



Cooler weather is fast approaching. Please check your loved ones closet for warmer clothing, lap blankets, slippers, fuzzy socks, sweaters, etc... Winter will be here before you know it.



## REMINDERS AND UPDATES

Our November Support Group will be held November 18 @ 9am till 10:15am @ Crosskey Villages Park 2440 Papillion Pkwy (use your gps-this park is located just a couple blocks from our Bickford on Blondo-it is not in Papillion) This month's topic will be "Making the Holidays Meaningful". Bring your own lawn chair & beverages. Pastries will be provided. We will be near the basketball court social distancing will be implemented. Please contact Celeste at celest.e.norman@bickfordseniorliving.com to RSVP.

Celeste can also give you driving directions if needed. If the weather does not permit, this breakfast club will be cancelled. Hope to see you there.



## A Note From the Director

During these unprecedented times there are so many unknowns. But something we do know is, soup during the fall warms out hearts. We want it to warm yours too! In place of our annual soup supper, Bickford will be delivering soup to your home so you can sit down, and enjoy a Zoom soup supper with all of your loved ones right here at the branch. More details to come via email closer to the date! We can't wait to warm your hearts and your bellies!

Flu season is upon us and Bickford of Hickory will be giving flu vaccines on October 22, 2020 to residents and BFM's. If you have not completed your loved ones flu vaccine form please do so right away and return to Nancy the RN coordinator. This vaccine cannot be given without your signature. If your loved one has already received a flu vaccine please bring in proof of your vaccination with a date and time. We continue to strive and protect your loved ones and vaccination is a key role in the process.

Thank-You  
Nancy Smith RN



Happy Birthday To Our Bickord Family

Resident Birthdays

Linda 11/9

Staff Birthdays

Candice 11/1  
 Faith 11/3  
 Tiffani 11/12  
 Pershell 11/12  
 Terri 11/14  
 Celeste 11/20

Check out our blog at:  
[bickfordseniorliving.com/branch/bickford-of-omaha-hickory](http://bickfordseniorliving.com/branch/bickford-of-omaha-hickory)

"Like" our Facebook page at:  
[facebook.com/bickford/hickory](https://facebook.com/bickford/hickory)



10:00a Mass 10:30a Breathing Exercises / H Cart 2:00p Chaplin Ron 6:00p Sunday Afternoon Movie 1	9:30a Chaplin Laura 10:15a H Cart 2:00p H Cart/ Nov Fun Facts 3:00p Bingo 6:00p Exercise/ H Cart 2	9:30a Noodle Ball 10:15a H Cart 2:00p H Cart/Finish The Phrase 3:00p Baking Club 6:00p Exercise/ H Cart 3	9:30a Walking Club 10:15a H Cart 2:00p H Cart /Craft 3:00p Bingo 6:00p Exercise/ H Cart 4	9:30a Ball Toss 10:15a H Cart 2:00p Sunroom Social 3:00p Manicures 6:00p Exercise/ H Cart 5	9:30a Body Pump 10:15a H Cart 1:30p Hickory Store 2:00p Chaplin Joan 3:00p NoodleBall 6:00p Exercise/ H Cart 6	10:00a Bingo 2:00p Exercise Video 6:00p Lawrence Welk 7
10:00a Mass 10:30a Breathing Exercises / H Cart 2:00p Chaplin Ron 6:00p Sunday Afternoon Movie 8	9:30a Chaplin Laura 10:15a H Cart/Would You Rather 2:00p Hand Massages 3:00p Bingo 6:00p Exercise/H Cart 9	9:30a Seated Soccer 10:15a H Cart 10:45a Im Thankful For... 2:00p Book Club 3:00p Baking Club National Vanilla Cupcake Day 6:00p Exercise/ H Cart 10	11	9:30a Morning Yoga 10:15a H Cart 2:00p Jokes & Riddles 3:00p Manicures 6:00p Exercise/ H Cart 12	9:30a <u>World Kindness Day</u> 10:15a H Cart 2:00p Chaplin Joan 3:00p Fall Crossword Puzzle 6:00p Exercise/ H Cart 13	10:00a Bingo 2:00p Puzzle Time 6:00p Lawrence Welk 14
10:00a Mass 10:30a Breathing Exercises / H Cart 2:00p Chaplin Ron 6:00p Sunday Afternoon Movie 15	9:30a Chaplin Laura 10:15a H Cart 2:00p National Button Day 3:00p Bingo 6:00 Exercise/ H Cart 16	9:30a Simon Says 10:15a H Cart 2:00p H Cart/ Card Games 3:00p Baking Club 6:00p Exercise/ H Cart 17	9:30a Walking Club 10:15a H Cart 2:00p Celebrate Mickey Mouse Bady 3:00p Bingo 6:00p Exercise/ H Cart 18	9:30a Powercise 10:15a H Cart 2:00p Gratitude Game 3:00p Manicures 6:00p Exercise/ H Cart 19	9:30a Chair Exercises 10:15a H Cart 2:00p Chaplin Joan 3:00p Game Time 6:00p Exercise/ H Cart 20	10:00a Bingo 2:00p Game Time 6:00p Lawrence Welk 21
10:00a Mass 10:30a Breathing Exercises / H Cart 2:00p Chaplin Ron 6:00p Sunday Afternoon Movie 22	9:30a Chaplin Laura 10:15a H Cart 2:00p Hand Massages 3:00p Bingo 6:00p Exercise/H Cart 23	9:30a Rise & Shine 10:15a H Cart 2:00p H Cart/Book Club 3:00p Baking Club 6:00p Exercise/ H Cart 24	9:30a Walking Club 10:15a H Cart 2:00p Resident Council 3:00p Bingo 6:00p Exercise/ H Cart 25	9:30a Macys Day Parade 10:15a H Cart 2:00p Monthly Bday Party 3:00p National Cake Day 6:00p Exercise/ H Cart Thanksgiving 26	9:30a Fitness Craze 10:15a H Cart 2:00p Chaplin Joan 3:00p Darts 6:00p Exercise/ H Cart 27	10:00a Bingo 2:00p Word Search 6:00p Lawrence Welk 28
10:00a Mass 10:30a Breathing Exercises / H Cart 2:00p Chaplin Ron 6:00p Sunday Afternoon Movie 29	9:30a Chaplin Laura 10:15a H Cart 2:00p Hand Massages 3:00p Bingo 6:00p Exercise/ H Cart 30	<h1>November</h1>				

