



Moments of Happiness is a dynamic program designed for those individuals that might benefit from extra individual attention. This may be anything from a physical need, or a social emotional need. If you feel that your loved one may be a candidate for this Bickford program, please contact Candice, Director.

Cooler weather is fast approaching. Please check your loved ones closet for warmer clothing, lap blankets, slippers, fuzzy socks, sweaters, etc... Winter will be here before we know it



UPDATES

Our October Breakfast Club meeting will be held on October 21 @ 9 am till 10:15am @ Crosskey Villages Park 2440 Papillion Pkwy (use your gps- this park is located just a couple blocks from our Bickford on Blondo- it is not in Papillion) This month's topic will be "Palliative Care vs Hospice". Bring your own lawn chair & beverage pastries will be provided- we will be near the basketball court social distancing will be implemented. Please contact Celeste at celeste.norman@bickfordseniorliving.com to RSVP. Celeste can also

give you driving directions if needed. If the weather does not permit, this breakfast club will be cancelled. Hope to see you there.



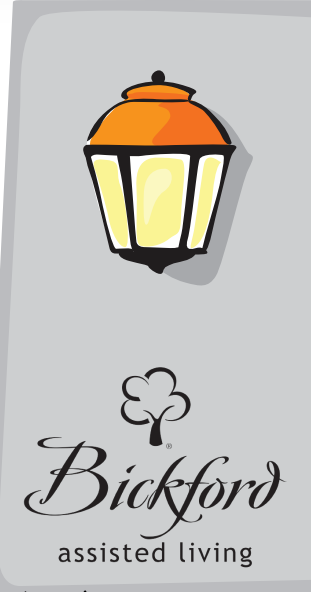
PIC-COLLAGE



Its about that time! Along with all the new activities fall brings, it also is prime time for the flu bug. To keep our residents safe we will be providing flu shots for residents and staff.

We are all still working very hard to make this new way of life comfortable for your loved ones as well as you all. Please be patient as we do our best to work out any kinks. The staff here at Bickford truly appreciate your support and love through these times.

In order for your loved one to receive a flu shot, you will need to contact Nancy before October 19th and also complete a consent form. Nancy will be administering these shots the week of October 19th.



Happy Birthday To Our Bickford Family

Resident Birthdays

Frances 10/4

Staff Birthdays

Theda 10/16
Tinasia 10/23
Latroia 10/31

October



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Check out our blog at:
enrichinghappiness.com/omaha/hickory

"LIKE" our Facebook page at:
facebook.com/bickford/hickory



10:00a Televised Church Service
10:30a H Cart
11:00a Facts In The News
2:00p Chaplin Ron
6:00p Word Search ⁴

10:00a Televised Church Service
10:30a H Cart
11:00a Facts In The News
2:00p Chaplin Ron
6:00p Word Search ¹¹

10:00a Televised Church Service
10:30a H Cart
11:00a Facts In The News / Chocolate Cupcake Day
2:00p Chaplin Ron ¹⁸
6:00p Word Search

10:00a Televised Church Service
10:30a H Cart
11:00a Facts In The News
2:00p Chaplin Ron
6:00p Word Search ¹⁵

9:30a Chaplin Laura
10:15a Staff and Resident Door Decorating Contest
2:00p Bingo
3:00p Hand Massages
6:00p NoodleBall ⁵

9:30a Chaplin Laura
10:00a H Cart
10:30a Simon Says
2:00p Bingo
3:00p **Joe Taylor**
6:00p Patio Pals ¹²

9:30a Chaplin Laura
10:00a H Cart
10:30a Fall Jokes
2:00p Bingo
3:00p Hand Massages
6:00p Would You Rather ¹⁹

9:30a Chaplin Laura
10:15a National Pumpkin Decorating Day
2:00p Roast Pumpkin Seeds
3:00p Hand Massages
6:00p Americas Funniest Videos ²⁶

9:30a Spider Crawls
10:00a H Cart
10:30a Simon Says
2:00p Clip Coupons
3:00p Baking Club
6:00p Animal Sounds ⁶

9:30a Sittercise
10:00a H Cart
10:30a Reflections
2:00p Pumpkin Bowling
3:00p Baking Club
6:00p Card Games ¹³

9:30a Seated Soccer
10:00a H Cart
10:30a Virtual Vacation Spots
2:00p Hangman
3:00p Baking Club
6:00p Puzzle Time ²⁰

9:30a Senior Bootcamp
10:00a H Cart
10:15a What Would You Do?
2:00p Campfire Songs ²⁷
3:00p Baking Club
6:00p UNO

Family History Day
9:30a Family Walk
10:00a H Cart
10:30a Family Thumbprints
2:00p Family Bingo
3:00p **Danelle** ⁷

9:30a Walking Club
10:00a H Cart
10:30a Potato Peeling
2:00p Bingo
3:00p Craft Corner
6:00p Book Club ¹⁴

9:30a Walking Club
10:00a H Cart
10:30a Potato Peeling
2:00p Bingo
3:00p Resident Council ²¹
6:00p Book Club

9:30a Walking Club
10:00a H Cart
10:30a Potato Peeling
2:00p Bingo
3:00p Craft Corner
6:00p Book Club ²⁸

9:30a October Stretch
10:15a H Cart
2:00p Homemade Cookie Day
3:00p Manicures
6:00p Kick Ball ¹

9:30a Boo Kicks
10:00a H Cart
10:30a Name That Tune
2:00p Mens Club
3:00p Manicures
6:00p Baking Club ⁸

9:30a Stretch & Flex
10:30a H Cart
10:15a I Love Lucy Fun Facts
2:00p I Love Lucy Matinee
3:00p Womens Clubs
6:00p Game Night

9:30a Chair Stretches
10:00a H Cart
10:30a Cleaning Club
2:00p Monthly Bday Party/**Rich Patten**
6:00p Wii Bowling ²²

9:30a Chair Exercises
10:00a H Cart
10:30a Virtual Zoo Trip
2:00p Curl up in blankets and tell scary stories ²⁹
6:00p Game Night

9:30a Wicked Action
10:00a H Cart
10:15a Chaplin Joan
2:00p Friday Funnies
3:00p Stuff Envelopes
6:00p Movie Night ²

9:30a NoodleBall
10:00a H Cart
10:15a Chaplin Joan
2:00p **Crafting with Celeste**
3:00p **Dick S**
6:00p Movie Night ⁹

9:30a Aerobic Class
10:00a H Cart
10:15a Chaplin Joan
2:00p Word Search Time
3:00p Bickford Store
6:00p Movie Night ¹⁶

9:30a Friday Fit
10:00a H Cart
10:15a Chaplin Joan
2:00p Fold Laundry
3:00p Bickford Store
6:00p Movie Night ²³

9:30a Powercise
10:00a H Cart/
National Candy Corn Day
10:15a Chaplin Joan
1:30P Halloween Party Resident/Staff ³⁰
6:00p Movie Night

10:00a NoodleBall
10:45a H Cart
2:00p Bingo
6:00p Lawrence Welk ³

10:00a Chair Exercises
10:45a H Cart
11:00a Bickford Store
2:00p Bingo
6:00p Lawrence Welk ¹⁰

10:00a Football Toss
10:45a H Cart
2:00p Bingo
6:00p Lawrence Welk ¹⁷

10:00a Senior Motion
10:45a H Cart
2:00p Bingo
6:00p Lawrence Welk ²⁴

Halloween
9:30a Trick Or Treat Craft /Caramel Apple Day
10:15a Trick Or Treat Trivia
2:00p Bingo ³¹
6:00p Lawrence Welk