

## **Dementia Support Group for Families**

We know this is an unprecedented time. Please join us outside the building in the parking lot at Bickford of West Des Moines for an opportunity for families of loved ones with dementia to connect and support one another. Bring your lawn chair. We will provide a beverage and cookies!

Thursday, October 8th 3:00 pm - 4:00 pm

## Let Me Introduce Myself...



My name is Karin Price, and I am the new Life Enrichment Coordinator at Bickford Senior Living! I currently live with my family in Ankeny. I have three children who are 9, 6, and 4. I have been married for almost 12 years to my husband, Marcus, a

band director for Ankeny Public schools, and I have a dog, Lady, who will occasionally visit the residents. I sing, do a variety of art, and play French horn. I have a background in Music Edcuation, teaching ESL, Production Management, Customer Service, and Early Childhood Education. As the Life Enrichment Coordinator, I will strive everyday to enrich the lives of the residents at Bickford Senior Living, to see their most divine potential, even with obstacles and impairments in their way. I will strive that they too can see how wonderful, valued, dignified, and divine individuals they truly are.





Double, double toil and trouble;

Fire burn and caldron bubble.

West Des Moines

Fillet of a fenny nake,

the caldron boil and bake;

Eye of newt and toe of frog,

Wool of bat and tong,

Adder's fork and blind-worm's sting,

Adder's fork and blind-worm's sting,

Lizard's leg and howlet's wing,

For a charm of powerful trouble,

Like a hell-broth boil and bubble.

Double, double toil and trouble;

Fire burn and caldron bubble.

Cool it with a baboon's blood,

Then the charm is firm and good.



Остовеч









## October

9a Sit and Stretch 10a Patio Time 2:30p Church 3:30 Focus on the Family 6p Television from the Past

9a Chair Yoga w/Daily News 10a Music Monday 2p Set-up Movie Matinee 3p Movie Matinee-As Good As It Gets 5 6p Trivia

1p Hour with the Chaplin 3p Social Hour 6p Crossword

> 9a Sit to be Fit w/Daily Chronicle 10a Apple Suncatchers 1p Helping Hands Club 3p Journaling Club 6p Coloring Club

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9a Sit to be Fit

1p "Where in the

3p Journaling Club

6p Coloring Club

10a Journal

Decorating

World..."

9a Sit to be Fit w/Daily Chronicle 10a Leaf Printing 1p Helping Hands Club 3p Journaling Club 6p Coloring Club

w/ Daily Perk 10a BINGO 1p Hour with the Chaplin 3p Country Drive 6p Word Search

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9a Walking Club 10a Music Friday 1:30p Fancy Fingers & Spa Day 3p Pumpkin Bowling 6p Big Word Small Word

Halloween 9a Walking Club Trista



9a Sit and Stretch

9a Chair Yoga w/Daily News 10a Patio Time 10a Music Monday 2:30p Church 3:30 Focus on the 2p Set-up Movie Matinee Family 6p Television from the 3p Monday Matinee-The Addams Family Past 6p Trivia

9a Sit and Stretch 9a Chair Yoga w/Daily 10a Patio Time News 2:30p Church 10a Music Monday 2p Set-up Movie Matinee 3:30 Focus on the 3p Monday Matinee-Family Nightmare Before 6p Television from the Chirstmas Past 6p Trivia

9a Sit and Stretch 9a Chair Yoga w/Daily 10a Patio Time News 2:30p Church 3:30 Focus on the Family 6p Television from the Past 25

9a Morning Exercise 10a Travel to Egypt

9a Morning Exercise 10a Travel to China 1p Hour with the Chaplin **3p Social Hour** 6p Crossword

9a Morning Exercise 9a Flu Shots w/ Liz 10a Travel to England 1p Hour with the Chaplin 2p Door Decorating 3p Social Hour

9a Morning Exercise 10a Travel to Germany 1p Hour with the Chaplin **3p Social Hour** 6p Crossword

6p Crossword

9a Sit to be Fit w/Daily Chronicle 10a Pumpkin Panting 1p Helping Hands Club 3p Journaling Club 6p Coloring Club

9a Morning Warm Up w/ Daily Perk 10a BINGO 1p Hour with the Chaplin 3p Country Drive 6p Word Search 15

9a Morning Warm Up w/ Daily Perk 10a Decorate for Halloween 1p Hour with the Chaplin 3p Country Drive 6p Word Search 22

9a Morning Warm Up

9a Walking Club 9a Walking Club 10a Fun with Food-10a Coffee, Donuts, Frosting Fall Cookies and Remineisce 1:30p Fancy Fingers & 1p Creative Corner Spa Day 3p Sports of the Past 3p Corn Hole Tournament 6p Lawrence Welk

9a Walking Club 10a Fun with Food-**Apple Turnovers** 1:30p Fancy Fingers & Spa Day 3p Catch the Apple 6p Big Word Small

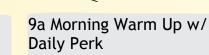
9a Walking Club 10a Fun with Food-Ghost Strawberries 1:30p Fancy Fingers & Spa Day 3p Halloween Pictionary 6p Big Word Small Word

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9a Walking Club 10a Coffee, Donuts, and Remineisce 1p Creative Corner 3p Sports of the Past 6p Lawrence Welk

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9a Morning Warm Up w/

Chocolate Chip Cookies

1p Hour with the Chaplin

10a Fun with Food-

2:30p Country Drive

6p Word Search

Daily Perk

10:30a Resident Council 1p Hour with the Chaplin 3p Country Drive 6p Word Search

> 6p Big Word Big Word 8

9a Walking Club

Contest"

Spa Day

10:30a "Best Smile

1:30p Fancy Fingers &

3p Ring Toss Tournament

6p Big Word Small Word

Word

3p Sports of the Past 6p Lawrence Welk

9a Walking Club

Trista

10a Sing-Along with

1p Creative Corner

9a Walking Club

Trista

10a Sing-Along with

1p Creative Corner

6p Lawrence Welk

3p Sports of the Past

17

10

30

10a Fun with Food-Pumpkin Bars

2p Set-up Movie Matinee 3p Monday Matinee-**Hocus Pocus** 

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6p Trivia 26

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