



Beauty Shop is Open!
Monique and China will be doing limited services for our residents including:
Shampoo, Cut & Style,
Shampoo & Blow Dry

Cruise the Open Sea
April 15th all day fun.
Dress up in your cruise wear and join in the festivities and games!

Easter Surprises!
Heather will be doing Easter Egg Decoupage with our residents!

We will also have an Easter Egg Hunt in the Courtyard!

Monday through Friday we are opening our new Hydration Stations!

Mondays
Milkshake Mondays

Tuesdays
Juice Caboose

Wednesdays
Smoothie Station

Thursdays
Latte Land

Fridays
Mocktails

Also this month in the Courtyard:
Root Beer Floats & Ice Cream Truck



Happynings at Virginia Beach!

Bickford's Brave New World

Facebook Live
Our Entertainers are performing just for us at Virginia Beach!

YouTube Videos
Chaplain Jan is recording YouTube videos for our Sunday Church Services and our Wednesday Bible Studies!

Talk to Your Family
We also are welcoming families to FaceTime, Skype, Google Duo and Zoom with your loved ones. Contact us to set up a time to converse with your loved one.

Parade Time!
Come join in and get some Exercise!

Who is that Doggy in the Window Parade?

Thursday, April 9
11:00 am

Bring your Doggy and walk around our building waving to our residents!

Window Wishes Parade!

Thursday, April 30
11:00 am

Make a sign, put it on a stick and carry it around our building wishing well to our residents!



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Mary B's Calendar!

April

9:45 Sunday Stroll
11:00 Dr. Charles Stanley Sermon on TV
1:00 Finish the Lyrics
2:00 Hair and Nails
3:00 Jigsaw Puzzles

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9:30 Daily Stretch
10:15 Parachute
11:00 Lacing Cards
1:30 Board Games
2:30 Milkshake Monday
3:00 Hand Massages

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9:30 Daily Stretch
10:15 Stargazing in Nicaragua
11:00 Pictionary
1:30 Craft Easter Cards
2:00 Root Beer Floats
3:00 What's Wrong with this Picture?

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9:30 Daily Stretch
10:15 Bowling
11:00 All About Passover
1:30 Evolution of the Easter Bunny
2:00 Smoothie Station
2:30 Spa Time
3:00 Plastic Egg Bunnies

8

9:30 Daily Stretch
10:15 Devotions
11:00 Who is That Doggy in the Window?
1:45 Name That Tune!
2:30 Latte Land
3:00 Story: A Tea-riffic Party

9

9:30 Daily Stretch
10:15 Friday Dancing
11:00 Stamped Flowers Bingo!
2:30 Mocktails & Friday Funnies
3:00 Adult Coloring: Easter

10

9:45 Daily Stretch
10:00 Roll Yarn
11:00 Golden Girls Show
2:30 Jigsaw Puzzles

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Easter
9:45 Sunday Stroll
10:00 Hair and Nails
11:00 Dr. Charles Stanley Sermon on TV
1:00 Easter Traditions Discussion
2:30 Dominoes

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9:30 Daily Stretch
10:15 Ball n' Buckets
11:00 Easter Egg Hunt
1:30 Board Games
2:30 Milkshake Monday
3:00 Hand Massages

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9:30 Daily Stretch
10:15 Portugal: Rick Steves'
11:00 Dani's Charades
1:30 Watercolor Paint
2:30 Juice Caboose
3:00 Picture Detective

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Cruise the Open Seas
9:30 Daily Stretch
10:15 Make and Paint Sailboats
11:00 Exploring Sailboats
1:30 EZ Does it Trivia
2:00 Smoothie Station
3:00 Spa Time

15

9:30 Daily Stretch
10:15 Devotions
11:00 Fish of the Sea!
1:45 Reminiscing Sailing Songs
2:00 Latte Land
2:30 Rag Wreaths
3:00 Reading Club

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9:30 Daily Stretch
10:15 Friday Dancing
11:00 Do You Hear What I Hear?
1:30 Gardening Club
2:30 Mocktails & Friday Funnies
3:00 Adult Coloring

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9:15 Daily Stretch
10:15 Balloon Ball
11:15 Scavenger Hunt
2:15 What am I?
3:15 Parachute

18

9:45 Sunday Stroll
11:00 Dr. Charles Stanley Sermon on TV
1:00 Finish the Lines
2:00 Hair and Nails
3:00 Jigsaw Puzzles

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9:30 Daily Stretch
10:15 Bowling
11:00 Lacing Cards
1:30 Board Games
2:30 Milkshake Monday
3:00 Hand Massages

20

9:30 Daily Stretch
10:15 France: Rick Steves
11:00 Pictionary
1:30 Recycled Picture Collage
2:30 Juice Caboose
3:00 Peanut Butter Play Doh Sculpting

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9:30 Daily Stretch
10:15 Parachute
11:00 Celebrating Earth Day!
1:30 Sorting Out Recyclables Activity
2:00 Smoothie Station
3:00 Spa Time

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9:30 Daily Stretch
10:15 Devotions
11:00 All About Goats
1:45 Susie Q Sing-A-Long
2:00 Latte Land
2:30 Tree Collage
3:00 Reading Club: Tree Poems

23

9:30 Daily Stretch
10:15 Friday Dancing
11:00 All About Trees
1:30 Picture Bingo!
2:30 Mocktails & Friday Funnies
3:00 Adult Coloring: Arbor Day

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9:45 Daily Stretch
10:00 Beach Ball Toss
11:00 Leave it to Beaver Show
2:30 Jigsaw Puzzles

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9:45 Sunday Stroll
10:00 Hair and Nails
11:00 Dr. Charles Stanley Sermon on TV
1:00 Horseshoes
2:30 Building Towers

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9:30 Daily Stretch
10:15 Ring Toss
11:00 Picture Prompt
1:30 Board Games
2:30 Milkshake Monday
3:00 Hand Massages

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9:30 Daily Stretch
10:15 England: Rick Steves'
11:00 Dani's Charades
1:30 Dotty Name Art
2:00 Juice Caboose
2:30 April Birthday Celebration!

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9:30 Daily Stretch
10:15 Ball n' Buckets
11:00 EZ Does it Trivia
1:30 Popular Sayings Discussion
2:00 Smoothie Station
3:00 Spa Time

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9:30 Daily Stretch
10:15 Devotions
11:00 Remembering Pets
1:45 Reminiscing Hollywood Musicals
2:00 Latte Land
2:30 Rag Wreaths
3:00 Reading Club

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All activities subject to change.