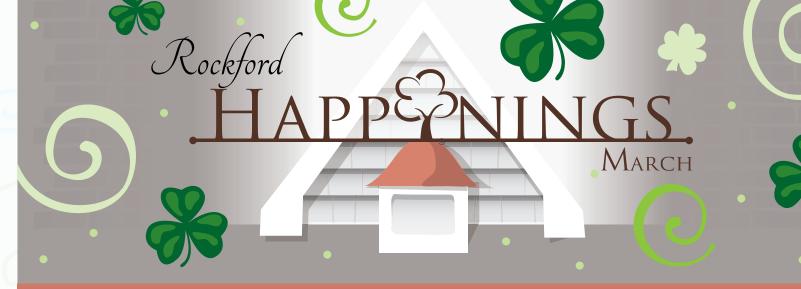


- Bickford Bucks will be awarded for various activities throughout the month. An asterick will be placed nex to the activity eligible for the Bucks on the calendar and daily sheets
- Postage stamps are available for purchase from Dawn.
 Stamps are 55¢/each. Only cash is accepted
- Bingo will now be played on Tuesdays and Thursdays at 2:00 PM. Saturday Bingos will still be played at 2:00 PM
- B Fit is the new exercise routine that Dawn will be leading on Tuesdays and Thursdays. It was developed by a physical therapist and incooperates the use of balls, weights and bands. Hope to see you there!





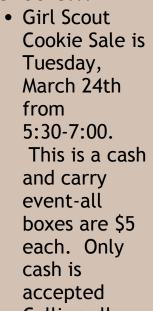












accepted
Calling all
family
members, we
encourage you
to attend our
Family Council
Meeting on
Thursday,
March 26th at
6:00 PM. We
are eager to
hear you!

Christa is our new Kitchen Manager. She is married to Lance and has three children and three dogs. She has over 20 years of experience in the food service industry including the Rockford Public School System.

Christa is passionate about her position here and the new challenges that await her. Country music is what's playing on the radio when she's in the kitchen.





independent & assisted living







The Girl Scouts began on March 12, 1912 in Savannah, Georgia. It began with only 18 girls and currently has over 10 million members in 145 countries. Unless you have been in hiding, you understand the draw of the yearly Girl Scout Cookie Sale. Not great for your waistline but so delicious on your taste buds.

We are excited to announce that on Tuesday, March 24th, we will host a Girl Scout Cookie Sale from 5:30-7:00 here at Bickford. They will set up a table in the fover near the front enterance and will be selling their boxes of cookies for \$5/each. They can only accept cash. We would love to see you there.

In celebration of the sale, the Bingo game on Thursday, March 26th at 2p will inclde a box of cookies for each winner. (Limit one per person)









9:15-Exercise

10:30-Vegas

1:00-Blackjack 101*

1:00-Chase the Ace

3:30-TNZ Magic

Makeovers*





1:30-Movie Matinee:

6:00-Nightly Movie

1:00-Name Meaning*

2:30-St. Patrick's Day

6:00-Nightly Movie3

9:15-Exercise

10:15-Dummy

9:15-Exercise

10:00-Dummv

Happy Hour

Rummy

Harriet

Rummy



Set Your Clocks Ahead 1 Hour When You Go To Bed (Daylight Savings) 2:00-Bingo 6:00-Nightly Movie

The Activity Office is open. Grab games, cards, puzzles and start a game with friends 2:00-Bingo 6:00-Nightly Movie₄

The Activity Office is open. Grab games, cards, puzzles and start a game with friends 2:00-Bingo 6:00-Nightly Movies

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Birthdays This Month

Ruth S. 3/20 Janice S. 3/30

9:05-Catholic Communion

2:00-Chapel Service

6:00-Nightly Movie

2:00-Chapel Service

6:00-Nightly Movie

10:30-Catholic

Communion

9:15-Exercise 10:15-Current Events & Discussion* 1:15-Bickford Store 2:30-Trivia 6:00-Nightly Movie

10:15-Current Events

9:15-Exercise

& Discussion

2:30-Trivia

9:15-Exercise

& Discussion

2:30-Trivia*

1:15-St. Patrick's

Door Decor Craft*

1:15-Bickford Store

6:00-Nightly Movie

10:15-Current Events

1:15-Bickford Store

6:00-Nightly Movie

9:15-B Fit Exercise 10:15-Poker Games 10:30-St. Patrick's Charm Bracelet* 2:00-Bingo 3:00-Word Game 6:00 Nightly Movie 3

3:15-Bell Choir*

1:15 Pinochle

3:15-Bell Choir

6:00-Nightly MovidO

9:15-B Fit Exercise

10:15-Poker Games

10:15-Washer Toss*

6:00-Nightly Movie

St. Patrick's Day 17

6:00-Nightly Movie 4 9:15-Exercise 9:15-B Fit Exercise 10:15-Poker Games 10:30-Coffee & Chat* 12-Golden Chopsticks 10:30-Balloon Volley Buffet 1:15-Pinochle 2:00-Bingo 2:30-Wii Bowling

> 9:15-Exercise 10:15-Left, Center, Right Dice Game* 1:30-TRIP: Errand Run-Sign UP 6:00-Nightly Movie

6:15 Dan Sullivan

9:15-Exercise 10:15-Dominoes* 1-Rummikube 1-Puzzle Madness 2:30-All Boxed In* 6:00-Nightly Movie

11

10:15-Bickford Store 10:30-Bible Study 1:30-Oscar Visits 2:00-Bingo 3:30-Walking Club 6:00-Nightly Movie

9:15-B Fit Exercise

9:15-B Fit Exercise 10:15-Bickford Store 10:30-Bible Study 2:00-Bingo 3:30-Walking Club 6:00-Nightly Movie

9:15-B Fit Exercise

10:30-Bible Study

3:30-Walking Club*

6:00-Nightly Movie

9:15-B Fit Exercise

10:30-Bible Study

2:00-Bingo

Basebal **

6:00-Family

3:00-Beanbag

Council Meeting

10:15-Bickford Store

2:00-Bingo

9:15-Exercise 10:15-UNO 10:15-Bickford Store 1:30-Movie Matinee: A Beautiful Day In The Neighborhood 6:00-Nightly Movie

9:15-Exercise 10:15-Kings In The Corner 1:30-Then Versus Now* 2:30-Popcorn & Song

Reminisce

It's time to set our clocks ahead. Sunday, March 8th, we jump ahead one our officially at

6:00-Nightly Movie

2:00-Chapel Service

9:15-Exercise 10:15-Current Events & Discussion 1:15-Bickford Store 2:30-Trivia* 6:00-Nightly Movie

23

9:15-Exercise 10:15-Current Events & Discussion 1:15-Bickford Store 2:00-Monthly Birthday Celebration w/Harlan Jefferson 6:00-Nightly Movie

9:15-B Fit Exercise 10:15-Poker Games 10:15-Table Decorations* 1:15-Pinochle 2:00-Bingo* 3:15-Bell Choir 24 5:30-Cookie Sale

9:15-B Fit Exercise 10:15-Poker Games 10:30-Wii Bowling* 1:15-Pinochle 1:30-Resident/Food **Council Meeting** 2:00-Bingo 6:00-Nightly Movie

March

