



Look Who's Been Spotted at Bickford of Virginia Beach!
 Belly, Hula & Scarf Dancing! Hydration Station Escapades

We are keeping hydrated with our afternoon hydration stations!

Mondays
Ice Cream Truck

Tuesdays
Milkshakes

Wednesdays
Smoothie Station

Thursdays
Latte Land

Fridays
Mocktails & Cocktails

Weekends
Juice Caboose



June Happynings

June 4
National Cheese Day!
Cheese Tastings

Week of June 7th
Old West Week!

Learn Western Slang &
Phrases

What's Your Cowboy
Name?

Ghost Towns of the
Wild, Wild West

Chuckwagon
Etiquette

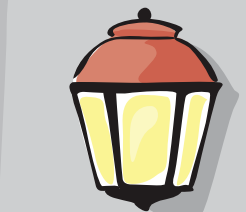
Saloon Girls &
Gunslingers Singalong

Wild, Wild West Party
with Entertainment
by Axel Rasmussen

June 14
Flag Day!
Flag Ceremony with
American Legion
Princess Anne Post 113

June 21
Father's Day!
Outdoor Games
Father & Child Photo
Contest
Send in your photos to
Beth at vabeachlec@
bickfordseniorliving.
com

June 30
June Birthday Party
Mai Tais, Cake and
entertainment by Lyle
& Linda Dowling



June



OLD WEST WEEK
 9:45 Sunday Stroll
 11:00 Chaplain Jan Church Service
 2:30 Word Search Contest
 3:30 Old West Scavenger Hunt **7**

Flag Day
 9:45 Flag Day Parade
 11:00 Chaplain Jan Church Service
 2:00 Flag Exchange & Ceremony with Amer Legion Post 113
 3:30 Patriotic Songs **14**

Father's Day
 9:45 Sunday Stroll
 11:00 Chaplain Jan Church Service
 2:30 Father & Child Picture Contest
 3:30 Outdoor Games **21**

9:45 Sunday Stroll
 11:00 Chaplain Jan Church Service
 2:30 UNO with Danielle
 3:30 Summer Songs Karaoke **28**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Baby Boomers Recognition Day:
 American Generations
 2:00 Ice Cream Truck
 3:00 Garden Club & Outdoor Games **1**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Howdy Partner! Western Slang & Phrases
 2:00 Roy Rogers Drink
 3:00 Garden Club & Cowboy Games **8**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Resident Council
 2:00 Ice Cream Truck
 3:00 Garden Club & Outdoor Games **15**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Scenic Drive
 2:00 Sing a long
 3:00 Ice Cream Social in the Courtyard **22**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Scenic Drive
 2:00 Ice Cream Truck
 3:00 Garden Club & Outdoor Games **29**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Bowling
 2:00 Milkshakes
 3:00 BINGO **2**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Facts with Fox: Alzheimer's Month
 11:30 What's Your Cowboy Name?
 2:00 Milkshakes
 3:00 Wild West Bingo **9**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Putt Putt Golf
 2:00 Milkshakes
 3:00 BINGO **16**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Bowling
 2:00 Milkshakes
 3:00 BINGO **23**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Putt Putt Golf
 2:00 National Mai Tai Day! Mai Tais & Cake!
 3:00 June Birthday Party with Entertainment with Lyle & Linda Dowling **30**

9:45 Fan Dancing
 10:30 Bible Study
 11:00 Just Ask Interviews
 2:00 Smoothie Station
 3:00 Spa Time **3**

Western Day
 Alpaca Window Visits
 9:45 Western Dancing
 10:30 Cowboy Church
 11:00 Ghost Towns of the Old West
 2:30 Wild Wild West Party with Axel! **10**

9:45 Belly Dancing
 10:30 Bible Study
 11:00 Just Ask Interviews
 2:00 Smoothie Station
 3:00 Spa Time **17**

9:45 Hula Dancing
 10:30 Bible Study
 11:00 Just Ask Interviews
 2:00 Smoothie Station
 3:00 Spa Time **24**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Painting Wooden Horseshoes
 2:00 Latte Land
 3:00 National Cheese Day Cheese Tasting! **4**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Chuckwagon Etiquette & Recipes
 2:00 Latte Land
 3:00 Saloon Girls & Gunslingers Sing A Long **11**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 Trophies Game
 2:00 Latte Land
 3:00 Rag Wreaths **18**

9:45 Sing & Stretch
 10:30 Devotions
 11:00 History Lesson: Battle of Little Bighorn Day
 2:00 Latte Land
 3:00 Charades **25**

9:45 Balloon Ball
 10:30 Devotions
 11:00 Giant Crossword Puzzle
 2:00 Mocktails
 3:00 Just Ask! & Facebook Friday **5**

9:45 Balloon Ball
 10:30 Devotions
 11:00 Buzz Word
 2:00 Sweet Sunrise Mocktails
 3:00 Just Ask! & Facebook Friday **12**

9:45 Balloon Ball
 10:30 Devotions
 11:00 Giant Crossword Puzzle
 2:00 Mocktails
 3:00 Just Ask! & Facebook Friday **19**

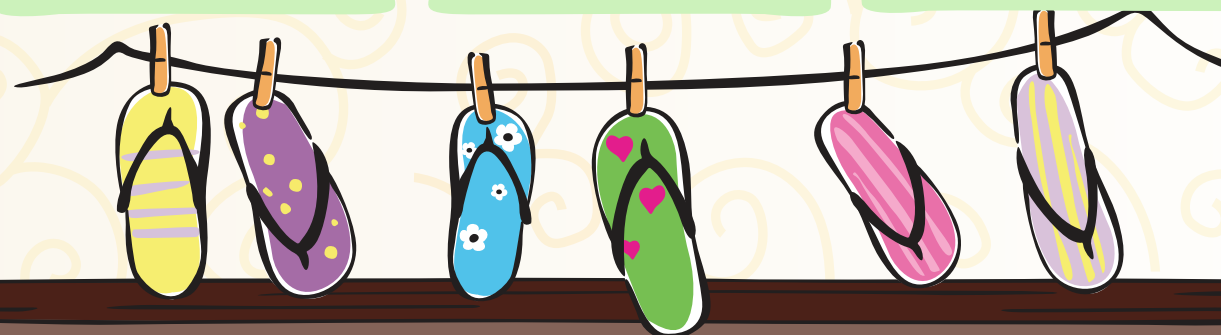
9:45 Balloon Ball
 10:30 Devotions
 11:00 Who Am I?
 2:00 National Chocolate Pudding Day! Make Parfaits!
 3:00 Just Ask! & Facebook Friday **26**

9:45 Cornhole
 10:30 Devotions
 10:45 Board Games
 2:30 Puzzle Party
 3:30 Movie & Popcorn *How to Stuff a Wild Bikini* **6**

9:45 Ring Toss & Devotions
 10:45 Board Games with Danielle
 2:30 Dominoes
 3:30 Movie & Popcorn *Oklahoma* **13**

9:45 Cornhole
 10:30 Devotions
 10:45 Board Games
 2:30 Puzzle Party
 3:30 Movie & Popcorn *Grease* **20**

9:45 Ring Toss & Devotions
 10:45 Board Games with Danielle
 2:30 Dominoes
 3:30 Movie & Popcorn *Muscle Beach Party* **27**



Activities subject to change.
 Meal Times:
 Breakfast 8:00 am
 Lunch 12:00 pm
 Dinner 5:00 pm