

September Resident Birthdays

Bonnie McConohy----Sept. 4th
Mary Empen----Sept. 10th
Dorothy Timmer----Sept. 12th
Mardella Krogman----Sept. 14th
Roland Drury----Sept. 27th

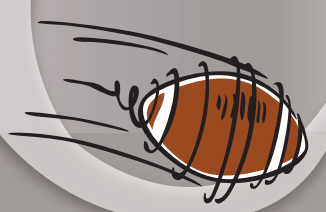
The September birthstone is the beautiful Sapphire.



Clinton

HAPPENINGS

SEPTEMBER



Facts about September

- * September is the 9th month of the year and marks the beginning of autumn in the Northern Hemisphere and the start of spring in the Southern Hemisphere.
- * World War II began in September, 1939, when Hitler invaded Poland.
- * Band-Aids were invented in the month of September.
- * September 24th, 1789----the U.S. Supreme Court was established.
- * The very first comic strip was printed in an American newspaper on September 11th, 1875.

- * National Assisted Living Week is September 13-19th.
- * September starts on the same day of the week as December each year, but does not end on the same day of the week as any other month in the year.
- * September has three birth flowers: the Forget-Me-Not, the **Morning** Glory, and the Aster. Forget-Me-Nots represent love and memories, Aster, represent love as well and the Morning Glory represents unrequited love. These are all very passionate flowers.
- * The poem "Mary had a Little Lamb" was published 9-1-1830



Volunteers / Donations

Volunteering

We always welcome volunteers!

If you would like to participate in any daily activities, event, or outings, in the future please contact Gerilyn at 563-242-2400

Volunteer Opportunities:

- * Read Books
- * Read Poetry
- * Arts and Crafts
- * Demonstrations
- * Dancing
- * Lead **Games** with the LEC is gone
- * One-on-One Visits
- * Provide Musical Entertainment
- * Knit / Crochet
- * Cooking or Baking Skills
- * Card Club
- * And Much More!

Hello
September



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* All Activities Subject to Change`

September

10am Exercise DVD
11am Coloring/Puzzles/
Checkers-Activity Room
1:30pm Marketplace
Ministries Church Service
2:30pm Patio Time! Get
to know your neighbor

6

Grandparent's Day
10am Exercise DVD
11am Coloring/Puzzles/
Checkers-Activity Room
1:30pm Marketplace
Ministries Church Service
2:30pm Patio Time! Get
to know your neighbor!

13

10am Exercise DVD
11am Coloring/Puzzles
Checkers-Activity Room
1:30pm Marketplace
Ministries Church Service
2:30pm Patio Time! Get
to know your neighbor

20

10am Exercise DVD
11am Coloring/Puzzles
Checkers-Activity Room
1:30pm Marketplace
Ministries Church Service
2:30pm Patio Time! Get
to know your neighbor

27

Labor Day
Exercise DVD in the
Family Room
11am Coloring/Puzzles
Card Games
1:30pm Po-Ke-No Game
in the Dining Room
3pm Rootbeer Floats!

7

10am Exercise/Trivia
11am Rosary by the Bird
Aviary
1:30pm Po-Ke-No Game
in Dining Room
**3:30pm Ron Lubbers to
sing for us!**

14

10am Exercise/Trivia
11am Rosary by the Bird
Aviary
1:30pm Po-Ke-No Game
3:00pm Balloon
Volleyball Game in the
Family Room

21

10am Exercise/Trivia
11am Rosary by the Bird
Aviary
1:30pm Po-Ke-No Game
in the Dining Room
3:00pm Parachute Fun in
the Family Room

28

10am Exercise/Trivia
11am Manicures/
Coloring- Activity Room
1:30pm Bingo Game in
the Dining Room
2:30 Visits with Gloria
3:00pm Bus Ride!

