

- Bickford Bucks will be awarded for various activities throughout the month. An asterick will be placed nex to the activity eligible for the Bucks on the calendar and daily sheets
- Postage stamps are available for purchase from Dawn. Stamps are 55¢/each. Only cash is accepted
- Bingo will now be played on Tuesdays and Thursdays at 2:00 PM. Saturday Bingos will still be played at 2:00 PM
- B Fit is the new exercise routine that Dawn will be leading on Tuesdays and Thursdays. It was developed by a physical therapist and incooperates the use of balls, weights and bands. Hope to see you there!



Rockford HAPPENINGS

MARCH

What Have We Been Up To?



We have learned new card games, attended socials, reminisced with songs we used to love, challenged our minds with word games, and celebrated friendships and personal milestones in our lives. It's been quite a month!



Mark Your Calendars...

- Girl Scout Cookie Sale is Tuesday, March 24th from 5:30-7:00.

This is a cash and carry event-all boxes are \$5 each. Only cash is accepted

- Calling all family members, we encourage you to attend our Family Council Meeting on Thursday, March 26th at 6:00 PM. We are eager to hear you!

Christa is our new Kitchen Manager. She is married to Lance and has three children and three dogs. She has over 20 years of experience in the food service industry including the Rockford Public School System. Christa is passionate about her position here and the new challenges that await her. Country music is what's playing on the radio when she's in the kitchen.



The Girl Scouts began on March 12, 1912 in Savannah, Georgia. It began with only 18 girls and currently has over 10 million members in 145 countries. Unless you have been in hiding, you understand the draw of the yearly Girl Scout Cookie Sale.

Not great for your waistline but so delicious on your taste buds.

We are excited to announce that on Tuesday, March 24th, we will host a Girl Scout Cookie Sale from 5:30-7:00 here at Bickford. They will set up a table in the foyer near the front entrance and will be selling their boxes of cookies for \$5/each. They can only accept cash. We would love to see you there.

In celebration of the sale, the Bingo game on Thursday, March 26th at 2p will include a box of cookies for each winner. (Limit one per person)



9:05-Catholic Communion
2:00-Chapel Service
6:00-Nightly Movie 1

9:15-Exercise
10:15-Current Events & Discussion*
1:15-Bickford Store
2:30-Trivia
6:00-Nightly Movie 2

9:15-B Fit Exercise
10:15-Poker Games
10:30-St. Patrick's Charm Bracelet*
2:00-Bingo
3:00-Word Game
6:00 Nightly Movie 3

9:15-Exercise
10:30-Vegas Makeovers*
1:00-Blackjack 101*
1:00-Chase the Ace
3:30-TNZ Magic
6:00-Nightly Movie 4

9:15-B Fit Exercise
10:15-Bickford Store
10:30-Bible Study
1:30-Oscar Visits
2:00-Bingo
3:30-Walking Club
6:00-Nightly Movie 5

9:15-Exercise
10:15-Dummy Rummy
1:30-Movie Matinee: Harriet
6:00-Nightly Movie 6

Set Your Clocks Ahead 1 Hour When You Go To Bed (Daylight Savings)
2:00-Bingo
6:00-Nightly Movie 7

10:30-Catholic Communion
2:00-Chapel Service
6:00-Nightly Movie 8

9:15-Exercise
10:15-Current Events & Discussion
1:15-St. Patrick's Door Decor Craft*
1:15-Bickford Store
2:30-Trivia
6:00-Nightly Movie 9

9:15-B Fit Exercise
10:15-Poker Games
10:30-Balloon Volley
1:15-Pinochle
2:00-Bingo
3:15-Bell Choir*
6:00-Nightly Movie 10

9:15-Exercise
10:30-Coffee & Chat*
12-Golden Chopsticks Buffet
2:30-Wii Bowling
6:15 Dan Sullivan 11

