



Happiest of Birthdays to...

Carroll Brown  
John Chavas  
Ron Russell  
Verna Shaver  
LaVonne Baker

June 14th  
June 24th  
June 26th  
June 28th  
June 29th



Picture Perfect Moments



Celebrating our Mothers

In May we celebrated all the lovely mothers here at Bickford in an unconventional way. Family members came to Bickford with lawnchairs and signs and chatted with their moms! To say that it was a hit would be an understatement! Thank you to everyone who made this day special we know it meant the world to your family members.

Pictures from the event at left  
Top Left: Joyce blowing kisses to her daughter and great-grandson  
Top Right: Marily chatting with her daughter  
Bottom: Lois' family seeing her through the window

As we move into June It's time to celebrate all of the wonderful fathers at Bickford! We would love for you to join us for our Father's Day Window Chats on Thursday, June 18th.

Hops & Hot Rods is back! On June 26th we will have a fun car show for all residents to enjoy at a safe distance!

Have an old or specialty car you want to showcase that afternoon? Contact Maggie, Christa, or Eisha at 515-331-3000, Or email us at [urbandalelec@bickfordseniorliving.com](mailto:urbandalelec@bickfordseniorliving.com)

Summer Fun

Summer is finally here and we've got a lot to look forward to this month!

Western Day starts off our month on Wednesday, June 10th. We've got line dancing and even western karaoke on the calendar!

Sunday, June 14th is Flag Day and the day is jam packed with tons of flag fun! Flautist Val Wedgeworth is performing virtually. This is the first virtual concert that we will be having so hopefully with success we can have other entertainers perform in this way too!

Our Father's Day Window Chats are Thursday, June 18th. We will be sending more information in the mail. Please contact an Activities Director to sign up for a timeslot.

Join us Friday, June 26th for Hops & Hot Rods! We are having a classic car parade in the parking lot and some tasty brews along with it! We invite family members to bring a lawn chair and sit in the grass along our building to watch the parade!





# June

10a Coffee Talk  
1p Games  
4p Church Service

7

Flag Day  
9a News and Views  
9:30a Group Exercise  
10:15a Flag Craft  
1p Walking Club  
1:30p Virtual Concert  
Flautist Val Wedgeworth  
2:30p Refreshments  
4p Church Service

14

Father's Day  
10a Coffee Talk  
1p Games  
4p Church Service

21

10a Coffee Talk  
1p Games  
4p Church Service

28

9a Current Events  
9:30a Exercise  
10:15a You Be The Judge  
1p General Store  
2:30p Snack Cart  
3:15p Walking Club  
4p Trivia  
6p Puzzles

1

9a Current Events  
9:30a Exercise  
10:15a Gardening Club  
1p Kings Corner  
2p Tounge Twisters  
2:30p Snack Cart  
3:15p Dance Party  
4p Would You Rather  
6p Puzzles

8

9a Current Events  
9:30a Exercise  
10:15a You Be The Judge  
1p General Store  
2:30p Snack Cart  
3:15p Walking Club  
6p Puzzles

15

9a Current Events  
9:30a Exercise  
10:15a Gardening Club  
1p Crafts  
2p Tounge Twisters  
2:30p Snack Cart  
3:15p Dance Party  
4p Whiteboard Activity  
6p Puzzles

22

9a Current Events  
9:30a Exercise  
10:15a You Be The Judge  
1p General Store  
2:30p Snack Cart  
3:15p Walking Club  
6p Puzzles

29

9a Current Events  
9:30a Group Exercise  
10:15a Gardening Club  
1p Crafts  
2p Manicures/Men's Club  
2:30p Snack Cart  
3:15p Courtyard Chats  
6p Adult Coloring

2

9a Current Events  
9:30a Group Exercise  
10a Wheel of Fortune  
1p Name That Tune  
2p Trivia  
2:30p Snack Cart  
3:15p Walking Club  
6p Adult Coloring

