

Cooler weather is fast approaching. Please check your loved ones closet for warmer clothing, lap blankets, slippers, fuzzy socks, sweaters, etc... Winter will be here before you know it.



REMINDERS AND UPDATES

Our November Support Group will be held November 18 @ 9am till 10:15am @ Crosskey Villages Park 2440 Papillion Pkwy (use your gps-this park is located just a couple blocks from our Bickford on Blondo-it is not in Papillion) This month's topic will be "Making the Holidays Meaningful". Bring your own lawn chair & beverages. Pastries will be provided. We will be near the basketball court social distancing will be implemented. Please contact Celeste at celest e.norman@bickfordsenior living.com to rsvp.

Celeste can also give you driving directions if needed. If the weather does not permit, this breakfast club will be cancelled. Hope to see you there.





A Note From the Director

During these unprecedented times there are so many unknowns. But something we do know is, soup during the fall warms out hearts. We want it to warm yours too! In place of our annual soup supper, Bickford will be delivering soup to your home so you can sit down, and enjoy a Zoom soup supper with all of your loved ones right here at the branch. More details to come via email closer to the date! We can't wait to warm your hearts and your bellies!

Flu season is upon us and Bickford of Hickory will be giving flu vaccines on October 22, 2020 to residents and BFMs. If you have not completed vour loved ones flu vaccine form please do so right away and return to Nancy the RN coordinator. This vaccine cannot be given without your signature. If your loved one has already received a flu vaccine please bring in proof of vour vaccination with a date and time. We continue to strive and protect your loved ones and vaccination is a key role in the process.

Thank-You Nancy Smith RN







Happy Birthday To Our Bickord Family

Resident Birthdays

Linda 11/9

Staff Birthdays

Candice 11/1 Faith 11/3 Tiffani 11/12 Pershell 11/12 Terri 11/14 Celeste 11/20

Check out our blog at: bickfordseniorliving.com/branch/bickfordof-omaha-hickory

"Like" our Facebook page at: facebook.com/bickford/hickory



10:00a Mass

6:00p Sunday

Afternoon Movie

10:30a Breathing

Execises / H Cart

2:00p Chaplin Ron

Afternoon Movie

10:30a Breathing

Execises / H Cart

2:00p Chaplin Ron

Afternoon Movie

10:30a Breathing

Execises / H Cart

2:00p Chaplin Ron

Afternoon Movie

10:30a Breathing

Execises / H Cart

Afternoon Movie

9:30a Chaplin Laura

2:00p H Cart/ Nov

10:15a H Cart

Fun Facts

H Cart

3:00p Bingo

You Rather

3:00p Bingo

Cart

6:00p Exercise/

9:30a Chaplin Laura

10:15a H Cart/Would

2:00p Hand Massages

6:00p Exercise/H

9:30a Chaplin Laura

6:00 Exercise/ H Cart

9:30a Chaplin Laura

2:00p Hand Massages

10:15a H Cart

6:00p Exercise/H

9:30a Chaplin Laura

2:00p Hand Massages

6:00p Exercise/ H

10:15a H Cart

3:00p Bingo

Cart

3:00p Bingo

Cart

10:15a H Cart

2:00p National

Button Day

3:00p Bingo



9:30a Noodle Ball

2:00p H Cart/Finish

3:00p Baking Club

6:00p Exercise/ H

9:30a Seated Soccer

10:45a Im Thankful

2:00p Book Club

3:00p Baking Club

National Vanilla

Cupcake Day

10:15a H Cart

10:15a H Cart

The Phrase

Cart

For...

Games

Cart

23

30



9:30a Walking Club

2:00p H Cart /Craft

6:00p Exercise/ H

10:15a H Cart

3:00p Bingo



9:30a Ball Toss

10:15a H Cart

2:00p Sunroom

3:00p Manicures

6:00p Exercise/ H

9:30a Morning Yoga

10:15a H Cart

2:00p Jokes &

3:00p Manicures

6:00p Exercise/

9:30a Powercise

2:00p Gratitude

3:00p Manicures

6:00p Exercise/

10:15a H Cart

Riddles

H Cart

Game

H Cart

Parade

5

<u>Day</u>

Puzzle

H Cart

Social

Cart





10:00a Bingo 2:00p Exercise Video 6:00p Lawrence

9:30a Body Pump 10:15a H Cart 1:30p Hickory Store 2:00p Chaplin Joan 3:00p NoodleBall 6:00p Exercise/ H Cart

9:30a World Kindness

2:00p Chaplin Joan

3:00p Fall Crossword

10:15a H Cart

6:00p Exercise/

10:00a Bingo 6:00p Lawrence

14

28

10:00a Bingo 6:00p Lawrence Welk

2:00p Word Search 6:00p Lawrence Welk

Welk

2:00p Puzzle Time Welk

2:00p Game Time

10:00a Bingo

27

20

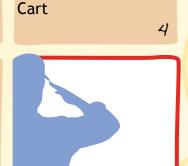
9:30a Chair Exercises 10:15a H Cart 2:00p Chaplin Joan 3:00p Game Time 6:00p Exercise/ H Cart

9:30a Macvs Day 9:30a Fitness Craze 10:15a H Cart 10:15a H Cart 2:00p Chaplin Joan 2:00p Monthly Bday 3:00p Darts 6:00p Exercise/ H Cart

19

6:00p Exercise/

H Cart Thanksgiving



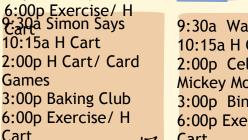
9:30a Walking Club 10:15a H Cart 2:00p Celebrate Mickey Mouse Bady 3:00p Bingo 6:00p Exercise/ H Cart 18

9:30a Walking Club 10:15a H Cart 2:00p Resident Council 3:00p Bingo 6:00p Exercise/ H

Party 3:00p National Cake Day 25







9:30a Rise & Shine

10:15a H Cart 2:00p H Cart/Book Club 3:00p Baking Club 6:00p Exercise/ H Cart

Cart 24