9:15-B Fit Exercise
10:15-Bickford Store
10:30-Bible Study
2:00-Bingo
3:30-Walking Club
6:00-Nightly Movie 12

9:15-Exercise
10:00-Dummy Rummy
1:00-Name Meaning*
2:30-St. Patrick's Day Happy Hour
6:00-Nightly Movie 13

The Activity Office is open. Grab games, cards, puzzles and start a game with friends
2:00-Bingo
6:00-Nightly Movie 14

9:05-Catholic Communion
2:00-Chapel Service
6:00-Nightly Movie 15

9:15-Exercise
10:15-Current Events & Discussion
1:15-Bickford Store
2:30-Trivia*
6:00-Nightly Movie 16

9:15-B Fit Exercise
10:15-Poker Games
10:15-Washer Toss*
1:15 Pinochle
3:15-Bell Choir
6:00-Nightly Movie
St. Patrick's Day 17

9:15-Exercise
10:15-Left, Center, Right Dice Game*
1:30-TRIP: Errand Run-Sign UP
6:00-Nightly Movie 18

9:15-B Fit Exercise
10:15-Bickford Store
10:30-Bible Study
2:00-Bingo
3:30-Walking Club*
6:00-Nightly Movie 19

9:15-Exercise
10:15-UNO
1:30-Movie Matinee: A Beautiful Day In The Neighborhood
6:00-Nightly Movie 20

The Activity Office is open. Grab games, cards, puzzles and start a game with friends
2:00-Bingo
6:00-Nightly Movie 21

9:05-Catholic Communion
2:00-Chapel Service
6:00-Nightly Movie 22

9:15-Exercise
10:15-Current Events & Discussion
1:15-Bickford Store
2:30-Trivia*
6:00-Nightly Movie 23

9:15-B Fit Exercise
10:15-Poker Games
10:15-Table Decorations*
1:15-Pinochle
2:00-Bingo*
3:15-Bell Choir 24
5:30-Cookie Sale

9:15-Exercise
10:15-Dominoes*
1-Rummikube
1-Puzzle Madness
2:30-All Boxed In*
6:00-Nightly Movie 25

9:15-B Fit Exercise
10:15-Bickford Store
10:30-Bible Study
2:00-Bingo
3:00-Beanbag Baseball*
6:00-Family Council Meeting 26

9:15-Exercise
10:15-Kings In The Corner
1:30-Then Versus Now*
2:30-Popcorn & Song Reminisce 27
6:00-Nightly Movie

The Activity Office is open. Grab games, cards, puzzles and start a game with friends
2:00-Bingo
6:00-Nightly Movie 28

9:05-Catholic Communion
2:00-Chapel Service
6:00-Nightly Movie 29

9:15-Exercise
10:15-Current Events & Discussion
1:15-Bickford Store
2:00-Monthly Birthday Celebration w/Harlan Jefferson 30
6:00-Nightly Movie

9:15-B Fit Exercise
10:15-Poker Games
10:30-Wii Bowling*
1:15-Pinochle
1:30-Resident/Food Council Meeting
2:00-Bingo 31
6:00-Nightly Movie

9:15-Exercise
10:15-Dominoes*
1-Rummikube
1-Puzzle Madness
2:30-All Boxed In*
6:00-Nightly Movie 25

9:15-B Fit Exercise
10:15-Bickford Store
10:30-Bible Study
2:00-Bingo
3:00-Beanbag Baseball*
6:00-Family Council Meeting 26

9:15-Exercise
10:15-Kings In The Corner
1:30-Then Versus Now*
2:30-Popcorn & Song Reminisce 27
6:00-Nightly Movie

The Activity Office is open. Grab games, cards, puzzles and start a game with friends
2:00-Bingo
6:00-Nightly Movie 28

March

It's time to set our clocks ahead. Sunday, March 8th, we jump ahead one hour officially at 2:00am.



Birthdays This Month

Ruth S. 3/20
Janice S. 3/30