



"The journey between who you once were, and who you are becoming, is where the dance of life really takes place"

Cedar Falls

HAPPENINGS

MARCH

March Newsletter

Greetings Bickford families! We are marching right along into another new month. We welcome you March with open arms. Who doesn't love shamrock shakes, Irish music and all things green?!

There will be lots of things to do this month as we have some really fun theme days coming up-- Casino Day, St. Patrick's Day, and of course, the First Day of Baseball! Time to break out those baseball caps.

Early in this month we will have our first Family Council Meeting of the year. We would love if all family members could come and join us here at Bickford to discuss and share new ideas. It is always a great time seeing our Bickford Families. We hope to see you all here!

Along with these special days we will have some new entertainment coming in as well as activities with students from the University of Northern Iowa that will be starting back up. We always love when they come see us! We have yet another busy fun filled month coming up. Bring on the March Madness!



Our Bickford Cedar Falls Family...
Look at all the fun we had! Bring on a new month!



Upcoming Events:

Casino Fun: Wednesday, March 4th

St. Patrick's Day: Tuesday, March 17th

First Day of Baseball: Thursday, March 26th

Resident Birthday's:

5th: Shirley

23rd: Becky

23rd: Joan

26th: Darcy

26th: Ivadel

Happy Birthday!!!

BFM Birthday's:

10th: Brianna S.

19th: Kathy T.

23rd: Amber

25th: Shatondra

Happy Birthday!!!

March Fire Drill:

2nd: 3:00pm



2:00pm Worship
3:15pm Entertainment
by: **Piano Man**
6:00pm Movies & Popcorn

2:00pm Worship
6:00pm Movies & Popcorn

2:00pm Worship
3:15pm Entertainment
by: **Jenny ft Sax & George**
6:00pm Movies & Popcorn

2:00pm Worship
6:00pm Movies & Popcorn

2:00pm Worship
6:00pm Movies & Popcorn

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for:
Connect 4
2:00pm **BINGO**
3:15pm Word Search
6:00pm Pictionary

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for:
LRC Game
2:00pm **BINGO**
3:15pm **Word Search with Natalie**

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for:
Penny Toss
2:00pm **BINGO**
3:15pm Word Search
6:00pm Word Scramble

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for:
Connect 4
2:00pm **BINGO**
3:15pm Word Search
6:00pm Jenga

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for:
Parachute Game
2:00pm **BINGO**
3:00pm Entertainment
by: **Luke Farland**

10:15am Weights
10:45am Devotions
10:55am Crosswords
2:00pm Entertainment
by: **Ken Morlan**
3pm 1:1's w/ Courtney
6:00pm Evening News

10:15am Weights
10:45am Devotions
10:55am Crosswords
2:00pm **Resident Council**
3:00pm **Women's Devotion & Craft**
6:00pm Evening News

St. Patrick's Day
10:15am Weights
10:45am Devotions
10:55am Crosswords
2pm **St. Pat's BINGO**
3:00pm **Green Snacks**
6:00pm Evening News

10:15am **Tooth talk with Danielle**
2:00pm Nifty Fifty BINGO
3:00pm **Women's Devotion & Craft**
6:00pm Evening News

10:15am **Weights with Jen**
10:45am Devotions
10:55am Crosswords
2pm 1:1's w/ Courtney
3:00pm Craft Project
6:00pm Evening News

Casino Fun
10:15am Weights
10:45am Devotions
10:55am Crosswords
2:00pm Casino Games
3:15pm **Happy Hour**
4:00pm **Family Council Meeting**

10:15am **Music Therapy with Lucy**
2:00pm **BFM Staff Meeting- no activity**
3:15pm **Happy Hour**
6:30pm **Activity with UNI Students**

10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm **Happy Hour**
6:00pm UNO Card Game

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10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm **Happy Hour**
6:30pm **Activity with UNI Students**

10-12pm Catholic Communion
10:15am Stretching
10:45am Devotions
10:55am Spelling Bee
2pm Dominos/Games
6:00pm Coloring/Scratch Art

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First Day of Baseball
10-12pm Catholic Communion
10:15am Stretching
10:45am Devotions
10:55am Spelling Bee
2:00pm Baseball Cookie Decorating
3:00pm Baseball Trivia

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for:
Penny Toss
2:00pm Worship
3:00pm **Munchies with Michelle**

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for:
Parachute Game
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for:
Noodle Ball
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for:
LRC Game
2:00pm Worship
3:00pm Friday Snack
6:00pm Friday Flick

9:00am Coffee & Morning News
2:00pm Entertainment
by: **Trish Cook**
6:00pm Lawrence Welk

9:00am Coffee & Morning News
2:00pm Entertainment
by: **Ann Dengler**
6:00pm Lawrence Welk

9:00am Coffee & Morning News
2:00pm Entertainment
by: **Song Book Trio**
6:00pm Lawrence Welk

9:00am Coffee & Morning News
6:00pm Lawrence Welk

March

