



Hi my name is Kelcie Loughren and I am the new intern here at Bickford of Cedar Falls! I am a senior at the University of Northern Iowa studying family services and gerontology. Some of my hobbies include spending time with my friends and family, traveling, and water skiing. I am so excited get started! I can't wait to meet you all!

Cedar Falls

HAPPENINGS

SEPTEMBER



Bickford FUN

Lots of smiles!

Check it out!



September Newsletter

Welcome September, you sure came fast! The official month of all things FALL!!! Crisp mornings, colorful trees, pumpkin spice everything... bring it on! Some exciting things will be happening this month here at Bickford Cedar Falls and we can't wait to get started.

During this month we will celebrate National Assisted Living Week to honor and recognize the incredible care provided by essential caregivers in assisted living communities. The theme for this year is 'Caring is Essential' which seems to fit well

during this crazy unprecedented time. We know the past few months have been hard for everyone but we are excited to continue on moving forward in getting our Branch back to "normal" whatever that might be now. We have started back up with front porch visits and are now allowing families back into our Branch with restrictions. We are so excited to see families back in the Branch and look forward to the future steps of moving forward. We thank each one of you for your patience, prayers, and love during this time. Cheers to a new month of so much happiness and fun!!!



Upcoming Events:

Monday, September 7th: Labor Day
 Sunday, September 13th: Grandparent's Day
 Wednesday, September 23rd: 50's Day
 Saturday, September 26th: Walk To End Alzheimer's

National Assisted Living Week: Caring is Essential - Sunday, September 13th- Saturday, September 19th

Please join us in wearing the designated color of the day starting on Monday the 14th through Friday the 18th as we recognize the **incredible** care provided by essential caregivers in assisted living communities. On each designated color day, wear as much of that color as you can to help celebrate this special week! At the end of each day we will announce 1 winner for best dress. Lets have some fun!

- Monday 14th: Groovy Green
- Tuesday 15th: Pretty N' Pink
- Wednesday 16th: Powerful Purple
- Thursday 17th: Beaming Blue
- Friday 18th: Rockin' Red

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September

2:00pm Worship
 6:00pm Movie & Popcorn

Labor Day
 "Nothing ever comes to one that is worth having except as a result of hard work."
 Have a safe and fun Labor Day!!!

Grandparent's Day
 Happy Grandparents Day! Flower and cupcake deliveries coming your way!

9:00am Beauty Salon
 10:15am Stretcing
 10:45am Devotions
 11:00pm Connect 4
 2:00pm BINGO
 3:00pm Word Search
 6:00pm Puzzles

2:00pm Worship
 6:00pm Movie & Popcorn

9:00am Beauty Salon
 10:15am Stretcing
 10:45am Devotions
 11:00pm Noodle Ball
 2:00pm BINGO
 3:00pm Word Search
 6:00pm Game Night

2:00pm Worship
 6:00pm Movie & Popcorn

9:00am Beauty Salon
 10:15am Stretcing
 10:45am Devotions
 11:00pm Connect 4
 2:00pm BINGO
 3:00pm Word Search
 6:00pm Movie Night

10:00am Walking Club
 10:15am Weights
 10:45am Devotions
 11:00am Crosswords
 2:00pm 1:1's w/ Kelcie
 3:00pm Pictionary
 6:00pm Sip & Craft w/ Ashley

10:00am Walking Club
 10:15am Weights
 10:45am Devotions
 11:00am Crosswords
 2pm Resident Council
 3:00pm Word Scramble
 6:00pm Sip & Craft w/ Ashley

10:00am Walking Club
 10:15am Weights
 10:45am Devotions
 11:00am Crosswords
 2:00pm 1:1's w/ Kelcie
 3:00pm Trivia
 6:00pm Sip & Craft w/ Ashley

10:00am Walking Club
 10:15am Weights
 10:45am Devotions
 11:00am Crosswords
 2:00pm Board Games
 3:00pm 50 Fifty BINGO
 6:00pm Sip & Craft w/ Ashley

10:00am Walking Club
 10:15am Weights
 10:45am Devotions
 11:00am Crosswords
 2:00pm 1:1's w/ Kelcie
 3pm Dicebreaker Game
 6:00pm Sip & Craft w/ Ashley

10:00am Walking Club
 10:15am Ribbons
 10:45am Devotions
 11:00am Brain Games
 2:00pm Hand Massages & Manicures
 3:00pm Happy Hour!!!
 6pm Evening Activity

10:00am Walking Club
 10:15am Ribbons
 10:45am Devotions
 11:00am Brain Games
 2:00pm Activity w/ Amy
 3:00pm Happy Hour!!
 6pm Evening Activity

10:00am Walking Club
 10:15am Ribbons
 10:45am Devotions
 11:00am Brain Games
 2:00pm Beauty Day w/ Bethany- Manicures
 3:00pm Happy Hour!!
 6pm Evening Activity

50's Day
 10:00am Walking Club
 10:15am Ribbons
 10:45am Devotions
 11:00am Brain Games
 2:30pm 50's Party-Name that tune
 3:30pm Chocolate Malt

10:00am Walking Club
 10:15am Ribbons
 10:45am Devotions
 11:00am Brain Games
 2:00pm Hand Massages & Manicures
 3:00pm Happy Hour!!!
 6pm Evening Activity

10:00am Walking Club
 10:15am Thera-Bands
 10:45am Devotions
 11:00am Spelling Bee
 2:00pm Water Flowers & Garden Work
 6:00pm Evening News

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 10:15am Thera-Bands
 10:45am Devotions
 11:00am Spelling Bee
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 6:00pm Evening News

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 6:00pm Evening News

10:00am Walking Club
 10:15am Thera-Bands
 10:45am Devotions
 11:00am Spelling Bee
 2:00pm Water Flowers & Garden Work
 3:00pm Chats w/ Chelsea
 6:00pm Evening News

10:00am Walking Club
 10:15am Thera-Bands
 10:45am Devotions
 11:00am Brain Games
 2:00pm Hand Massages & Manicures
 3:00pm Happy Hour!!!
 6pm Evening Activity

10:00am Walking Club
 10:15am Bells Exercise
 10:45am Devotions
 11:00am Penny Toss
 2:30pm Hedbanz Game
 3:30pm Friday Snack
 6:00pm Friday Flick

10:00am Walking Club
 10:15am Bells Exercise
 10:45am Devotions
 11:00am Noodle Ball
 2:30pm Chat Packs
 3:30pm Friday Snack
 6:00pm Friday Flick

10:00am Walking Club
 10:15am Bells Exercise
 10:45am Devotions
 11:00am LRC Game
 2:30pm Cookie Decorating
 3:30pm Friday Snack
 6:00pm Friday Flick

10:00am Walking Club
 10:15am Bells Exercise
 10:45am Devotions
 11:00am Penny Toss
 2:30pm Dominoes
 3:30pm Friday Snack
 6:00pm Friday Flick

Resident Birthday's:
 9th: Ken
 14th: Luanne
 22nd: Bob L
 30th: Betty
 Happy Birthday!!!

9:00am Coffee & Morning News
 1-4pm Activities w/ Ashley
 6:00pm Lawrence Welk

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 1-4pm Activities w/ Ashley
 6:00pm Lawrence Welk

9:00am Coffee & Morning News
 1-4pm Activities w/ Ashley
 6:00pm Lawrence Welk

10:00am Walk To End Alzheimer's
 1-4pm Activities w/ Ashley
 6:00pm Lawrence Welk

BFM Birthday's:
 8th: Taylor
 13th: Wendy
 11th: Jessie
 28th: Regan
 Happy Birthday!!!

