



Frosty Peach Cream Pie

Ingredients: 3/4 cup heavy whipping cream, 2 (8-ounce) packages cream cheese, room temperature, 3/4 cup sugar, 1 teaspoon vanilla extract, 2 1/2 cups pitted and diced peaches, divided, 1 premade graham cracker crust, thawed.

Directions: 1. Whip heavy whipping cream in a large bowl with a hand mixer until light and fluffy. Set aside. 2. Beat cream cheese, sugar and vanilla in a medium bowl with a hand mixer until smooth. Set aside. 3. Place 1 1/2 cups of peaches in a blender or food processor. Blend 30 seconds. Pour into cream cheese mixture. 4. Fold whipped cream and remaining diced peaches in the cream cheese mixture. 5. Transfer mixture to the graham cracker crust. Cover and chill until firm. 6. When serving, allow the pie to sit out 10 minutes to defrost slightly. For cutting, place knife in hot water, dry, and slice.



Activities at Bickford are...HOT HOT HOT!



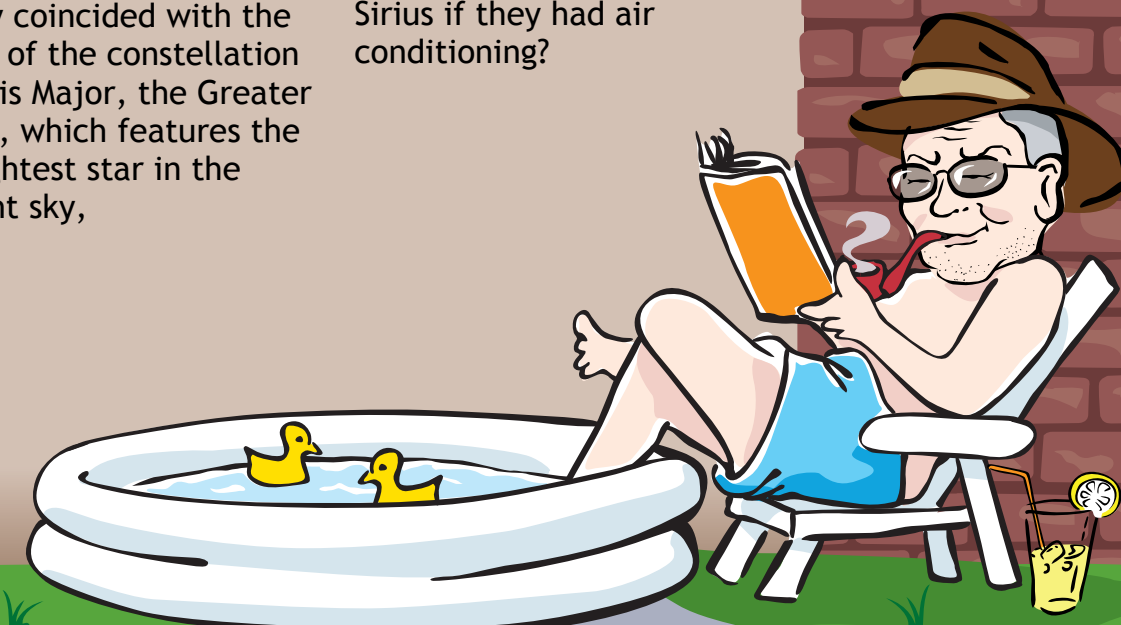
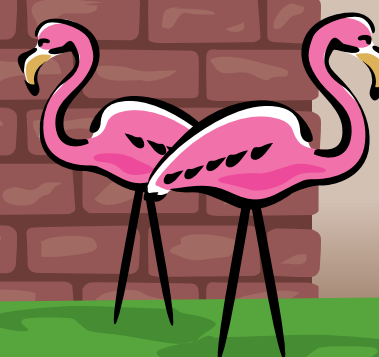
Dog Days of Summer

The so-called "dog days" of summer stretch from mid-July into mid-August. Today many people believe that we call these dog days because we all feel as hot as a dog, or that the heat of the day is enough to make a dog go crazy. But to discover the real explanation behind the dog days, look to the night sky. This period earned its canine moniker during the age of ancient Greece. Mid-July coincided with the rise of the constellation Canis Major, the Greater Dog, which features the brightest star in the night sky,

Sirius, also known as the Dog Star. During this time, Sirius rises just before the sun. No wonder the word sirius means "scorching" in Greek. The Dog Star was believed to be a harbinger of drought, plague, fever, and bad luck. Lucky for us, modern technologies have given us plenty of ways to beat the heat. Perhaps the Greeks and Romans would have thought differently about Sirius if they had air conditioning?



Bickford
assisted living



HAPPY AUGUST BIRTHDAYS:
Felicia Ramirez - 7
Jamie Klinginsmith - 9

HAPPY BICKFORD ANNIVERSARIES:
Lori Bebee -18 years
Rhonda Huntley - 11 years
Deb Quick - 6 years

AUGUST HOLIDAY & FUN THEME DAYS:
August 1 - Mustard Day
August 2 - Friendship Day
August 3 - Watermelon Day
August 4 - Chocolate Chip Cookie Day
August 6 - County Fair Theme Day
August 8 - Kool-Aid Day
August 10 - S'mores Day
August 13 - Left Handers Day
August 14 - Creamsicle Day
August 15 - Honey Bee Day
August 18 - Hollywood Theme Day
August 19 - Aviation Day
August 21 - Senior Citizens Day
August 22 - Tooth Fairy Day
August 24 - Peach Pie Day
August 25 - Banana Split Day
August 26 - Hot dog Day
Agust 31- Trail Mix Day



