

Herb Mercer - 7/4

Elaine O'Brien - 7/23



*Activity Fun*

*Inspiration:*

*Resident of the Month*



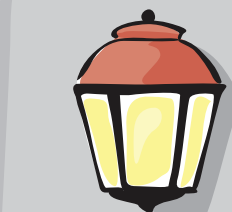
"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us" - Helen Keller

Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.



Liz taught in Minnesota for two years. She then took time off for her two children. Liz went back to teaching in Okemos MI. in 1967. Liz was very passionate to teach reading. Liz wrote and illustrated 4 books to teach children to read. Here is just a short list of the many hobbies Liz enjoys; growing rhubarb, traveling, playing boggle, reading, watching birds, singing, and drinking tea. Next time you see Liz ask her to join you for hot tea or to have her sing her Jelly bean song!

Elizabeth Troidahl known as Liz, was born and raised in Hanska Minnesota to Illa and Anton Bakken. Along with her three other siblings; Tony, Martine, and Ruth. Liz married Pete who was a Professor of Communications in 1973. They had two children Lynn and Oscar.



*Bickford*  
assisted living & memory care





# July

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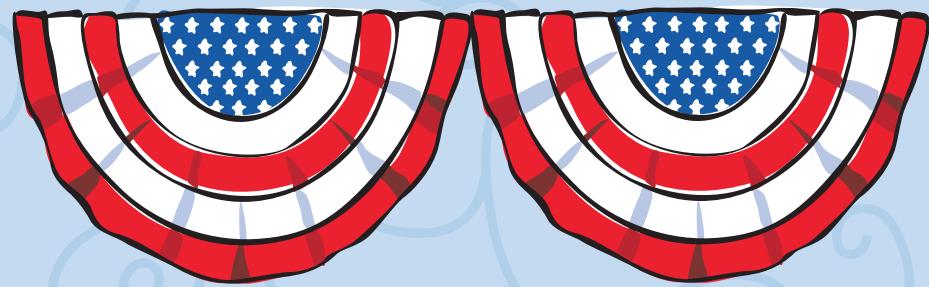
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10:30 Wreath Making  
1:30 Bingo  
3pm Sharing ball  
4pm Walking group  
6pm Word Searches

1

10:45 Resident Council Meeting  
1:30 Euchre  
3pm Sun catches  
6pm Nightly News

2

9am Beauty Hour  
10:45 Flag Shirt  
1:30 Bingo  
3pm Flag Pin  
3:45 Fire works  
6pm Movie and Popcorn

3

**Independence Day**  
2pm Sheet cake  
Straw Sparklers  
Parade (TV)

4

10am Catholic Mass (TV)  
Adult Coloring  
2pm Church Service  
Patio social

5

10:30 Mug Craft  
1:30 Bingo  
3pm Ice cream Sundaes  
4pm Audio Book  
6pm Wine and Beer Social

6

10:45 Bible Study  
11:15 Triva  
1:30 Balloon Darts  
3pm Short stories  
4pm Mocktails  
6pm Water color painting

7

10:30 Golfing  
1:30 Bingo  
3pm Balloon Bop  
4:15 Gardening  
7pm Jeopardy

8

10:30 Thumb print Dandelion  
1:45 Penny Auction  
3pm Nails with Jen  
6pm Dominos

9

9am Beauty Hour  
11am Rock painting  
1:30 Bingo  
3pm Whats in the bag  
4:15 Concer (TV)  
6pm Movie and Popcorn

10

Gardening  
Reminiscing  
Classic music in the living room

11

10am Catholic Mass (TV)  
Dominos  
2pm Church Service

12

10:30 Sing alongs  
11:15 Dancercise  
1:30 Bingo  
3pm Wii Bowling  
4pm Audio Book  
6pm Board Games

13

10:45 Bible Study  
11:15 Name that song  
1:30 Squirt Gun Painting  
3pm Jewelry Making  
6pm Adult coloring

14

**Italian Day**  
10:30 Pasta Jewelry  
11:15 Tour of Italy  
1:30 Wine & Cheese Tasting  
3pm Spin the pizza % win  
6pm Movie

15

10:30 Coffee & Donuts  
11:15 Funercise  
1:30 Euchre  
3pm Card making  
6pm Nightly News

16

9am Beauty Hour  
11am Pictionary  
1:30 Bingo  
3pm Milk Shakes  
6pm Movie and Popcorn

17

Walking  
Hot coccoa Hour  
Lifetime

18

10am Catholic Mass (TV)  
Adult Coloring  
2pm Church Service  
Patio social

19

10:30 Hot Coccoa Bar  
11:15 Walking group  
1:30 Bingo  
3pm Audio Book  
6pm Wine and Beer Social

20

10:45 Bible Study  
11:15 Words in a Word  
1:45 Apple pie in a cup  
4pm Mock Tails  
6pm Water color painting

21

9:30 Coffee Hour  
10:30 Can toss  
1:30 Bingo  
3pm Snow cones  
6pm Word Searches

22

10:30 Cross word  
1:45 Bingo Store  
3pm Volleyball  
4pm Mock Tails  
6pm Dominos

23

9am Beauty Hour  
10:45 Stepping stones  
1:30 Bingo  
3pm Smores bar  
6pm Movie and Popcorn

24

Gardening  
Reminiscing  
Classic music in the living room

25

10am Catholic Mass (TV)  
Dominos  
2pm Church Service

26

10:30 Sing alongs  
11:15 Watering flowers  
1:30 Bingo  
3pm Audio Book  
6pm Board Games

27

10:45 Bible Study  
11:15 Hangman  
1:30 Popcicles  
3:15 Tea with Marie  
6pm Adult Coloring

28

10:30 Slime craft  
11:15 Reminiscing  
1:30 Bingo  
3pm Popcorn mix  
7pm Jeopardy

29

10:30 Coffee & Donuts  
11:15 Funercise  
1:30 Euchre  
3pm Water ballon toss  
6pm Nightly News

30

9am Beauty Hour  
11:15 Flower arranging  
1:30 Bingo  
3pm Manicures  
6pm Movie and Popcorn

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