

Slow-Cooker Pineapple Coconut Upside - Down Cake

Ingredients: Cooking Spray, 1 cup brown sugar, 1/4 cup melted butter, 1(20-ounce) can pineapple slices in juice, drained and juice reserved, 10 maraschino cherries without stems, drained, 1/2-3/4 cup water, 3/4 cup sweetened coconut flakes, 1 (15.25 - ounce) box yellow cake mix, batter prepared according to directions on box, minus water(unbaked)

Directions: 1.Spray the bowl of a 6-quart slow cooker with cooking spray. 2.Combine sugar and butter in a small bowl. Place mixture in slow-cooker, spread evenly.3. Place whole pineapple slices onto the bottom of the bowl in an even layer. Place cherries in the pineapple holes.4. Place reserved pineapple juice in a glass measuring cup. Add enough water to equal 1 cup liquid. 5. Combine pineapple water, coconut flakes, and prepared cake mix in a medium bowl. Pour over pineapple slices. 6. Cover and cook on high for 2 1/2 -3 hours. 7. Remove bowl from slow cooker and allow to cool 15 min. Serve cake on a large serving platter. Makes 12 servings



Grand Island
HAPPENINGS
APRIL

HUMOR & IT'S BENEFITS

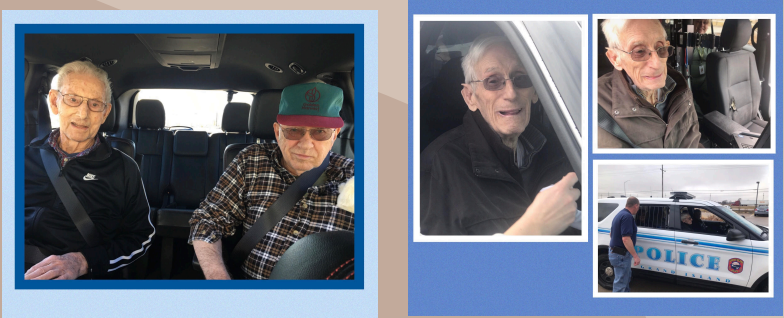
"Humor is therapeutic. It dusts away the cobwebs from our spirit and gives us a lift that can last all day. Laughter is a stress reliever. It can lower blood pressure and even boost the immune system. Therefore, seek out a good comedy and always be ready to see the funny side of life.

Nothing works faster or more dependably to bring your mind and body back into balance than a good laugh. As children, we use to laugh hundreds of times a day, but as adults, life tends to be more serious and laughter more infrequent. But seeking out more opportunities for humor and laughter, can improve your emotional health, strengthen your relationships, find greater happiness and even add years to your life. Best of all this priceless medicine is fun, free, and easy to use.

You have probably heard the saying, "Laughter is the best medicine." It's true laughter is a strong medicine. It draws people together in ways that trigger healthy physical and emotional changes in the body. Laughters strengthens your immune system, boost moods, diminishes pain, and protects you from the damaging effects of stress.

In the words of Charlie Chaplin, "A day without laughter is a day wasted."
So let's not waste any time- it's time to get laughing!

HAPPINESS IS WHATEVER IT TAKES...
TO MAKE OUR RESIDENTS HAPPY



HAPPY APRIL BIRTHDAYS:

Earleen Moroney -18
Chuck Jensen - 30

HAPPY BICKFORD ANNIVERSARIES:

Mareena Ronquillo - 3 years

APRIL HOLIDAYS & FUN DAYS:

- April Fools Day -1
- Palm Sunday - 5
- Passover Begins - 8
- Pick Up A Penny Day - 8
- Good Friday - 10
- Easter - 12
- National Scrabble Day -13
- Cruise The Open Seas Theme Day - 15
- Pajama Day - 16
- National Animal Cracker Day - 18
- Administrative Professionals Week - 19-25
- Earth Day -22
- Arbor Day -24
- Babe Ruth Day - 27
- National Blueberry Pie Day -28
- National Oatmeal Cookie Day - 30
- Laugh Til You Cry Day -30

S M T W T F S

April

PLEASE NOTE:
Activities are subject to change due to current events. Thank you for understanding.