9:45 News & Views
10:00 Peace Lutheran
Dvd Service
2:00 Paint by Number
4:00 Church Service
6:00 Funniest Home
Videos 30

9:45 Sunday Funnies
10:00 Peace Lutheran
Dvd Service
2:00 Adult Coloring
4:00 Church Service
6:00 Friendship Films 2

9:45 News & Views
10:00 Peace Lutheran
Dvd Service
2:00 Craft: Bookmarks
4:00 Church Service
6:00 Funniest Home
Vidoes 9

9:45 Sunday Funnies &
Coffee
10:00 Peace Lutheran
Dvd Service
2:00 Jokes & Juice
4:00 Church Service
6:00 Movie & Popcorn 16

9:45 Current Events
10:00 Peace Lutheran
Dvd Service
3:00 Kite Flying
4:00 Church Service
6:00 Funniest Home
Videos 23



10:30 Sittercise
11:00 Nail Care &
Shoulder Massages
2:00 Bingo
3:00 Talks & Trail Mix
6:00 Parachute Games 31

10:30 Sittercise
11:00 Nail Care &
Aroma Therapy
2:00 Bingo
3:00 What's The Scoop
6:00 Kick Ball 3

10:30 Sittercise
11:00 Nail Care &
Shoulder Massages
2:00 Bingo
3:00 S'mores Ice Cream
Social
6:00 Balloon Volleyball 10

10:30 Sittercise
11:00 Nail Care &
aroma Therapy
2:00 Bingo
3:00 Fudge Bars &
Funnies
6:00 Shoot Hoops 17

10:30 Sittercise
11:00 Nail Care &
Shoulder Massages
2:00 Bingo
3:00 Peachy Kean
Hydration Cart
6:00 Balloon Swatt 24



9:45 Island Walkers
10:30 Bickford Bakers-
Chocolate Chip
Cookies
2:00 Kindness Rocks
3:00 Sunshine &
Smiles
6:00 Helping Hands 4

9:45 Walking Group
10:30 Reminiscing with
The Senses
2:00 Travel Tuesday
3:00 Lemonade &
Laughs
6:00 Helping Hands 11

Hollywood Day
9:45 Walk of Fame
10:30 Glam Shots and
Hand Prints
2:00 Award Ceremony
3:00 Cocktail Hour
6:00 Movie Premeir 18

9:45 Isand Walkers
10:30 Food for Thought
2:00 August Birthday
Party Games & Cake
6:00 Cornhole Toss 25



9:45 Chair Zumba
10:30 Garden Group
11:00 Resident Council
2:00 Remembering
Songs of Summer
6:00 Card Sharks 5

9:45 Sit & Be Fit
10:30 "Shady" Fashion
Show
2:00 Name That Tune
3:00 Penny Ante & Pop
6:00 Horseshoe Pitching 12

9:45 Stretch & Tone
10:30 Garden Group
2:00 Paper Airplane
Races
3:00 Brain Exercises &
Popcorn
6:00 Roll the Dice 19

9:45 Move & Groove
10:30 Catholic Mass
2:00 Music-Kevin &
Heidi
3:00 Dog Days of
Summer
6:00 Paint a Picture 26



County Fair Day
9:45 Blue Ribbon
Exercises
10:30 Clowning Around
2:00 Fair Fun Event
3:00 Pie Eating Contest
6:00 Farm Races 6

9:45 Poker Walkers
10:30 Curiosity Corner
2:00 Bingo
3:00 Left Hand Picture
Fun
6:00 Squirt Gun Target
Practice 13

9:45 Nature Walk
10:30 Craft: Citrus
Coasters
2:00 Bingo
3:00 Pie & Puzzles
Social
6:00 Target Toss 20

9:45 Strides for Smiles
10:30 Craft: Handheld
Fans
2:00 Bingo
3:00 Managers Special
6:00 Just Beacuse Notes 27



9:45 Fun Friday
Exercise
10:30 Helen's Musical
Hat Show
2:00 Flip Flop Friday
3:00 Finish The Saying
6:00 Craft: Koozies 7

9:45 Noodle Ball
Exercise
10:30 Garden Tending
2:00 Courtyard Games
3:00 Cards &
Creamsicles
6:00 Evening Walkers 14

9:45 Fun Friday
Exercise
10:30 Short Stories by
Bird Area
2:00 Happy Hour
6:00 Helping Hands 21

9:45 Beach Ball
Exercise
10:30 Wadding By the
Pool
2:00 Beach Blanket
Bingo
3:00 Ice Cream Truck
6:00 Triominos 28



9:45 Morning Walkers
10:30 Welcome August
2:00 Mustard Taste Test
3:00 Relax &
refreshments
6:00 Classic T.V. Shows 1

9:45 Courtyard Chats
10:30 Kool-Aid Stand
2:00 Kol-Aid -Art
3:00 Bistro Buddies
6:00 Bowling Games 8

9:45 Saturday Stroll
10:30 Honny Bee Paint
2:00 Patio Pals
3:00 Relax &
Refreshments
6:00 Classic T.V. Shows 15

9:45 Courtyard Chats
10:30 Funny Short
Stories
2:00 Table Hockey
3:00 Bistro Buddies
6:00 Knitters Nook 22

9:45 Walk & Talk
10:30 Puzzle Pals
2:00 Word Searches
3:00 Relax &
Refreshments
6:00 Classic T.V. Shows 29