

Upcoming May Activities

May 5 - Let's celebrate Cinco de Mayo! Wear your red, green, and white for our Cinco de Mayo Social at 2!

May 11 - Join us in honoring our special ladies with a Mother's Day Tea, beginning at 2:30 PM!

May 21 - Beginning at 2:30, Fred Railsback will be strummin' his guitar and singin' his tunes!

May 26 - We will be eating a delicious cook-out meal at 12 noon! Feel free to join us! (Please call ahead)



~ Chaplain's Chat ~

"April showers bring May flowers" is a lesson in patience, and one that remains valid to this day. Many of life's greatest things come only to those who wait, and by patiently and happily enduring the clouds, we can see the sun.

When storms begin, we begin to fear. From the disciples we learn to turn to Jesus in our storms of life. What storms do you face? When life is frightful and painful,

we need to do what the disciples did - turn to Jesus. Pray: "Lord, save me from drowning. I am perishing!"

As Jesus was present with his disciples in their storm of life, so he is with us in our storms. He does not leave us alone to drown. He is with us to hear our pleas for his help. He is there in the middle.

He tells us in Psalm 50:15: "Call upon me in the day of trouble; I will deliver you, and you will honor me." So in your storms of life, rely on Jesus to carry you through.

~ Chaplain Carl

My Mother Kept A Garden

My Mother kept a garden, a garden of the heart, She planted all the good things that gave my life it's start. She turned me to the sunshine and encouraged me to dream, Fostering and nurturing the seeds of self-esteem... And when the winds and rain came, she protected me enough- But not too much because she knew I'd need to stand up strong and tough. Her constant good example always taught me right from wrong- Markers for my pathway that will last a lifetime long. I am my Mother's garden. I am her legacy- And I hope today she feels the love reflected back from me
Author Unknown



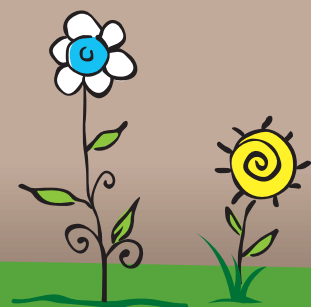
A friendly message from our Director

Spring is finally here! We are planting flowers and putting vegetables in the garden. It's so nice to see the blooming plants. Also, we are seeing more birds and this month will put out all of our hummingbird feeders. I know several residents are anxiously awaiting the arrival of the hummingbirds! Hopefully we will see more this year than last. Many of our residents have birdfeeders and hanging pots outside their windows.

If you would like us to place one outside of your window, just let Sarah or I know. We have a lot of activities planned for the month of May with outdoor activities, music and especially Mother's Day!



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May

10:15 - Sit & Fit!
 10:30 - What Year was it?
 1 - Worship Service
 2 - Fellowship

4

~ *Cinco de Mayo* ~
 10:15 - Sit & Fit!
 10:30 - 5th of May trivia
 2 - Cinco de Mayo Social!
 4 - Res. Choice

5

10:15 - Sit & Fit!
 10:30 - Great Sticks word game
11:15 - Fire Drill
 2 - Snacks
 2:30 - Pretty Nails/Nail Care

6

10:15 - Sit & Fit!
 10:30 - Coffee & Chat
 1:30 - Carnations for the ladies!
 2:30 - Pet Therapy
 3:30 - Card Games

7

10:15 - Sit & Fit!
 10:30 - Coca Cola trivia
 2 - Bible Study with Lauren
 3 - Piano Music
 4 - Resident Choice

8

10:15 - Sit & Fit!
 10:30 - "I Love Lucy" DVD
 2 - Celebrate our Nurses! (Nurses Week)
 3:30 - Reading Group

9

10 - Sit & Fit! exercise
 10:15 - Trivia
 2 - Dominoes
 3:30 - Resident Choice Activity

10

Mother's Day
 10 - Sit & Fit!
 10:15 - Famous Mothers
 1 - Worship Service
 2:30 - Mother's Day Tea Party

11

10:15 - Sit & Fit!
 10:30 - Silly Limericks!
 2 - Snacks
 2:30 - Pretty Nails/Nail Care

12

10 - Devotions with Pat S.
 10:30 - Shake Loose a Memory
 2:30 - Cooking Club; Apple pie!
 3:30 - Piano Music

13

10:15 - Sit & Fit!
 10:30 - Superstitious trivia
 2:30 - Community Bingo! with guest caller Lance
 4 - Dominoes

14

10:15 - Sit & Fit!
 10:30 - Piano Music
 2 - Bible Study
 3 - Chocolate Chip crafts!
3:45 - Evacuation Drill

15

10:15 - Sit & Fit!
 10:30 - Coffee & Chat
 2:30 - Arts & Crafts!
 3:30 - Reading Group
 6 - Resident Choice Activity

16

~ *139th Preakness Stakes* ~
 10 - Sit & Fit! exercise
 10:15 - Jokes & Riddles!
 3:30 - Card Games

17

10 - Sit & Fit!
 10:15 - Coffee & Chat
 1 - Worship Service
 2 - Fellowship

18

10:15 - Sit & Fit!
 10:30 - Do You Believe?
 2 - Snacks
 2:30 - Pretty Nails/Nail Care

19

10:15 - Sit & Fit!
 10:30 - Flower trivia
 2:30 - Arts & Crafts!
 3:30 - Share your favorite photos!
 6 - Movie & Popcorn!

20

10:15 - Sit & Fit!
 10:30 - False Remedies trivia
 1:30 - Choice DVD
 2:30 - Music by Fred Railsback!
 6 - Dominoes

21

10:15 - Sit & Fit!
 10:30 - Current Events
 2 - Bible Study
 3 - Cooking Club; Vanilla pudding dessert!

22

10:15 - Sit & Fit!
 10:30 - Polka trivia; 48th National Polka Festival (Ennis, TX)
 2:30 - Cooking Club
 3:30 - Reading Group

23

10 - Sit & Fit! exercise
 10:15 - Coffee & Chat
 2 - Chicken Soup for the Soul stories
 3:30 - Porch Chat

24

10 - Sit & Fit!
 10:15 - Current Events
 1 - Worship Service
 2 - Fellowship

25

Memorial Day
 10:15 - Sit & Fit!
 10:30 - Trivia
 12 - Memorial Day Cookout!
 2:30 - Pretty Nails/Nail Care

26

10:15 - Sit & Fit!
 10:30 - Coffee & Chat
 2:30 - Performance by "Central Standard Time" band!
 3:30 - Dominoes

27

10:15 - Sit & Fit!
 10:30 - Current Events
 2 - Cooking with Ashley!
 2:45 - Puzzle Time
 4 - Resident Choice

28

10:15 - Sit & Fit!
 10:30 - Choice DVD
 2 - Bible Study with Lauren
 3 - Mary Kay makeovers!

29

10:15 - Sit & Fit!
 10:30 - Jokes & Riddles!
 2:30 - Compact Disc trivia; listening to CD favorites!
 3:30 - Reading Group

30

~*~ **Reatha B.'s birthday!** ~*~
 10 - Sit & Fit! exercise
 10:15 - Choice DVD
 2 - What Year was it?
 3:30 - Dominoes

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