the Macy's Thanksgiving Day Parade and some football in the afternoon.





10a Coffee Talk
1p Games
3p Snack Cart

1

9a Current Events
9:30a Exercise Weights
10:15 Wheel of Fortune
1p Aaron Shoemaker
2p Resident Council
3p Snack Cart
4p Hand Massages
4:15p Rosary with Kathy

2

9a Current Events
9:30a Group Exercise
10a Bible Study
1p Bickford Voting Booth
2:30p Coffee & Results
3p Snack Cart
4p Walking Club
5:30p Name That Tune

3

9a News and Views
9:30a Stretching
10:15a Pictionary
10:30a Catholic Mass
1p General Store
2p Manicures/Men's Club
3p Snack Cart
6p Dice

4

9a Current Events
9:30a Group Exercise
10a Chaplain visit
1p Scenic Drive
3p Snack Cart
6p Kings Corner

5

9a Current Events
9:30a Relaxation & Breathing
10:15a Bingo
1p Bean Bag Baseball
2p Uno - \$
3p Happy Hour
6p Movie

6

9a Current Events
9:30a Group Exercise
10:15a Giant Crosswords
1p Veteran's Day Craft
2p Cards
3p Snack Cart
7p Lawrence Welk

7

10a Coffee Talk
1p Games
3p Snack Cart

8

9a Current Events
9:30a Exercise Weights
10:15a Trivia
1p Music- Dave Gray
2p Jokes & Java
3p Snack Cart
4:15p Rosary with Kathy
6p Puzzles

9

9a Current Events
9:30a Group Exercise
10a Bible Study
1p Music Bingo - \$
2p Giant Connect 4
3p Snack Cart
6p Adult Coloring

10

9a News and views
9:30a Stretching
10:15a Veteran Stories
1p Veteran's Day Parade
1:30 Awards Ceremony
2:30a Cookies & Stories
3p Snack Cart
4p Veteran's/War Trivia!!
5:30p History of the Flag

11

9a Current Events
9:30a Group Exercise
10a Chaplain Visit
1p Target Shopping Trip
3p Manicures/Men's Club
3p Snack Cart
6p Kings Corner

12

9a Current Events
9:30a Relaxation & Breathing
10:15a Bingo
1p General Store
2p Wii Bowling
3p Happy Hour
4p Beach Ball
5:30p Whiteboard Game

13

9a Current Events
9:30a Group Exercise
10:15a Wheel Of Fortune
1p Trivia
2p Walking Club
2:30p Movie Matinee & Snack Cart
7p Lawrence Welk

14

10a Coffee Talk
1p Games
3p Snack Cart

15

9a Current Events
9:30a Exercise Weights
10:15a Wheel of Fortune
1p Make a Thankful Tree
2p Manicures/Men's Club
3p Snack Cart
4p Back Massages
4:15p Rosary with Kathy
5:30p Golden Girls Trivia

16

9a Current Events
9:30a Group Exercise
10:15a Bible Study
1p Music- Neil Hewitt
2p Movie Matinee
3:30p Snack Cart
4p Walking Club
5:30p Laughter Yoga

17

9a News and views
9:30a Stretching
10:15a Pictionary
1p Scenic Drive
3p Snack Cart
6p Dice

18

9a Current Events
9:30a Group Exercise
10:15a Chaplain Visit
1p Spa Day
2:30p General Store
3p Snack Cart
4p Make Paper Airplanes
5:30p Karaoke - \$

19

9a Current Events
9:30a Relaxation & Breathing
10:15a Bingo
1p Kings Corner
2:30p November Birthday party!
6p Movie

20

9a Current Events
9:30a Group Exercise
10:15a Hangman
1p Disney Trivia - \$
2p Walking Club
2:30p Cookies & Coffee
3p Snack Cart
6p Puzzles

21

10a Coffee Talk
1p Games
3p Snack Cart

22

9a Current Events
9:30a Exercise Weights
10:15a Trivia
1p Target Shopping Trip
3p Snack Cart
4:15p Rosary with Kathy
6p Puzzles

23

9a Current Events
9:30a Group Exercise
10:15a Bible Study
1p Des Moines Symphony
2p Wii Bowling
3p Snack Cart
4p Balloon Ball
5:30p Blow Bubbles

24

9a News and views
9:30a Stretching
10:15a Pictionary
1p Thanksgiving Trivia
2p Manicures/Men's Club
3p Snack Cart
6p Dice

25

Thanksgiving
9:30a Group Exercise
10a Watch the Macy's Thanksgiving Day Parade
12p Thanksgiving Meal
3:30p Watch Thanksgiving Day Football
6p Kings Corner

26

9a Current Events
9:30a Relaxation & Breathing
10:15a Bingo
1p Bickford Bakers
2p Wheel of Fortune
3p Happy Hour
6p Movie

27

9a Current Events
9:30a Exercise Weights
10:15a Pictionary
1p Name That Tune - \$
2p What are you Thankful for?
3p Snack Cart -Pie
6p Kings Corner

28

10a Coffee Talk
1p Games
3p Snack Cart

29

9a Current Events
9:30a Exercise Weights
10:15a Wheel of Fortune
1p Music- Adam Whitehead
2p Cards & Coffee
3p General Store & Snack
4:15p Rosary with Kathy
6p Puzzles

30

November

