

Bickford Residents with July Birthdays

Carolyn Ziegler---7/23

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The flower of July is the Blue Water Lily, a beautiful plant that symbolizes beauty and enlightenment. The July birthstone is ruby.



Homebound Library Program

Anyone who is unable to come to the library is eligible for the Homebound Program. We ask that a registration be filled out so we are able to choose books (large print or regular print), books on CD, magazines and other materials for you. A volunteer will deliver the material once a month to the patron and pick up any materials that the patron is finished with and return them to the library. Requests are appreciated and will be filled in the order they come in. You will be issued a new library card if you do not have a current one.

If you have a current one, we can use that one or issue a new, canceling the original. The patron must be able to keep track of the materials. We will from time to time renew an item if the patron was unable to finish the material. If a patron needs a CD player we have those for checkout as well. Please fill out a registration form (the Activities Director has the form) and I will pick it up and meet with the new patron to answer any questions they have. Library # 563-242-8441



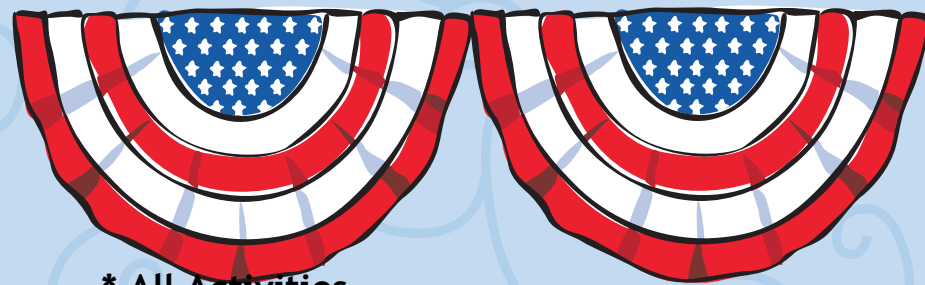
4th of July Trivia Facts

Happy Birthday America! Picnics, barbeques, cold drinks and fireworks: these are just some of the staples of the Fourth of July. But, without America's Founding Fathers---George Washington, John Adams, Thomas Jefferson, Benjamin Franklin, James Madison, Alexander Hamilton and James Monroe---There wouldn't be an Independence Day to celebrate. While most Americans know that the U.S.'s birthday is celebrated on July 4, it's a misconception that all signers of the Declaration of Independence signed it on the Fourth of July.

Only two signed on the fourth of July, the rest on August 2, 1776. Did you know that Calvin Coolidge our 30th president was born on July 4, 1872. Thomas Jefferson was the first president to hold a Fourth of July celebration at the White House. Did you know that Nathan's Fourth of July Hot Dog Contest has become an annual tradition? How did it start? It's a pretty cute story: Legend has it that four immigrants got into an argument over who was most patriotic. To prove themselves, they ate as many hot dogs as they could handle because nothing says America like excess!