9

9a Current Events  
9:30a Group Exercise  
10:15a Gardening Club  
1p Wheel of Fortune  
2p Movie Matinee  
3:30p Snack Cart  
6p Adult Coloring

16

9a Current Events  
9:30a Group Exercise  
10:15a Trivia  
1p Bickford Bakers  
2:30p Snack Cart  
3:15p Walking Club  
6p Adult Coloring

23

9a Current Events  
9:30a Group Exercise  
10:15a Gardening Club  
12p Birthday Cake  
1p Trivia  
2p Manicures/Men's Club  
2:30p Snack Cart  
3:15p Courtyard Chats  
6p Adult Coloring

30

9a News and views  
9:30a Stretching w/bands  
10:15a Pictionary  
1p Resident Council  
2p On This Day...  
2:30p Snack Cart  
3:15p Walking Club  
4p Guess The Scent  
6p Dice

3

Western Day  
9a News and views  
9:30a Stretching  
10:15a Photo Booth  
1p Line Dancing  
2:30p Saloon & Snack  
4p Western Mad Libs  
6p Western Karaoke

10

9a News and views  
9:30a Stretching w/bands  
10:15a Giant Crosswords  
1p Name That Tune  
2p Manicures/Men's Club  
2:30p Snack Cart  
3:15p Walking Club  
6p Dice

17

9a News and views  
9:30a Stretching  
10:15a Pictionary  
1p Kings Corner  
2p Walking Club  
2:30p Snack Cart  
3:15p Courtyard Convos  
4p Mad Libs  
6p Dice

24

9a Current Events  
9:30a Group Exercise  
10:15a Gardening Club  
1p Bickford Bakers  
2:30p Snack Cart  
3:15p Dance Party  
4p Whiteboard Activity  
6p Kings Corner

4

9a Current Events  
9:30a Group Exercise  
10:15a Gardening Club  
1p Crafts  
2p Manicures/Men's Club  
2:30p Snack Cart  
3:15p Walking Club  
6p Kings Corner

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9a Current Events  
9:30a Group Exercise  
10a Prep for Window  
Chats  
1p Father's Day Window  
Chats  
6p Kings Corner

18

9a Current Events  
9:30a Group Exercise  
10:15a Gardening Club  
1p Bean Bag Baseball  
2p Manicures/Men's Club  
2:30p Snack Cart  
3:15p Walking Club  
4p Guess The Scent  
6p Kings Corner

25

9a Current Events  
9:30a Relaxation &  
Breathing  
10:15a Bingo  
1p Balloon Volleyball  
2p Wheel of Fortune  
3p Happy Hour  
6p Movie

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9a Current Events  
9:30a Relaxation &  
Breathing  
10:15a Bingo  
1p Shopping Trip  
3p Happy Hour  
6p Movie

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9a Current Events  
9:30a Relaxation &  
Breathing  
10:15a Bingo  
1p Balloon Volleyball  
2p Wheel of Fortune  
3p Happy Hour  
6p Movie

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9a Current Events  
9:30a Relaxation &  
Breathing  
10:15a Bingo  
2p Hops & Hot Rods  
6p Movie

26

9a News and Views  
9:30a Group Exercise  
10a Mad Libs  
1p Cookie Baking &  
Decorating  
2:30p Snack Cart  
3:15 Walking Club  
7p Lawrence Welk

6

9:30a Group Exercise  
1p Movie Matinee  
7p Lawrence Welk

13

9a Current Events  
9:30a Group Exercise  
10:15a Trivia  
1p Card Games  
2p Hot Potato  
3p Snack Cart  
7p Lawrence Welk

20

9a News and Views  
9:30a Group Exercise  
10:15a On This Day...  
1p Wheel of Fortune  
2p Walking Club  
2:30p Snack Cart  
3:15p Courtyard Chats  
7p Lawrence Welk

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