9:30 Sunday Funnies & Coffee
10:00 Peace Lutheran Dvd Service
2:00 Craft: Cross
4:00 Church Service
6:00 Funniest Videos ⁵

10:30 Sittercize
11:00 Wheel of Fortune Game
1:45 Bingo
3:00 Nail Care & Hand Massages
6:00 Flower Crafts ⁶

9:45 Colorful Exercise Class
10:30 Do You Hear What I Hear
1:30 Bible Study
3:00 Easter Sensory Basket & Reminisce
6:00 Bunny Race Game ⁷

ApRiL fOoLs DaY
10:00 Name That Tune
11:00 Resident Council
2:00 Afternoon Stroll
3:00 Fact or Foolery Fun
6:00 Easter Bunny Strainer ¹

9:45 Energy Exercise
10:30 Lady Liberty Clay Sculpting
1:45 Bingo
3:00 Food For Thought
6:00 Fill Easter Eggs ²

9:45 Chair Yoga
10:30 Peaceful Devotions
2:00 The Not So Newlywed Game
3:00 Dye Easter Eggs
6:00 Easter Basket Project Hunger ³

9:30 Walk & Stroll
10:30 Easter Cards
2:00-4:00 Easter Fair-Bunny Tails & Easter Pails
6:00 Triominos ⁴

EASTER
9:30 Easter Devotions
10:00 Peace Lutheran Dvd Service
4:00 Easter Church Service
6:00 Movie & Popcorn ¹²

10:30 Sittercize
1:45 Bingo
2:15 Mens Group
3:00 Nail Care & Soothing Spring Scents
6:00 Scrabble Craft ¹³

9:45 Laughter Yoga
10:30 Music-Cindy Boehler
1:30 Bible Study
3:00 Riddle Me This
6:00 Adult Coloring
6:00 Support Group ¹⁴

Cruise the Open Seas
9:30 Beach Volleyball
10:00 Name That Tune
2:00 Dessert Bar & Music- Kevin & Heidi
6:00 Shuffle Board ¹⁵

PAJAMA DAY
9:45 Sleep Walkers
10:30 Most Creative Pajamas
1:45 Bingo
3:00 Short Stories with Cookies & Milk
6:00 Noodle Ball ¹⁶

9:45 Fun Friday Exercise
10:30 Garden Group
2:00 Music-Delores & Milkshakes
6:00 Music-Paul Ramp ¹⁷

9:45 Morning Stretches
10:30 Headlines In Hstory
2:30 Animal Crackers & Coffee Social
6:00 Table Cards ¹⁸

9:30 Sunday Funnies & Coffee
10:00 Peace Lutheran Dvd Service
2:00 Mid Day Walks
4:00 Church Service
5:00 Voice of the Rock ¹⁹

10:30 Sittercize
11:00 Look A Like Fun
1:45 Bingo
3:00 Aromatherapy & Nail Care
6:00 Jewlery Name Craft ²⁰

9:45 Walking Group
10:30 Fun with Food
1:00 Glen on Piano
1:30 Bible Study
3:00 Treats & Trivia
6:00 Music - Aaron Shoemaker ²¹

9:45 Exercise Ball Toss
10:30 Earth Day Project
2:00 Knitters Nook
3:00 Refresh & Relax
6:00 Midweek Movie & Popcorn ²²

9:45 Walk & Talk
10:30 Music- Praire Dulcimers
1:45 Bingo
3:00 Volunteer Corner & Conversation
6:00 Table Ping Pong ²³

9:45 Shopping Trip
10:30 Tree-Mendous Trivia
2:00 Karaoke Fun
3:00 Ice Cream Social
6:00 Music Bingo ²⁴

9:45 Saturday Stroll
10:30 Daily Chronicals
2:00 Music & Movements
3:00 Refreshments
6:00 Classic T.V. Shows ²⁵

9:30 Daily Devotions
10:00 Peace Lutheran Dvd Service
2:00 Puzzle Bird Area
4:00 Church Service
6:00 Movie & Popcorn ²⁶

10:30 Music-Ty & Nat
1:45 Bingo
2:15 Riddle Me This
Men's Addition
3:00 Nail Care
6:00 Table Hockey ²⁷

9:45 Sunshine Walkers
10:30 Travel Tails Tuesday
1:30 Bible Study
3:00 Blueberry Pie Social
6:00 Wii Bowling Game ²⁸

9:45 Stretch Bands
10:30 Bickford Bakers
2:00 April Birthday Cake Celebration & Games
6:00 Hit The Target ²⁹

9:30 Music with Don
10:30 Fun with Food
1:45 Bingo
3:00 Managers Special
6:00 May Day Baskets ³⁰