1

10am Exercise/Trivia
11am Manicures/
Coloring-Activity Room
**1:30pm Concert with the
JC's in Courtyard!**
2:45 Bingo Game in the
Dining Room
2:30pm Visits with
Chaplain Gloria

8

10am Exercise/Trivia
11am Vote for Bickford
King and Queen
1:30 Bingo Game with
Prizes Given!
3pm Celebrate Sept.
Birthdays/King & Queen

15

10am Exercise/Trivia
11 Manicures/Coloring
Club in Activity Room
1:30pm Bingo Game in
the Dining Room
**2:45pm Sing-A-Long with
Chaplain Gloria and Visits
with her**

22

10am Exercise/Trivia
11 Manicures/Coloring
Club in Activity Room
1:15pm Scott to Sing
2:15pm Bingo Game in
the Dining Room with Fun
Coffee Drinks
2:30pm Chaplain Gloria
visits with Residents

29

10am Exercise/Trivia
11am Craft Time in the
Activity Room
1:30pm Po-Ke-No Game
in the Dining Room
3:00pm Read-A-Loud by
the Bird Aviary

2

10am Exercise/Trivia
11am Book Club to Meet
/ Order in Lunch
1:30pm Po-Ke-No Game
in the Dining Room
2:45pm Refreshments
and Connect 4 out in the
Court Yard

9

10am Exercise/Trivia
11am Read-A-Loud by the
Bird Aviary
1:30pm Po-Ke-No Game
in Dining Room
2:00pm Make Cards with
Judy in Dining Room

16

50's Day
10am Exercise
10:45am Hula, Limbo,
Twist Contest, Photos
Noon 50's Style Lunch
1:30pm Po-Ke-No Game
3:00pm Milk Shakes &
Malts at the Bickford
Soda Fountain!

23

10am Exercise/Trivia
11am Craft Time in the
Activity Room
1:30pm Po-Ke-No Game
in Dining Room
3:00pm Resident Council
Meeting in the Dining
Room/Refreshments

30

10am Exercise/Trivia
11 Manicures/Coloring/
Puzzles in Activity Room
1:30pm Bingo Game in
the Dining Room
3:00pm Bus Ride!
**5:45pm Bible Study with
Chaplain Roland**

3

10am Exercise/Trivia
11am Post Messages to
Grandchildren
1:30pm Po-Ke-No Game
in the Dining Room
3:00pm Read-A-Loud by
the Bird Aviary
**5:45pm Bible Study
with Chaplain Roland**

10

10am Exercise/Trivia
11am Make Apple
Dumplings-Activity Room
1:30pm Bingo Game in
the Dining Room

2:45 Popcorn & Concert
DVD-Family Room
**5:30pm Bible Study with
Chaplain Roland**

17

10am Exercise/Trivia
11 Manicures/Coloring/
Puzzles -Activity Room
1:30pm Bingo Game in
the Dining Room
3:00pm Read-A-Loud by
the Bird Aviary
**5:45pm Bible Study with
Chaplain Roland**

24

10am Exercise DVD
11am Coloring/Puzzles in
Activity Room
1:30pm Bunco Game in
the Dining Room
2:45pm Patio Time with
Lemonade!

4

10am Exercise/Trivia
Eye Glass Cleaning
11am Post Messages to
Gandchildren
1:30pm Bunco Game in
the Dining Room
2:45pm Sing-A-Long in
the Family Room

11

10am Exercise/Trivia
Eye Glass Cleaning
11am Make **Ice Cream**
Drinks-Activity Room
1:30pm Bunco Game in
the Dining Room
2:45pm Sing-A-Long and
Ice Cream Drinks

18

10am Exercise/Trivia
Eye Glass Cleaning
11am Facials in the
Activity Room
1:30pm Bunco Game in
the Dining Room
2:45pm Porch Time!

25

10am Exercise DVD
11am Adult Coloring or
Checkers Game in
Activity Room
1:30pm Bingo Game in
the Dining Room
3pm Movie with Bob
7pm Lawrence Welk

5

10am Exercise DVD
11am Adult Coloring or
Checkers Game in
Activity Room
1:30pm Bingo Game in
the Dining Room
3pm Movie with Bob
7pm Lawrence Welk

12

10am Exercise DVD
11am Adult Coloring or
Checkers Game in
Activity Room
1:30pm Bingo Game in
the Dining Room
3pm Movie with Bob
7pm Lawrence Welk

19

10am Exercise DVD
11am Adult Coloring or
Checkers Game in
Activity Room
1:30pm Bingo Game in
the Dining Room
3pm Movie with Bob
7pm Lawrence Welk

26

