

FLAG PARTY DIP... Layer refried beans, taco meat, and shredded cheese in a casserole dish. Refrigerate until ready to bake & serve. When ready to serve, bake at 375* for 20 minutes or so. Remove from oven, let sit while you mix up the cream cheese & sour cream mixture. To make the flag, use paste food coloring to tint a 1/4 cup or so of the mixture dark blue. Place the white mixture into a pipng bag, fitted with a round tip, and the blue mixture in a piping bag fitted with a smaller open tip. Use salsa to make the red stripes. To assemble, first pipe the upper left corner with the blue mixture. Carefully spread this to smooth it out with an offset spatula. To make stripes, use a spoon to place a line of salsa at the top of the casserole. Take care to make a straight line. Next, pipe and equal line of the white sour cream mixture. Smooth with an offset spatula. Repeat lines until the casserole is covered. Change the tip on the white pipng bag to a small star tip. Carefully pipe stars on the blue sour cream mixture. Enjoy!



SUMMER HAPPINESS



INDEPENDENCE DAY...

When we think about the birth of this great nation, Congress declared July the 4th 1776 and issued a proclamation. With this decree, the thirteen colonies are now free. We will no longer live under England's Monarchy. Five great men were given the task to draw up papers for freedom at last. Thomas Jefferson, we can remember. A founding father, Patriot and a Continental member. Together these men drafted the amendments.

Franklin, Livingstone, Sherman and Adams, united they authored the Declarations of Independence. Battles were fought, and blood was shed. Life was lost, and men were dead. "FREEDOM" came with A heavy price. War is not pretty, nor is it nice. We can thank the Lord above. He gave us these United States, a country we can love. Men fought for our freedom, and with their lives they did pay. That's why we celebrate Independence Day by Debra L. Brown

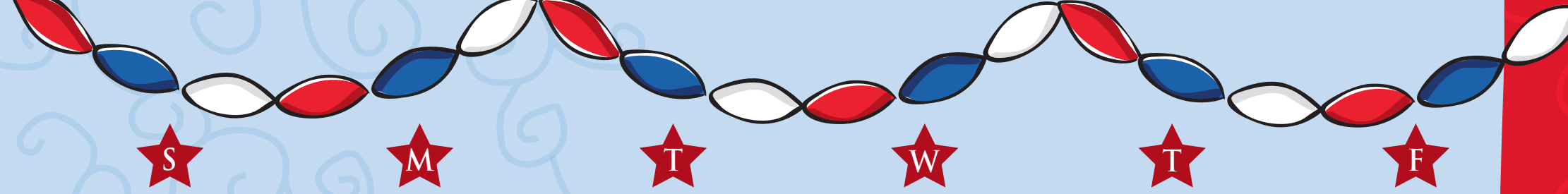


HAPPY JULY BIRTHDAYS:

Elva Wall-30
Tori Johnson - 18
Crystal Trejo-26

July Fun Holidays & Theme Days:

National Creative Ice Cream Flavor -1
Independence Day -4
Pina Colada Day -10
Italian Theme Day - 15
Cruise Theme Week 20-24
Gorgeous Grandma Day -23
Cheesecake Day - 30
Friendship Day -30



July



9:30 News & Views
10:00 Peace Luheran Dvd Service
2:00 Table Games
4:00 Church Service
6:00 Funniest Home Videos **5**

10:30 Sittercise
11:00 Manicules & Shoulder Massages
2:00 Bingo
3:00 Ice Cream Truck
6:00 Obstacle Golf **6**

9:45 Island Walkers
10:30 Outdoor Music By Tim Mohanna
2:00 Higher or Lower Card Game
3:00 Tuesday Treats
6:00 True or False **7**

9:45 Chair Yoga
10:30 Welcome July
2:00 Laugh Out Loud
3:00 Creative Ice Cream Social
6:00 Bean Bag Toss **1**

9:45 Walking Group
10:30 Garden Tending
2:00 Picture Bingo
3:00 Patriotic Ribbon Making
6:00 Wheels & Walker Decorating **2**

9:45 Sit & Be Fit
10:30 Patriotic Sing-A-Long
2:00 Squirt Gun Water Color
3:00 Frozen Fruit Slush
6:00 Pool Wadding **3**

Independence Day
9:45 Exercise Video
10:30
2:00 Uncle Sam Songs
3:00 "Pop"-sicles
8:00 Firework Show **4**

9:30 Sunday Funnies
10:00 Peace Lutheran Dvd Service
2:00 Afternoon Walks
4:00 Church Service
6:00 Movie & Popcorn **12**

10:30 Sittercise
11:00 Nail Care
2:00 Bingo
3:00 The Good Old Summer Time Reminisce
6:00 Batter-Up! **13**

9:45 Walking Group
10:30 Curriosity Corner
2:00 Bible Study
3:00 Men's Sport Talk
6:00 Twister Toss **14**

Italian Day
9:45 Espresso Exercise
10:30 Italian Love Songs
2:00 Travel To Italy
3:00 Italian Soda Bar
6:00 Pizza Games **15**

9:45 Ball Toss
10:30 Show & Tell
2:00 Bingo
3:00 Finisg The Phrase
6:00 Table Board Games **16**

9:45 Sit & Be Fit
10:30 Funniest Friday
2:00 Outdoor Games
3:00 What's The Scoop
6:00 Table Hockey **17**

9:45 Saturday Stroll
10:30 Color Therapy
2:00 Courtyard Chats
3:00 Refreshments
6:00 Triominos **18**

9:30 News & Views
10:00 Peace Lutheran Dvd Service
2:00 Sunday Social
4:00 Church Service
6:00 Funniest Home Videos **19**

10:30 Cruise Ship Check-In & Sittercise
11:00 Manicules & Shoulder Massages
2:00 Ocean Bingo
3:00 Photo Booth
6:00 Shuffle Board **20**

9:45 Island Walkers
10:30 Fun with Food
2:00 Scavanger Hunt
3:00 Pirate Dessert Table
6:00 Target Practice **21**

9:45 Chair Zumba
10:30 Disney Cruise Frames
2:00 Disney Games
3:00 Mickey Mocktails
6:00 Midweek Movie & Popcorn **22**

9:45 Stretch Bands
10:30 Gorgeous Grandma Spa Day
2:00 Sparkel Bingo
3:00 Ballroom Dance
6:00 Card Games **23**

9:45 Beach Ball Exercise
10:30 Bahama Virtual Trip
2:00 Tropical Party
3:00 Bahama Breeze Barr
6:00 Ring Toss **24**

9:45 Morning Mingles
10:30 Walk & Talk
2:00 Word Searches
3:00 Bistro Buddies
6:00 Classic T. V. Shows I Love Lucy **25**

9:30 Sunday Funnies
10:00 Peace Lutheran Dvd Service
2:00 Music & Milkshakes
4:00 Church Service
6:00 Movie & Popcorn **26**

10:30 Sittercise
11:00 Nail Care
2:00 Bingo
3:00 Blueberry Ice Cream
6:00 Noodle Ball **27**

9:45 Walking Group
10:30 Trivia Games
2:00 Bible Study
3:00 Men's Workshop
6:00 Courtyard Games **28**

9:45 Chair Yoga
10:30 Riddle Me This
2:00 Craft Coner
3:00 Hydration Cart
6:00 Knitters Nook **29**

9:45 Small Weight Training
10:30 Do You Hear What I Hear
2:00 Bingo
3:00 Managers Special
6:00 Friend Braclets **30**

9:45 Sit & Be Fit
10:30 Garden Tending
2:00 Happy Hour
6:00 Craft Coner **31**