



Cedar Falls

HAPPENINGS

JULY

Bickford Family Fun!

Take a look at last month...

We had a lot of fun!



Hello July, we are happy to finally see you! Nice weather, lots of sunshine, and endless amounts of sweet lemonade. We are enjoying it all here at Bickford while soaking up all the sun we can get!

Here we are again, another new month with many things to do! We plan to spend as much time outside in our courtyard as possible, keeping up with our garden and playing lots of outdoor games. A little sunshine and warm weather sure does keep the smiles on our faces!

Our Pearls Passion theme days for this month are on Saturday, July 4th- Independence Day, and on Wednesday, July 15th- Italian Day. We have some fun things planned for these days and can't wait for this month to get started!

As COVID-19 continues, we want everyone to know that we are staying happy and healthy here at Bickford. We can't wait to see you all again soon! Until then, enjoy the nice July weather as we will do so here as well. Happy July, everyone!



Upcoming Events:

Saturday, July 4th: Independence Day

Wednesday, July 15th: Italian Day

Resident Birthday's:

3rd: Elmer N

6th: Darlene K

10th: Bill R

10th: Bob B

18th: Elsie W

19th: Linda M

27th: Lynn S

28th: Ellie B

30th: Jim S

Happy Birthday!!!

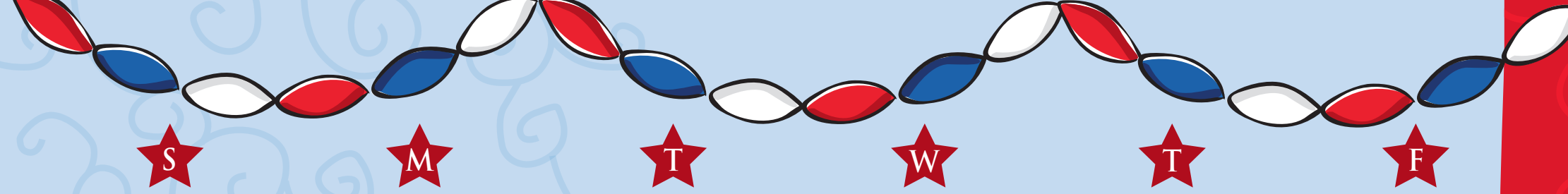
BFM Birthday's:

9th: Kathy

18th: Mady

23rd: Rita

Happy Birthday!!!



July



2:00pm Worship
6:00pm Movie & Popcorn

9:00am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am Penny Toss
2:00pm **BINGO**
3:00pm Word Seach
6pm Evening Activity 6

10:00am Walking Club
10:15am Weights
10:45am Devotions
10:55am Crossword
2pm 1:1's w/ Courtney
3:00pm Beading Book
Mark Craft Project 7
6pm Evening Activity

10:00am Walking Club
10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm *Happy Hour!!* 1
6pm Evening Activity

10:00am Walking Club
10:15am Thera-bands
10:45am Devotions
10:55am Spelling Bee
2:00pm Water
Flowers/Garden Work
6:00pm Evening Activity

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am Noodle Ball
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick 3

9:00am Coffee & Morning News
6:00pm Lawrence Welk 4

2:00pm Worship
6:00pm Movie & Popcorn

9:00am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am Connect 4
2:00pm **BINGO**
3:00pm Word Seach
6pm Evening Activity 13

10:00am Walking Club
10:15am Weights
10:45am Devotions
10:55am Crossword
2pm **Resident Council**
3:00pm Hand Massages & Manicures 14
6pm Evening Activity

Italian Day
10:00am Walking Club
10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:30pm Italian Fun!
3:15pm Green, White & Red Snacks

10:00am Walking Club
10:15am Thera-bands
10:45am Devotions
10:55am Spelling Bee
2:00pm Water
Flowers/Garden Work
6:00pm Evening Activity 16

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am LRC Game
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick 17

9:00am Coffee & Morning News
6:00pm Lawrence Welk 18

2:00pm Worship
6:00pm Movie & Popcorn

9:00am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am Noodle Ball
2:00pm **BINGO**
3:00pm Word Seach
6pm Evening Activity 19

10:00am Walking Club
10:15am Weights
10:45am Devotions
10:55am Crossword
2pm 1:1's w/ Courtney
3pm Nifty Fifty BINGO
6pm Evening Activity 21

10:00am Walking Club
10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm *Happy Hour!!* 22
6pm Evening Activity

10:00am Walking Club
10:15am Thera-bands
10:45am Devotions
10:55am Spelling Bee
2:00pm Water
Flowers/Garden Work
6:00pm Evening Activity 23

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am Penny Toss
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick 24

9:00am Coffee & Morning News
6:00pm Lawrence Welk 25

2:00pm Worship
6:00pm Movie & Popcorn

9:00am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am LRC Game
2:00pm **BINGO**
3:00pm Word Seach
6pm Evening Activity 27

10:00am Walking Club
10:15am Weights
10:45am Devotions
10:55am Crossword
2:30pm **Chats w/ Chelsea**
3:00pm Corn Hole 28
6pm Evening Activity

10:00am Walking Club
10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm *Happy Hour!!* 29
6pm Evening Activity

10:00am Walking Club
10:15am Thera-bands
10:45am Devotions
10:55am Spelling Bee
2:00pm Water
Flowers/Garden Work
6:00pm Evening Activity 30

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am Connect 4
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick 31

9:00am Coffee & Morning News
6:00pm Lawrence Welk 32