July



* All Activities Subject to Change

S	M	T	W	T	F	S
<p>10am Exercise DVD 11 Coloring Club/Word Puzzles/Checkers 1:30pm Marketplace Ministries Church Service 2:30pm Patio Time---Get to know your neighbor!</p> <p>5</p>	<p>10am Exercise/Trivia 11am Rosary by the Bird Aviary 1:30pm Po-Ke-No Game in the Dining Room 2:45pm Shopping at Bickford Bucks Store</p> <p>6</p>	<p>10am Exercise/Trivia 11am Manicurs/Buffing in the Activity Room 1:30pm Bingo Game in the Dining Room 2:30 Visits with Gloria 3:00pm Bus Ride to Thomson Causeway</p> <p>7</p>	<p>10am Exercise/Trivia 11am Craft in the Activity Room 1:30pm Po-Ke-No Game in the Dining Room 3:00pm Bus Ride to Thomson Causeway</p> <p>8</p>	<p>10am Exercise/Trivia 11am Decorate for the 4th of July 1:30pm Bingo Game 3:00pm Read-A-Loud by the Bird Aviary 5:45pm Bible Study with Chaplain Roland</p> <p>2</p>	<p>10am Exercise/Trivia /Eye Glass Cleaning 11am Let's Make a Patriotic Snack Mix 1:30pm Bunco Game in the Dining Room 2:45pm A Sing-A-Long with Refreshments!</p> <p>3</p>	<p>Independence Day 10am Stretch Yoga DVD in Family Room 11am Coloring Club in the Activity Room 1:30pm Bingo Game 2:45pm Lemonade on out in the Courtyard PM Sparkler Time!</p> <p>4</p>
<p>10am Exercise DVD 11 Coloring Club/Word Puzzles/Checkers 1:30pm Marketplace Ministries Church Service 2:30pm Patio Time! Get to know your neighbors</p> <p>12</p>	<p>10am Exercise/Trivia 11am Rosary by the Bird Aviary 1:30pm Po-Ke-No Game in the Dining Room 2:45pm Connect 4 Game in the Family Room with Refreshments!</p> <p>13</p>	<p>9:00am Exercise/Trivia in the Family Room 10am Outdoor Concert with Scott 1:30pm Bingo Game in the Dining Room 2:30 Visits with Gloria</p> <p>14</p>	<p>Italian Day 10am Exercise/Trivia 11am Grape Stomping Fun-Make our own wine! 1:30pm Po-Ke-No Game in Dining Room 3:00pm Italian Soda's Served & Concert DVD</p> <p>15</p>	<p>10am Exercise/Trivia 11am Manicures/Buffing in Activity Room 1:30pm Bingo Game 3:00pm Read-A-Loud by the Bird Aviary 5:45 Bible Study with Chaplain Roland</p> <p>16</p>	<p>10am Exercise/Trivia /Eye Glass Cleaning 11am Let's make Ice Cream Drinks in Activity Room 1:30pm Bunco Game 3:00pm Ice Cream Drinks Conversation</p> <p>17</p>	<p>10am Stretch Yoga DVD in Family Room 11am Coloring Club or Checkers-Activity Room 1:30pm Bingo Game 3pm Movie with Bob 7pm Lawrence Welk Show on IPTV</p> <p>18</p>
<p>10am Exercise DVD 11 Coloring Club/Word Puzzles/Checkers 1:30pm Marketplace Ministries Church Service 2:30pm Patio Time! Get to know your neighbors</p> <p>19</p>	<p>10am Exercise/Trivia 11am Rosary by the Bird Aviary 1:30pm Po-Ke-No Game in the Dining Room 2:45pm Bean Bag Toss Tournament!</p> <p>20</p>	<p>10am Exercise/Trivia 11am Manicures/Buffing in the Activity Room 1:30pm Bingo Game in the Dining Room 2:30 Visits with Gloria 2:45pm Bus Ride to Scott County Park</p> <p>21</p>	<p>10am Exercise/Trivia 11am Book Club to meet & discuss conclusion of our book-Activity Room 1:30pm Po-Ke-No Game in the Dining Room 2:45pm Bus Ride to Scott County Park</p> <p>22</p>	<p>10am Exercise/Trivia 11am Facials for Gorgeous Grandma Day 1:30pm Bingo Game in the Dining Room 3:00pm Read-A-Loud by the Bird Aviary 5:45pm Bible Study with Chaplain Roland</p> <p>23</p>	<p>10am Exercise/Trivia /Eye Glass Cleaning 11am Make Homemade Salad Dressing-Unicorn Recipe, Yummy! 1:30pm Bunco Game 2:45pm Sing-A-Long with Refreshments!</p> <p>24</p>	<p>10am Stretch Yoga DVD in Family Room 11am Coloring Club or Checkers-Activity Room 1:30pm Bingo Game 3pm Movie with Bob 7pm Lawrence Welk show on IPTV</p> <p>25</p>
<p>10am Exercise DVD 11 Coloring Club/Word Puzzles/Checkers 1:30pm Marketplace Ministries Church Service 2:30pm Patio Time! Get to know your neighbor</p> <p>26</p>	<p>10am Exercise/Trivia 11am Rosary by the Bird Aviary 1:30pm Po-Ke-No Game in the Dining Room 2:45pm Balloon Volleyball Fun in the Family Room</p> <p>27</p>	<p>10am Exercise/Trivia 11am Manicures/Buffing in Activity Room 1:30pm Bingo Game in the Dining Room 2:45pm Sing-A-Long with Chaplain Gloria in the Family Room</p> <p>28</p>	<p>10am Exercise/Trivia 11:15am Possible Lunch Outing Today to Homers 1:30pm Po-Ke-No Game in the Dining Room 2:45pm Connect 4 fun in the Family Room or Outdoors</p> <p>29</p>	<p>10am Exercise/Trivia 11am Read-A-Loud by the Bird Aviary 1:30pm Bingo Game 3:00pm Resident Council Meeting-Refreshments! 5:45pm Bible Study with Chaplain Roland</p> <p>30</p>	<p>10am Exercise/Trivia /Eye Glass Cleaning 11am Let's husk sweet corn to enjoy today! 1:30pm Bunco Game 2:45pm Let's Make Orange Julius Drinks-Spiked or not---Your Choice!</p> <p>31</p>	